

## Supporting the System to Implement Consumer Provided Services

**DATE & TIME:** June 5, 2018

**9:00AM - 4:00PM**

*All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.*

**PLACE:** Doubletree Hotel – Los Angeles Downtown  
120 South Los Angeles Street  
Los Angeles, CA 90012

**PARKING:** \$12 Onsite Self-Parking/\$17 Valet Parking  
\$8-\$20 Parking in the area

This training provides an overview on the roles of mental health peers and the research efficacy supporting the use peer support. Designated by the Centers for Medicare and Medicaid Services as an evidence-based practice, peer support services delivered by Peer Specialists have been demonstrated to reduce symptoms, create commitment to treatment plans and goals, improve peers' quality of life, and lower health care costs. Topics for this training include principles of recovery, job titles and roles for peers in LAC DMH and Riverside County, law and ethics, and scope of practice. The use of stress ball exercise will illustrate how a recovery approach can help retain hope in challenging and stressful situations. The training will further identify the possible effects of trauma on the team members to safeguard them from burn out.

**TARGET AUDIENCE: Mental Health Providers (Program Managers, Supervisors, Clinicians, Case Managers, Community Workers)**

**OBJECTIVES:** As a result of attending this training, participants should be able to:

- 1) Define the role of peers in a multidisciplinary team
- 2) State the principles of recovery
- 3) Explain the benefits of a recovery environment
- 4) State ways how peers can assist the team in bridging the cultural gaps in treatment
- 5) Apply strategies to support each treatment team member to combat stress
- 6) Identify approaches to consider when recruiting for a peer support specialist position

**CONDUCTED BY:** Helena Ditko, LCSW, Program Director  
LAC-DMH Office of Consumer and Family Affairs

Shannon McCleerey-Hooper, Program Manager  
Riverside University Health System-Behavioral Health Consumer Affairs

**COORDINATED BY:** Anna Perne, LCSW , Training Coordinator  
[Aperne@dmh.lacounty.gov](mailto:Aperne@dmh.lacounty.gov)

**DEADLINE:** When maximum capacity is reached

**CONTINUING  
EDUCATION:**

**COST:** NONE

DMH Employees register at:  
<http://learningnet.lacounty.gov>

Contract Providers complete  
attached training application



# County of Los Angeles Department of Mental Health

## NON-DMH STAFF TRAINING APPLICATION FORM



**Please Print or Type**

**Instructions**

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information.

Notification of registration confirmation for a training will be provided by the training coordinator.

If this training is CGF funded, Jail MH staff may submit an application to attend this training and will be notified one week prior to the training date, if openings are available. Refer to the training bulletin for CGF designation.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Unless otherwise specified, walk-in registrations will not be admitted. Late arrivals will not be permitted.

Training Title (as in DMH bulletin)		<b>Supporting the System to Implement Consumer Provided Services</b>	
Date(s) <b>June 5, 2018</b>		Training Coordinator <b>Anna Perne</b>	
County Employee Number <i>(non-county employees supply the last four digits of the SSN)</i>			
Name			
Program, Service or Agency			
Job Title			
Address			
City			Zip Code
Telephone		Email	
<b>License or Credential Number(s)</b> (complete as many as applicable)			
CAADAC	LCSW	LPT	LVN
MD	MFT	Psychologist	RN
Supervisor's Approval (Applications will not be processed if not signed by supervisor)		For processing, please return Application to:  <b>LAC-DMH Office of Consumer and Family Affairs</b> <b>Attn: Anna Perne</b> <b>550 South Vermont Ave., 5<sup>th</sup> Floor</b> <b>Los Angeles, CA 90020</b> <b>Fax: (213) 252-8767</b> <b>Phone: (213) 381-8546</b> <b>Email: APerne@DMH.LACOUNTY.GOV</b> (When faxing, there is no need to use a cover sheet)	
Print Supervisor Name			
Supervisor's Signature			