

10 REASONS THE TOP TO VISIT SPRC.ORG

1

EFFECTIVE SUICIDE PREVENTION

www.sprc.org/effective-suicide-prevention

Discover how to design and implement suicide prevention activities by (1) using strategic planning to set clear goals and prioritize actions for your setting or population; (2) applying a comprehensive approach to combine multiple efforts to create change, and (3) following five keys to success to help your program succeed.

2

STATES

www.sprc.org/states

Suicide prevention efforts can have greater power when they move beyond a single organization to reach a whole community. Find out what's going on in your state and consider ways to join with partners to have a greater impact. Find your state and information and resources at the link above.

3

RESOURCES AND PROGRAMS

www.sprc.org/resources-programs

Access a wealth of suicide prevention resources developed by SPRC and other organizations, including articles, toolkits, fact sheets, and reports. Use the filters to find resources related to your specific strategy, setting, or population of interest. This section also offers descriptions and links to programs with evidence of effectiveness.

4

THE WEEKLY SPARK

www.sprc.org/news-and-highlights

Read the *Weekly Spark*, SPRC's e-newsletter. Each issue includes brief summaries of national, state, campus, and international news; important research findings; and links to events and resources. On sprc.org, you can read articles from the current and past issues. Subscribe to the *Weekly Spark* at <https://go.edc.org/Spark>.

5

SPARK TALKS

www.sprc.org/spark-talks/

View SPARK Talks—Short, Provocative, Action-oriented, Realistic, and Knowledgeable videos of leaders in the suicide prevention movement. Each describes a new development or direction in the field and issues a call to action. Watch relevant videos such as Safe Reporting on Suicide, Culturally Competent Care for LGBTQ Youth, Engaging Suicide Attempt Survivors, and others.

6

SETTINGS

www.sprc.org/settings

Suicide prevention happens in the settings where people live, work, play, and are cared for. SPRC's settings pages offer resources for suicide prevention in schools, behavioral health settings, workplaces, corrections systems, rural areas, and more.

7

POPULATIONS

www.sprc.org/populations

Suicide affects all groups, including people of different ages, races, ethnicities, sexual orientations, and occupations. Find out about how suicide risk and protective factors vary across populations, as well as opportunities for prevention. This section includes specific information and resources for populations such as LGBT, older adult, military/veteran, and different racial and ethnic groups.

8

AMERICAN INDIAN/ALASKA NATIVE SUICIDE PREVENTION

www.sprc.org/populations/aian

Suicide prevention is a high priority for people working to promote wellness and reduce health disparities affecting American Indians and Alaska Natives (AI/AN). There are sections of the website on AI/AN under both Settings and Populations that bring together strengths-based and culturally driven resources and models to promote mental health and prevent suicide for future generations.

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COLLEGES AND UNIVERSITIES

www.sprc.org/settings/colleges-universities

Get an overview of how colleges and universities can play an important role in suicide prevention. Access guidance and resources that are specifically tailored for college and universities, including postvention on college campuses, developing institutional crisis response protocols, a guide to campus mental health action planning, and others. Access the new Virtual Learning Lab for hands-on activities and worksheets to address some of the most common barriers in suicide prevention on campuses.

10

FREE ONLINE TRAININGS

training.sprc.org

SPRC's self-paced online courses will help improve your knowledge and skills in suicide prevention. They are especially for community-based coalitions, clinicians and other service providers, educators, health professionals, and public officials who are responsible for developing and implementing effective suicide prevention programs and policies.

