

**COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH
PREVENTION AND EARLY INTERVENTION COMPONENTS**

Component	Data Collection Requirements
<p>Prevention A set of related activities to reduce risk factors for developing a potentially serious mental illness and to build protective factors. The goal of this Program is to bring about mental health including reduction of the applicable negative outcomes listed in Welfare and Institutions Code Section 5840, subdivision (d) as a result of untreated mental illness for individuals and members of groups or populations whose risk of developing a serious mental illness is greater than average and, as applicable, their parents, caregivers, and other family members.</p>	<p>Reduction in risk factors, indicators or increased protective factors</p>
<p>Early Intervention Treatment and other services and interventions, including relapse prevention, to address and promote recovery and related functional outcomes for a mental illness early in its emergence. Shall not exceed 18 months unless the program focuses on First Break Psychosis.</p>	<p>County shall evaluate the reduction of prolonged suffering</p>
<p>Stigma and discrimination reduction Direct activities to reduce negative feelings, attitudes, beliefs, perceptions, stereotypes and/or discrimination related to being diagnosed with a mental illness, having a mental illness, or to seeking mental health services and to increase acceptance, dignity, inclusion, and equity for individuals with mental illness, and members of their families.</p>	<p>Changes in attitudes, knowledge and/or behavior related to mental illness or to the seeking of mental health services</p>
<p>Suicide Prevention Organized activities that the County undertakes to prevent suicide as a consequence of mental illness.</p>	<p>Changes in attitudes, knowledge and/or behavior regarding suicide</p>
<p>Program for Access and linkage to treatment for people with Serious Mental Illness/Serious Emotional Disturbance who present for PEI services (where a CSS program is indicated)*</p>	<ul style="list-style-type: none"> ▪ Number of individuals with SMI/SED referred to non-PEI services and the type of services ▪ Number who followed through on the

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<p>Outreach for Increasing Recognition of Early Signs of Mental Illness** Engaging, encouraging, educating, and/or training, and learning from potential responders about ways to recognize and respond effectively to early signs of potentially severe and disabling mental illness. (c) "Potential responders" include, but are not limited to, families, employers, primary health care providers, visiting nurses, school personnel, community service providers, peer providers, cultural brokers, law enforcement personnel, emergency medical service providers, people who provide services to individuals who are homeless, family law practitioners such as mediators, child protective services, leaders of faith-based organizations, and others in a position to identify early signs of potentially severe and disabling mental illness, provide support, and/or refer individuals who need treatment or other mental health services.</p>	<ul style="list-style-type: none"> ▪ referral and engaged in treatment ▪ Average duration of untreated mental illness ▪ Average interval between referral and participation in treatment ▪ Number of potential responders outreach to ▪ The setting(s) in which the potential responders were engaged ▪ The types of potential responders engaged in each setting (i.e., nurses, principles, parents, etc.)
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*Counties expressed concern related to implementing this component. MHSOAC staff have agreed to recommend that where this function is met within a county's mental health system, it does not have to be duplicated in PEI.

**if outreach is funded outside of PEI, this requirement is optional.

Other key areas:

- At least 51% of PEI Funds shall go to serve individuals ages 25 years and younger
- Early intervention programs shall not exceed 18 months in duration unless the individual is experiencing a first onset of Serious Mental Illness or Serious Emotional Disturbance with psychotic features, in which the service shall not exceed 4 years.
- The collection and reporting of demographic information including race, ethnicity, sexual orientation (gay, lesbian, bisexual, questioning, queer, another sexual orientation, decline to answer), disability (sight, hearing/speech, learning, developmental),

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dementia, physical mobility, chronic health condition), veteran's status, gender (assigned at birth, current). Awaiting direction from DHCS on reporting elements for sexual orientation and gender identity.

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