

Cultural Competency

CGF Designation

EVERYTHING YOU WANTED TO KNOW ABOUT PSYCHO-PHARMACOLOGY: MEDICATION SIDE EFFECTS

DATE & TIME: May 22, 2018

2:00PM – 4:00PM

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: DMH HQ 2nd Floor Conference Room
550 S. Vermont Ave, 2nd Floor
Los Angeles, CA 90020
or
Skype Online Session

PARKING: Free parking at DMH at 523 Shatto Place parking structure (floors 3-8)
DMH badge or Guest permit is required to park

This training provides an introduction to common side effects that may be experienced by youth being prescribed psychotropic medications. Basic neurobiology and the role of neurotransmitters in psychiatric illness/ medication response will be reviewed along with an update on the desired effects, duration of action, and side effect profiles of antidepressants, stimulants, anti-anxiety agents and anti-psychotic medications. The differences between an allergic response and a side effect will be reviewed and illustrated. The role of the FDA will be reviewed in order to understand how medications come to market and side effects monitored. Cultural differences (based on population genetics) will be illustrated to demonstrate why certain illnesses/ syndromes are more common in some groups, while medication side effects may occur more frequently in some populations and not others.

TARGET AUDIENCE: DMH directly-operated and DMH contracted staff

OBJECTIVES: As a result of attending this training, participants should be able to:

- 1) Distinguish between an allergy and a side effect.
- 2) Recognize common medication side effects.
- 3) Identify the differences in how genetics (cultures) may produce different response/side effects.
- 4) Identify the role of the Food and Drug Administration (FDA).
- 5) Discuss ways to improve communication with physicians prescribing medications.

CONDUCTED BY: George A. Fouras, MD DFAACAP

COORDINATED BY: Su Jung Kim, LCSW Training Coordinator
Email: sjkim@dmh.lacounty.gov

DEADLINE: When maximum capacity is reached

CONTINUING EDUCATION: 2 hours for BBS, BRN, CCAPP-EI
CE for Psychologist

COST NONE

Register at:

<https://goo.gl/forms/08go4xX33jpA2w0l3>