

Seeking Safety (SS): An Evidence-Based Practice for Trauma and/or Substance Abuse**DATE & TIME:** April 23, 2018**9:00 AM – 4:00 PM**

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: Service Area 8 Administration
2600 Redondo Ave.,
6th Floor, Multipurpose Room
Long Beach, CA 90806

PARKING: Free Onsite Parking

Seeking Safety (SS) is a present-focused, coping skills therapeutic approach which helps attain safety from trauma and/or substance abuse. Seeking Safety is an evidence-based treatment for trauma and or substance abuse focusing on coping skills and psychoeducation and provides early intervention strategies. SS is manual-driven and can be delivered by both licensed and non-licensed trained professionals and provides a flexible curriculum. Included in the discussion is the following: (a) overview of trauma and substance abuse and; (b) implementation of Seeking Safety. Assessment tools and community resources are also covered. By the end of the training, participants will be able to implement Seeking Safety in their settings.

TARGET AUDIENCE: Open to DMH staff and contracted providers working with adult mental health consumers

OBJECTIVES: As a result of attending this training, participants should be able to:

1. Identify key clinical issues in providing treatment to trauma exposed populations.
2. Identify key clinical issues in providing substance abuse treatment.
3. Develop skills to increase empathy and understanding of the impact of trauma and substance abuse.
4. Demonstrate knowledge for administering Seeking Safety, an evidence-based model for trauma and/or substance abuse.
5. Identify key elements necessary to provide culturally appropriate assessment and treatment resources.
6. Develop effective tools for applying an evidence-based treatment model to diverse populations and communities.

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DEADLINE: 04/16/18

**CONTINUING
EDUCATION:
COST**

NONE

DMH Employees register at:
<http://learningnet.lacounty.gov>

Contract Providers register here:
<https://goo.gl/forms/11DuiD80knkphnRa2>