

County of Los Angeles – Department of Mental Health
OFFICE OF THE MENTAL HEALTH COMMISSION
 Thursday, January 25, 2018
 Meeting Minutes
 Lawrence Lue, Facilitating
APPROVED on February 23, 2018

Discussion	Recommendation/ Action/Motion
<p>1. Call to Order by Commissioner Lue Roll Call – Canetana Hurd:</p> <ul style="list-style-type: none"> Absent Excuse: Cynthia Sanchez, Merilla Scott, Tiombe Wallace, Kita Curry, and Jeannine Pearce Absent: Kathryn Barger Welcome New Commissioner – Brittney Weissman Executive Director, NAMI LACCC (work with County Council and the 12 NAMI affiliates in LA County) Received graduate education in public and mental health and health policy (USC grad); has family history of mental illness and started personal treatment when parents divorced at age 9 until 5 years ago; likes the Commission’s high pace and productivity, hopes to contribute to Commission maintaining the pace and productivity. Executive Committee update – Commissioner Lue will serve as Action Chair, and Commissioner Scott will service as 1st Vice Chair until the June 2018 election 	<p>ACTION: None</p>
<p>Approval of December 14, 2017 minutes – APPROVED BY UNANIMOUS VOTE</p>	<p>ACTION: Minutes approved</p>
<p>2. DMH Report – Mimi M. McKay, Deputy Director, Strategic Planning and Communication</p>	
<p>Updates/Announcements:</p> <ul style="list-style-type: none"> Administrative Changes - Dr. Robin Kay announced her retirement effective end of March 2018. Dennis Murata will focus on cultural competency. Dr. Rod Shaner will oversee the 5 new Discipline Chiefs (Psychology, Psychiatry, Nursing, Social Work, and Peers) priorities of the functions, and create a design and vision for the department going forward. Interviews will start in February 2018 for the five new Discipline Chief positions. Greg Polk, Chief Deputy Director, Administration, will oversee the DMH Reorganization Legislative Update Peer Certification bill was filed last week ACTION – Distribute Peer Certification bill to contacts Grave Disability--County Sponsored Legislation motion – Expand language of grave disability to include food, clothing, shelter, or medical treatment. Motion by Supervisors Kathryn Barger and Mark Ridley-Thomas directed DMH to develop language to expand definition of grave disability. <p>Public Comments on DMH report</p> <ul style="list-style-type: none"> Reba Stevens – What prompted the issue of grave disability? Patricia Russell – Commented about people falling through cracks because of the current grave disability issue; education is needed 	<p>ACTION: Distribute Peer Certification Bill to contacts</p>

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<p>3. Public Comments –</p> <ul style="list-style-type: none"> Jean Harris – Questions – <ol style="list-style-type: none"> When will MHC have an Executive Assistant? When will Antelope Valley have a Psychiatric Urgent Care Center? When will Innovations 3 move forward? Jim “The Hat” – Need Commission to support regaining “Hope & Recovery Conference and other client conferences Patricia Russell – Made comments on Charter Oaks Hospital issues Bob DeVries – Announcement --The Emotional Health Peer Support Group every Friday from 11 am - 12 Noon at the Disability Community Resource Center in Venice, CA. Maria Tan – Commented on older adults. Last CAF orientation was in a room that was too small and overcrowded. It did not accommodate people in wheelchairs. Mark Karmatz – Peer Certification Specialist-Bill 906 was introduced to state senate. Western Recovery Conference is March 9-10, 2018. California Association of Peer Run Organizations will host webinar every second Thursday. Lorenzo D. Murphy, SA 6 Community Advocate - Do you have any prevention programs that educate mentally ill people to look for signs for help? In our community we have people who deal with first time metal health issues. Marie Williams – Has been advocating for son who is homeless. Sometimes seeks shelter at Hillview Center and board and care facilities (referred to Office of Consumer Staff). 	
<p>4. Discussion Action Items/Update – Commissioner Scott</p> <ul style="list-style-type: none"> Executive Assistant Recruitment - There are five candidates who will interview for the position. Acting Chair and 1st Vice Chair will interview the candidates. CALBHBC Update – The CALBHBC, a statewide resource to educate counties, will hold its next meeting June 2018 in Los Angeles. Everyone is welcomed to attend. At the last meeting the main discussion was education and peer certification. Data Notebook – Commissioner Lue will review the notebook with Mimi McKay to approve the process Board and Cares Approval – Caroline Kelly presented the Board and Cares (B&C) report. The report originated from an ad hoc committee lead by Ms. Kelly while she served as Commission Chair. Board and cares is a financial viable housing option for people who are homeless. DMH is interested in sustaining board and care facilities which the report contains recommendations to achieve sustainability. Over 1000 beds will be lost if this housing stock falls away. Ms. Kelly is requesting approval from the Commission to continue presenting the report as collaboration with the Commission. The ad hoc committee will present the report at the Measure HHH meeting on February 16, 2018. ACTION: Commission unable to approve report due to lack of quorum. Place report on February 8 Executive Committee meeting agenda. 	<p>ACTION: Commission unable to approve the report due to lack of quorum. Place B&C report on February 8 Executive Committee meeting agenda.</p>

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<p>5. Presentations – MHSA Annual Update and Innovations 4 Mobile Transcranial Magnetic Stimulation</p> <p>MHSA Annual Update (AU) – Debbie Innes-Gomberg, PhD, Deputy Director</p> <p>Innovations</p> <ul style="list-style-type: none"> • Innovations 2 – Focus on community trauma; first time to have a focus on a supervisory district as opposed to a geographical district is in the scoring phase. • Innovations 3 – Technology suite is a multicounty project (LA and Kern) approved by the MHSOAC. Dr. Sherin and Dr. Innes-Gomberg will present Innovations 3 to the MHSOAC in Sacramento. They will provide an update on the project and will involve the commission in the preview launch. • Innovations 4 – Mobile Transcranial Magnetic Stimulation – Alex Silva and Mark Heiser TMS – Depression symptoms not responding well to medication. TMS treatment is magnetic fields that stimulate the area of the brain resisting depression or other disorders. FDA has approved treatment for depression. Depression symptoms interfere with lifestyle causing some the inability to live alone. Board and care facilities house many suffering from major depression symptoms. Studies have begun for bipolar depression, schizophrenia and various substance use disorders. Treatment is non-invasive; focus is on a particular area of the brain. Treatment does not inhibit normal activity like watching TV. <p>Side effects – some experience headaches which can be helped with Tylenol</p> <p>Barriers to treatment solution:</p> <p>Access to treatment – Requesting mobile vans to travel to facilities and provide treatment</p> <p>Adherence to treatment - 5 to 6 days a week for 6 weeks treatment plan. The mobile van will travel to the board and care facilities through out the county providing the treatment at the facility</p> <p>Treatment time – 37 minutes. Research is being developed to reduce the time to 4 minutes</p>	
<p>Dr. Innes-Gomberg reported the number of clients served in the MHSA FY 2016-17 Community Services and Supports Plan (131,106) and Prevention and Early Intervention (41,962) programs. Dr. Innes-Gomberg further reported on the analysis of FSP outcomes in these areas:</p> <ul style="list-style-type: none"> • Impact on school functioning • Living with family as a protective factor • Impact on homelessness. <p>Timeline for MHSA AU report:</p> <ul style="list-style-type: none"> • Posting of AU – February 19 through March 21 • Distribute AU to MHC – March 22 • MHSA Deliberation – April 26 	

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6. Commissioners' Report	
<p>The Department of Mental Health scheduled an EMT Leadership Conference that was held today hosted by the Director. The Director is also scheduled to be out of town for the next Executive Committee meeting on February 8, 2018. The Commission is recommending the Director or representative attend entire Commission meetings.</p> <p>ACTION ITEM: The Commission recommends Department Director or representative to attend entire Commission meetings.</p>	ACTION: The Commission recommends the Department Director or representative to attend entire Commission meetings.
7. SAAC Co-Chairs' Report	
<p>SAAC 1 – Jean Harris, Co-Chair</p> <ul style="list-style-type: none"> December meeting focused on reviewing activities serving food to 250 2nd round of training on CERT (Community and Emergency Response Team), 3rd round upcoming in several months Urgent Care funding has been available for awhile?? Antelope Valley Hospital has LPS designation but will not use its benefits because they do not have a psychiatrist who will not participate in any court issues. Need an associated resident – local political issues are causing the void, e.g. NIMBYism. Art program was a success New VETs Court Liaison provides resource support SAAC membership is growing – in the process of printing flyers for distribution in the community 	
<p>SAAC 2 – Patricia Russell</p> <ul style="list-style-type: none"> Dialogue with hospital to get better treatment for the community Speaker from Whole Person Care scheduled in February 2018 Hospital Services presentation in March 2018 Invited Molly Riesman on Housing in service area 2 – April 2018 More membership diversity is needed – planning reach out activities Want to provide the SLT representative more information to report at the SLT meeting 	
<p>SAAC 3 – William Legere Planning for May is Mental Health Month. Commented on NCADD visitation and TAY</p>	
<p>SAAC 4 – Mark Karmatz Commented on board and care report and other issued discussed today.</p>	
<p>SAAC 5 – Mark Karmatz Health neighborhood presentation and discussion on faith based events</p>	
<p>SAAC 6 – Dorothy Banks Last meeting involved taking applications for membership for election in May. Addressed issues and complaints about services</p>	

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received in the community. Finance committee formed to oversee and account for \$5K budget. Formed the May is Mental Health Month Committee	
SAAC 8 – Paul Stansbury January meeting – Commended Commissioner Friedman for leading the December 14 town hall during the power issues that occurred throughout the meeting. Looking forward to service area changes and DMH reorganization. Waiting for announcement of new District Chief.	
Meeting adjourned - Next Meeting – February 22, 2018 @ 11:00 am – 1:30 pm Kenneth Hahn Hall of Administration – Room 739 500 W. Temple Street Los Angeles, CA 90012	

Meeting highlights by Canetana Hurd