Applied Suicide Intervention Skills Training (ASIST)

DATE & TIME: May 29 & 30, 2018 8:00PM - 4:30PM

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: West LA Service Area 5 Administration
1103 W. Washington Blvd., Suite 200
Los Angeles, CA 90066

PARKING: Street Parking available

ASIST is intended to help participants become ready, willing and able to provide suicide first aid to persons at risk of dying by suicide. During the two-day workshop, participants will examine their attitudes about suicide, learn how to effectively recognize and review the risk of suicide, and develop new and/or reinforce existing intervention skills. The training will also address the need to develop a network of providers who work to prevent suicide. Participants will benefit from the two-day ASIST training by gaining skills, knowledge and intervention techniques essential to working with individuals struggling with suicidal ideation. Finally, ASIST is highly interactive, and attendees will have the opportunity to practice intervention skills throughout the training.

TARGET AUDIENCE: Mental health staff and/or community members who may come into contact with an individual with thoughts of suicide or who work with groups at increased risk of suicide.

OBJECTIVES: As a result of attending this training, participants should be able to:
1. Examine the knowledge and tools to recognize suicidal ideation.
2. Discuss beliefs and attitudes which can impact suicide interventions.
3. Examine techniques which can counteract emergent suicidal thoughts.
4. Develop a plan and coping tools to decrease suicidal behavior and increase safety.
5. Identify social supports to prevent suicidal thoughts and behaviors.
6. Identify ways to integrate the ASIST model to varied ethnic cultural groups.
7. Demonstrate effective non-therapeutic intervention techniques while helping to build suicide prevention networks in the community.
8. Identify the signs and symptoms of suicidal behavior among children and youth, adults, and older adults.
9. Examine myths related to mental illness and suicide.
10. Identify protective factors to decrease suicide risks and to strengthen families.
11. Apply basic suicide prevention skills and crisis intervention guidelines.
12. Examine cultural competence in applying suicide prevention skills.
13. Identify ways the Suicide Intervention Model (SIM) is used as a tool to meet interventions needs of the person at risk.

CONDUCTED BY: ASIST Certified Trainers
COORDINATED BY: Chandler Norton Training Coordinator e-mail: cnorton@dmh.lacounty.gov
DEADLINE: When capacity is reached
CONTINUING EDUCATION: 13.0 Hours BBS, BRN, CCAPP and Psychology
COST: NONE

DMH Employees register at: http://learningnet.lacounty.gov
Contract Providers complete attached training application
Instructions
Each individual must complete a separate application form for each training he/she wishes to attend. Please complete
the application in full. Applications will not be processed with incomplete or inaccurate information.
Notification of registration confirmation for a training will be provided by the training coordinator.

If this training is CGF funded, Jail MH staff may submit an application to attend this training and will be notified one
week prior to the training date, if openings are available. Refer to the training bulletin for CGF designation.

For trainings, sign in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period.
Unless otherwise specified, walk-in registrations will not be admitted. Late arrivals will not be permitted.

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<th>Training Title</th>
<th>Applied Suicide Intervention Skills Training (ASIST)</th>
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<td>Date(s)</td>
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Supervisor’s Approval (Applications will not be processed if not signed by supervisor)
For processing, please return Application to:
County of Los Angeles-Department of Mental Health
Chandler D. Norton Training Coordinator
550 S. Vermont ave., #605
Los Angeles, CA 90020
cnorton@dmh.lacounty.gov
Phone: (213) 738-2126
Fax: (213) 351-2126

(When faxing, there is no need to use a cover sheet)

Print Supervisor Name
Supervisor’s Signature

Revised: 12/2016