

Cultural Competency

CGF Designation

SELF-CARE FOR CLINICIANS WORKING WITH VULNERABLE OR HIGHLY TRAUMATIZED POPULATIONS

DATE & TIME: April 11, 2019

8:30 AM - 12:30 PM

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: Glendale Downtown Central Library
222 E. Harvard Street
Glendale, CA 91205

PARKING: Parking structure across library: first 3 hours-validated, \$2 for every ½ hour thereafter.

Los Angeles County Department of Mental Health (LACDMH) Transition Age Youth (TAY) System of Care is sponsoring a vicarious trauma training for TAY Providers who serve high-risk populations including victims of Commercial Sexual Exploitation (CSE) (children, youth and young adults); foster care and juvenile justice involved youth. Given the nature of the work, Providers may be vulnerable to the exposure of vicarious trauma and compassion fatigue resulting from addressing CSE consumers' chronic and acute emotionally demanding concerns. The training will likewise address these vulnerabilities, challenges, potential impacts and will provide strategies for self-care in safeguarding against vicarious trauma and compassion fatigue.

TARGET AUDIENCE: DMH and Contractors working with Transition Age Youth (TAY)

OBJECTIVES: As a result of attending this training, participants should be able to:

- 1) Identify the unique complexities of treating vulnerable youth and highly traumatized populations such as CSECY.
- 2) Define important themes and dynamics about the clinical relationship within the context of vulnerable or highly traumatized populations.
- 3) Describe the impact of race and culture on treatment considerations for vulnerable or highly traumatized populations.
- 4) Identify 3 ways in which mental health professionals working with clients who experience traumas are at increased risk for experiencing the effects of vicarious traumatization and compassion fatigue.
- 5) Identify key Vicarious Trauma and Compassion Fatigue concepts and strategies for prevention.
- 6) Identify 3 key skills used to support and build resiliency for staff working with vulnerable or highly traumatized populations.

CONDUCTED BY: Elise Geltman, LCSW Westcoast Children's Clinic

COORDINATED BY: Adrian Ledezma, M.A.,M.F.T.I
ALedezma@dmh.lacounty.gov

DEADLINE: April 09, 2019

CONTINUING EDUCATION: 4 hours for BBS, BRN, CCAPP-EI
CE for Psychologist

COST NONE

DMH Employees register at:
<http://learningnet.lacounty.gov>

Contract Providers complete
attached training application



County of Los Angeles Department of Mental Health
NON-DMH STAFF TRAINING APPLICATION FORM
 Please Print or Type



Instructions

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for training will be provided by the training coordinator.

If this training is CGF funded, Jail MH staff may submit an application to attend this training and will be notified one week prior to the training date, if openings are available. Refer to the training bulletin for CGF designation.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Unless otherwise specified, walk-in registrations will not be admitted. Late arrivals will not be permitted.

Training SELF-CARE FOR CLINICIANS WORKING WITH VULNERABLE OR HIGHLY TRAUMATIZED POPULATIONS

(as in DMH bulletin)

Date(s) April 11, 2019		Training Coordinator: Adrian Ledezma	
County Employee Number <i>(non-county employees supply the last four digits of the SSN)</i>			
Name			
Program, Service or Agency			
Job Title			
Address			
City		Zip Code	
Telephone		Email	
License or Credential Number(s) (complete as many as applicable)			
CAADAC	LCSW	LPT	LVN
MD	MFT	Psychologist	RN
Supervisor's Approval (Applications will not be processed if not signed by supervisor)		For processing, please return Application to: Adrian Ledezma, M.A., M.F.T.I Clinical MH Training Coordinator: TAY Division 550 S. Vermont Avenue 4th Floor Los Angeles, CA 90020 Ph# (213) 351-7735 Fax# (213) 487-0764 Email: ALedezma@dmh.lacounty.gov (When faxing, there is no need to use a cover sheet)	
Print Supervisor Name			
Supervisor's Signature			