

Los Angeles County Suicide Prevention Summit – Sep. 2018

Key Resources

Key Resources from Keynote Presentation

- Resources related to the 5 Key Things
 1. Start with your data
 - Free SPRC online courses (finding/using data and strategic planning): <https://training.sprc.org/>
 - Recent CDC Suicide Data release: <https://www.cdc.gov/vitalsigns/suicide/index.html>
 2. Think systems, not programs
 - Zero Suicide toolkit: <http://zerosuicide.sprc.org/toolkit>
 - Resources for systems change in other settings: <http://www.sprc.org/settings>
 3. It takes more than one approach
 - SPRC Effective Suicide Prevention Model: <http://www.sprc.org/effective-suicide-prevention>
 - CDC Technical Package: <https://www.cdc.gov/violenceprevention/pdf/suicideTechnicalPackage.pdf>
 4. Take culture into account
 - CalMHSA/SPRC toolkit on linguistically and culturally competent materials: <http://www.sprc.org/sites/default/files/resource-program/CalMHSA-CulturalGuide-v10.pdf>
 - SPRC resources on various populations: <http://www.sprc.org/populations>
 5. Find your role and work with partners
 - SPRC resources on partnerships: <http://www.sprc.org/keys-success/partnerships-collaboration>
 - Action Alliance Transforming Communities Report: <http://actionallianceforsuicideprevention.org/sites/actionallianceforsuicideprevention.org/files/TransformingCommunitiesPaper.pdf>
 - National Strategy for Suicide Prevention: <https://www.surgeongeneral.gov/library/reports/national-strategy-suicide-prevention/full-report.pdf>



Suicide Prevention Resource Center

Resources related to the Keynote Stories

- New Hampshire Gun Shop Project:
 - SPRC SPARK Talk video: <http://www.sprc.org/video/reducing-access-to-means>
 - Harvard Injury Control Research Center site: <https://www.hsph.harvard.edu/means-matter/gun-shop-project/>
- Action Alliance Workplace Resources:
 - Workplace Task Force information: <http://actionallianceforsuicideprevention.org/workplace-task-force>
 - Comprehensive Blueprint for Workplace Suicide Prevention: <http://actionallianceforsuicideprevention.org/comprehensive-blueprint-workplace-suicide-prevention-1>
 - Construction Industry Alliance for Suicide Prevention: <http://www.cfma.org/news/content.cfm?ItemNumber=4570&navItemNumber=4639>
 - Mates in Construction (Australian prevention program): <http://matesinconstruction.org.au/>

Other Relevant Resources from the Plenary Conversation

- Faith, Hope, Life (resources for faith leaders): <http://actionallianceforsuicideprevention.org/faithhopelife>
- National resources with stories of/resources for those with lived experience:
 - Live through this: <https://www.livethroughthis.org/>
 - Now Matters Now: <https://www.nowmattersnow.org/skills>