

Safety and Crisis Prevention/Interventions when Working with Forensic/Justice Involved Consumers

DATE & TIME: May 1, 2018

9:00AM - 4:00PM

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: Doubletree by Hilton
120 S. Los Angeles St., Thousand Cranes
Los Angeles, Ca. 90010

PARKING: \$12.00 self-parking

This training is the third in a series of five trainings identified as meeting core trainings for personnel working with forensic/justice involved mental health consumers. The training provides an overview of specific safety practices and crisis prevention/interventions important to working with Forensic/Justice Involved Consumers. The training will encompass a discussion of safety techniques applicable to various settings including street-based outreach to homeless consumers, home-visits and different communities to improve situational awareness. Furthermore, it provides best practice approaches to managing crisis prevention/Interventions situations for all staff working with a culturally diverse forensic/justice involved consumers. The training addresses the different stages of a crisis, warning signs, assessment, decision making, and communication coupled with the appropriate interventions to use during each crisis stage. Vignettes, role playing, group activities will serve to enhance learning and application of interventions. Lastly, other topics include self-care and self-monitoring strategies to manage our emotions during a crisis, facilitating recovery/return to baseline, debriefing to mitigate burn out and enhance the quality of life for service providers.

TARGET AUDIENCE: Priority registration for Forensic/Justice Involved Mental Health staff

- OBJECTIVES:**
- 1) Identify three specific practices to ensure safety in a clinic/field -based setting.
 - 2) Explain situational awareness and demonstrate how to apply it when conducting fieldwork.
 - 3) Identify three specific practices to ensure safety when conducting street-based outreach to culturally diverse Forensic/Justice Involved homeless consumers.
 - 4) Define what a crisis is and give three specific examples/scenarios of a consumer in crisis.
 - 5) Identify three non-verbal and three verbal techniques to use when a consumer is in crisis or agitated.
 - 6) Identify three self-care/self-monitoring strategies to utilize when handling a consumer in crisis.

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DEADLINE: April 24, 2018

**CONTINUING
EDUCATION:**

COST NONE

DMH Employees register at:
<http://learningnet.lacounty.gov>

Contract Providers register at:
<https://tinyurl.com/safety-crises>