

## 2018 Voice Awards

### Media Monitoring Summary for Partners – MARCH 2018

#### [Wake Up... Netflix Documentary Shows How Adderall Epidemic Is Growing](#)

**Healthline | March 30, 2018**

The documentary “Take Your Pills” shows how prevalent Adderall is on college campuses and in workplaces... and why people take the prescription stimulant.

#### [Actress Glenn Close aims to reduce mental health stigma](#)

**Boston Herald | March 29, 2018**

Actress Glenn Close says she wants to live in a world where mental illness is talked about openly and accepted as a fact of life. The Emmy- and Tony-award-winning actress is in Ann Arbor, Michigan, this week for a gathering designed to bring awareness to efforts aimed at reducing the negative perceptions associated with mental illness.

#### [‘I straight wanted to die’: Michael Phelps wants USOC to help athletes cope with depression](#)

**Washington Post | March 28, 2018**

Michael Phelps, the most decorated Olympian in history, is using his lofty perch and personal experience to call on the U.S. Olympic Committee to help athletes who are struggling with depression. Phelps is speaking out at a time when a host of current and former athletes are bringing mental health issues to national attention, attempting to remove the stigma from depression and suicidal impulses.

#### [Stephen Fry discusses mental health and battle with bipolar disorder: ‘I’m not going to kid myself that it’s cured’](#)

**The Independent | March 26, 2018**

At the age of 37, the comedian, actor, and writer was diagnosed with bipolar disorder. Fry has become a major proponent for mental health awareness, exploring bipolar disorder in the 2006 two-part documentary “Stephen Fry: The Secret Life of the Manic Depressive” and being named president of mental health charity Mind in 2011.

#### [Kevin Love and Channing Frye on Mental Health, Sports, Friendship, and “Acting Like a Man”](#)

**The Players Tribune | March 23, 2018**

Kevin Love and Channing Frye have had each other’s backs since they met. Following Kevin’s article, the former teammates met up to continue the conversation on mental health, sports, friendship and what it means to “act like a man.”

#### [Teen Suicide Survivor Becomes the Brave New Face of Netflix’s “Tell Them”](#)

**Babble | March 23, 2018**

In their new “Tell Them” campaign, the streaming service is connecting viewers with tangible stories of hope after adversity. Following the momentum of their popular show, “13 Reasons Why,” Netflix is hoping to create an online movement that will uplift and comfort anyone grappling with thoughts of suicide.

### [Unsane: how film's portrayal of mental illness is \(slowly\) improving](#)

**The Guardian | March 23, 2018**

There is no shortage of onscreen depictions of mental health issues. Audiences will always want to watch things they don't quite understand. For a long time, and perhaps still, mental illness has not been well understood. This allows producers, writers, directors and actors to run in whichever direction they see fit. As public awareness of mental health has grown, however, and celebrities have spoken out (including "Side Effects" star Catherine Zeta-Jones discussing her bipolar disorder), the tone, purpose and dynamic of films about mental ill health have slowly shifted.

### ['Beautiful Boy' first look reveals Steve Carell, Timothée Chalamet in the upcoming addiction drama](#)

**Silver Screen Beat | March 22, 2018**

"Beautiful Boy" is based on David Sheff's best-selling memoir of the same name and chronicles his journey through his son Nic's addiction to methamphetamine and the tentative steps toward recovery. Steve Carell will be playing David, while "Call Me by Your Name" breakout Timothée Chalamet is taking on the role of Nic.

### [How Dennis Quaid Turned His Life Around After 1980s Addiction Battle: 'I Really Am at Peace Now'](#)

**People.com | March 22, 2018**

After four decades in Hollywood, Dennis Quaid has learned how to handle the ebbs and flows of his life. The Texas-raised star, who rocketed to stardom with films like "The Right Stuff," has weathered his fair share of struggles as well—from divorces to addiction. So how has he stayed grounded over the years? "A lot of it had to be learned," he tells PEOPLE in this week's issue.

### [Shawn Mendes' Secret Battle with Anxiety Inspired New Song 'In My Blood': 'I Got Super Vulnerable'](#)

**People.com | March 22, 2018**

Shawn Mendes is back with new music and opening up about his secret battle with anxiety. On Thursday, the Canadian pop star, 19, released his guitar-driven single, "In My Blood." "It was kind of something that hit me within the last year. Before that, growing up, I was a pretty calm kid, super steady," Mendes told Beats 1's Zane Lowe.

### ["13 Reasons Why" Is Adding A New Warning Video To Its Second Season After A Suicide Controversy](#)

**Buzzfeed News | March 21, 2018**

Nearly a year after Netflix's "13 Reasons Why" premiered and almost immediately sparked a global conversation about how teen suicide is portrayed in pop culture, Netflix announced Wednesday the teen drama's second season will take more steps to ensure the show doesn't endanger any young lives.

### [The Toughest Call of My Life](#)

**The Players' Tribune | March 20, 2018**

Jalen Moore was three days away from his NBA dream, and he walked away. It was last August, a few weeks after summer league. He had his contract with the Milwaukee Bucks, a guaranteed two-way deal. Had his flight booked to Milwaukee. Was in the best basketball shape of his life. He was three days away. And he never got any closer than that. Three days before he was supposed to leave Utah, he

made the hardest phone call of his life. He called up the Bucks. He told them he wouldn't be showing up and he explained why. Now he's ready to tell you why, too.

### [NBA and players aim to erase stigma surrounding mental health](#)

**ESPN | March 19, 2018**

Larry Sanders doesn't watch a lot of television, but, from time to time, when he comes across an NBA game, he says he can easily identify players who are dealing with mental health issues. "I'm not sure it's obvious to everyone," Sanders said, "but I know the signs." Sanders was once a young, rising NBA star whose elite defensive skills earned him a four-year, \$44 million contract with the Milwaukee Bucks in August 2013. He was long, active and athletic on the court, yet his physical gifts could not offset the anxiety and depression that eventually consumed him.

### [Demi Lovato Celebrates Six Years of Sobriety: 'It IS Possible'](#)

**Us Weekly | March 15, 2018**

Demi Lovato just reached a huge milestone in her recovery: six years without drugs and alcohol. "Just officially turned 6 years sober," the 25-year-old singer tweeted in the early hours of Thursday, March 15. "So grateful for another year of joy, health and happiness. It IS possible."

### [How Model Lauren Wasser Overcame Suicidal Thoughts After Losing Her Leg to Toxic Shock Syndrome – and Found Love Again](#)

**People.com | March 15, 2018**

At one point, Wasser reached a point so low that she considered suicide — but thoughts of her younger brother Christian Cook and mother Pamela inspired her to stay strong. "My little brother at the time was 14, and he was usually the one coming home first before my mom, and the idea of him finding me was terrifying because I knew he would have to live the rest of his life knowing I had given up," she says. "That's just not in my blood. I'm a fighter." A turning point for Wasser was meeting her photographer girlfriend, Jennifer Rovero, who helped her immensely during her recovery. "I wouldn't have gone out of that prison in my own mind if it wasn't for her," Wasser says.

### [Danny Trejo On Acting, Addiction And Playing 'The Mean Chicano Dude'](#)

**NPR | March 14, 2018**

Actor Danny Trejo came of age in the California prison system, doing time in a juvenile detention center as well as in San Quentin, Folsom and Soledad, on charges relating to drugs. He says that background prepared him well for acting.

### [Watch With Us' Podcast: Chris Sullivan Talks 'This Is Us' Season 3, Plus Is 'Rise' the New 'Glee'?](#)

**US Weekly | March 14, 2018**

While Jason Katims, the genius behind "Parenthood" and "Friday Night Lights," created the new show "Rise," it bears a very close resemblance to "Glee."

### [Super Bowl Champion Tells Teens 4 Tips to Get Mental Health Help](#)

**BP Hope | March 13, 2018**

Former NFL Linebacker Keith O'Neil secretly struggled with depression and anxiety. He was eventually diagnosed with bipolar disorder and urges kids not to suffer in silence.

### [Logic Talks New Film, Mental Health in the Mainstream, and 'Bobby Tarantino II'](#)

**Complex | March 12, 2018**

Logic recently met up with Zane Lowe for an in-depth chat on Beats Radio 1 about his success, and his explosive single "1-800-273-8255" that brought mental health awareness to the mainstream, as well as possible new creative endeavors.

### [Carson Daly Opens Up About His Anxiety and Panic Attacks: 'You Feel Like You're Dying'](#)

**People.com | March 9, 2018**

"What helped me is talking to a friend once who said, 'Everything you're experiencing I have too. You have anxiety. You should go talk to somebody about it.' And I was like 'It's a thing? Anxiety is a thing?'" Daly said, which pushed him to find help. "I opted for a cognitive therapist, somebody who really teaches you about anxiety and the model of it, and offers you tools to work through it. "Muscle retention and relaxation really helps me." Daly said that the flip side to his anxiety is that his brain works in amazing ways.

### [Kelly Oubre, Jr. on depression, anxiety and his own battles with mental health](#)

**NBC Sports | March 7, 2018**

As Oubre's basketball career has steadily trended upward, the acclaim has followed. He has money, fame, and by all accounts a bright future. But underneath it all are demons he battles periodically. NBA stars DeMar DeRozan and Kevin Love recently shared their struggles with depression and anxiety. Oubre has his own story of mental health to tell.

### ['The Trade' tells personal stories of far-reaching drug crisis](#)

**PBS Newshour | March 7, 2018**

The new Showtime documentary series "The Trade" shows the pain and consequences of the nation's opioids epidemic by putting a human face on the crisis. Best known for the Oscar-nominated film "Cartel Land," director Matthew Heineman wanted to show just how far the drug war reaches, and the consequences on both sides of the border.

### ['Everything was spinning': Kevin Love opens up about his in-game panic attack](#)

**The Washington Post | March 6, 2018**

You would think that Kevin Love, a 29-year-old in his 10<sup>th</sup> season of professional basketball, would have experienced everything imaginable in a basketball game. But accustomed though he may be to life in the NBA, an unexpected problem sneaked up on Love last fall. The Cleveland Cavaliers star suffered a debilitating panic attack during an early season game, an experience that helped convince him Americans must pay more heed to mental health issues.

### ['Everything Is Horrible And Wonderful' Chronicles One Woman's Journey Through Grief After Her Brother's Overdose](#)

**Bustle | March 2, 2018**

In her searing memoir, Wittels Wachs brings readers along with her on a harrowing journey through her brother's addiction, overdose, and the aftermath of his death. The narrative alternates between two timelines: before the tragedy, which includes the Watts's shared childhood, Harris's rise to fame, and his ongoing drug abuse, and after the tragedy, which traces the year after Harris's death and the ways in which his sister struggled to cope. In the latter parts, Wittels Wachs speaks directly to her brother.