County of Los Angeles – Department of Mental Health OFFICE OF THE MENTAL HEALTH COMMISSION Thursday, October 26, 2017 Meeting Minutes Merilla M. Scott, Facilitating

APPROVED

Discussion	Recommendation/ Action/Motion
Call to Order by Commissioner Scott	ACTION: None
Roll Call – Canetana Hurd:	
Absent Excuse: Cynthia Sanchez, Lawrence Lue, and Jeannine Pearce	
Absent: Kathryn Barger	
Approval of September 28, 2017 minutes – APPROVED BY UNANIMOUS VOTE -	ACTION: Minutes approved
Announcements	
Welcome New Commissioner	
Harold E. Turner – Second District appointee, has Family member with mental illness, Program Director for NAMI with focus	
on community empowerment model assuring that services are available in the community. State board member for NAMI	
Caroline Kelly and Lawrence Lue status	
Welcome back former Commission Chair Caroline Kelly – Ms. Kelly resigned from the Commission to accept a consultant	
position with Dr. Sherin to work with DMH systems and bureaus making recommendations to assure things are going well.	
Ms. Kelly discussed the timing and protocol used to help her make the decision to accept the position. She expressed thanks	
and gratitude to each Commissioner for the exceptional qualities they bring to the Commission. Ms. Kelly made	
recommendations for the Commission's continued success:	
a) Start the New Year with the strategic plan developed by the Commission. Take advantage of the hard work put into the plan as an opportunity to strengthen the Commission	
b) Will continue to be a resource for the Commission	
c) Will continue as delegate on CALBHB/C and provide an updates from the quarterly meetings to Commissioner Scott unti a replacement is appointed	1
d) Check out links on the CALBHBC website for online information on transparency tool, health record sharing, and mental health issues	
• Commissioner Lue, 1 st Vice Chair is on extended leave for 6-8 weeks, expected return date is mid December 2017. According	
to bylaws, 1st Vice Chair who is on leave replaces vacant Chair position. Commissioner Scott is 2 nd Vice Chair and will Chair	
Commission meetings until Commissioner Lue returns. Commission will discuss conducting a mid year election to fill vacant	
Chair position in January 2018.	

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		Discussion	Recommendation/ Action/Motion
		Public comment on announcements-	
		Reba Stevens – question: is there conflict of interest with commission chair position and pending employment with DMH?	
		Jean Harris – Going to miss Ms. Kelly and thanks for all the work she has accomplished	
		Catherine Clay – Appreciate all the support and sidebars. Welcome to DMH	
2.		blic Comments – Non Agenda Items:	
	a.	Jean Harris – length of time to expand FSP slots is grossly underserves Service Area 1. Still waiting on additional 300 FSP slots	
		and the urgent care center.	
	b.	Sara Goolie – More housing resources needed	
	c.	Barbara Wilson – Attended the California Mental Health Planning Council with Ms. Kelly. Board and care statewide issues were the topic.	ACTION: Follow up with
	d.	Catherine Clay – Introduced Peer Resource Center Client Advisory Board Officers, and the first hired Peer Resource Center employee , and increased social media exposure	referrals
	e.	Reba Stevens – Recommended a candidate for the Program Director in Service Area 6	
	f.	Rev. Dr. Melody – Reported on suicides among TAY and the unused properties that should be used for the millennials art	
		projects	
3.	DN	1H Report – Mimi M. McKay, Deputy Director, Strategic Planning and Communication	
	Ga	ve updates:	
	•	Announced Mental Health Services Oversight and Accountability Commission visit in LA. DMH is looking spend MHSA dollars	
		for a technology suite to look at engaging chat rooms, HIPPA compliant issues and Avatars to gage how mental health services are delivered. More information on the project is available on both MHSA and MHSOAC websites.	
	•	DMH received a half a million dollar grant for peer training, certification and placements in positions throughout LA County	
	•	DMH is recruiting five new Discipline Chiefs positions (Psychology, Psychiatry, Nursing, Social Work, and Peers). Interviews will start soon.	
	•	Legislative work at DMH will start January 2018. Looking at working across counties to address peer certification, board and care rapes, and regulation barriers that cause problems for client service delivery needing investigation.	
	•	Add opt in feature on DMH website	
	•	DMH Reorganization – The intent of the reorg is to streamline the current organization structure to add more agility and	
	-	avoid bureaucratic hurdles in service delivery. The current structure was built on age categories and departmental funding including MHSA dollars. Positions and programs were created by available funding and were widely spread all over DMH	
		including contracts, which did not make sense to the Director. The chart is in proposed phase and more changes will be	
		made.	
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Discussion	Recommendation/ Action/Motion
Peer Resource Center Update – Opened May 2017	
a) First full time employee hired at the center	
 b) Dr. Sherin implemented a schedule for executive level staff to visit the resource center to conduct Q&A session every Monday 	
c) 259 people have come to center for dialogue since its opening in May 2017	
Public comment on agenda item	
a) Jean Harris – Timing of the MHSOAC visit was inconvenient for those in Antelope Valley, more advanced notice is needed	
b) Catherine Clay – County should incentivize advisory members serving on boards. And who are the consumers that	
represent LA County who frequently visit meetings in Sacramento and are not sharing the information gained.	
c) Reba Stevens – How does the Commission connect to the SLT in terms of the reorg. Proposed question to clarify	
reorganization chart	
d) Barbara Wilson – Made comments on problems with housing and FSPs	
4. Discussion Action Items/Update – Commissioner Scott	
The Commission is in a transition with vacant Chair and Executive Assistant and 1 st Vice Chair on leave. The Commission will maintain and not take on any new projects. The Executive Assistant position job bulletin will be posted soon. Status of the	ACTION: Post information on Town Hall meeting
regular agenda items will go as follows:	when flyer is ready
 Strategic Plan Update/Peer Employment/Communication – resume January 2018 	when hyer is ready
 Board and Cares Timeline - currently going through drafts will resume January 2018 	
 Update on Town Hall Meeting on December 14 – South Coast Botanic Gardens is the location. 	
5. Commissioners' Report	
Commissioner Curry	
 Provided suicide resources available in LA County for distribution to the public. 	
Commissioner Dalgleish	
Received a quick education by attending SAAC Co-Chair meetings. Attending the meetings provided the opportunity to share	
resources with those in need. Commissioner Dalgleish also welcomes the opportunity to attend individual SAAC meetings.	
Commissioner Friedman	
• Visited central juvenile hall boys and girls mental health sections. From communicating with director of both boys and girls	
and psychiatrists mental health therapists feel that Probation staffs are reversing the work done by the mental health	
therapist. Probation staff needs more mental health training to be more productive with interactions with kids. Information	
was forwarded to Supervisor Solis with hopes to see change.	

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Discussion **Recommendation**/ **Action/Motion ACTION: None Commissioner Cooperberg** Attended a ride-along with Sheriff. Ride-along ended up being an 8 hour intervention with Sheriff on anti-stigma education and PTSDT. Captain of CHP invited Commissioner to a ride-along to observe the CHP's intervention with homeless people to help best serve the homeless. **Commissioner Ogawa** Attended Asian American Training Conference to reunite with people of color and communities that need help and assistance. Models shared by clinicians, practitioners, and consumers were a valuable tool to help move forward for what I need to do as Commissioner and an individual. Gained more insight on communities of color with the very good motivational techniques taught; it was a good learning experience. **Commissioner Turner** Responded to Commissioner Curry's report on suicide prevention. Conducted a community meeting on suicide and suicide prevention in September 2017. Talked about the new "NAMI on Campus-High Schools," a program to engage stigma reduction clubs. Hosted trainings with Lynnwood and Compton District high schools to enlist more clubs and activities on

Commissioner Wallace

stigma reduction.

 Reported October is Domestic Violence or Internet Partner Violence month. Important to recognize how often our mental health organizations, and sexual assaults and domestic violence organizations operate in silos. Commissioner is working hard to reach out to the rape crisis centers, domestic violence shelters, throughout the month for planned activities because they really use some of the best models. Commissioner recommended using both CPEDV (California Programs to End Domestic Violence) and CALCASA (California Coalition Against Sexual Assault) websites because they have a listing of every crisis resource centers, shelters, hotlines, etc., based in California. Any resources related to domestic violence can be found through those orgs.

6. SAAC Co-Chairs Reports

SAAC 1 – Jean Harris, Co-Chair

 Had the first evening meeting at the Antelope Valley Center. Dinner was served by Co-Chairs. Presentation on Homeless Measure 8 was given. SAAC plans to host more evening meetings and continuing to work to improve the SAAC membership

SAAC 2 – Barbara Wilson

- SAAC 2 is the largest among other service areas
- Last presentation was on co-occurring disorders and food was provided by local vendors
- MET and SMART will present at next meeting

SAAC 3 – None

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Discussion	Recommendation/ Action/Motion
SAAC 4 – Harold Turner	
Promotores presented entire meeting in Spanish. English speaking guest used translation equipment and it was a very difference	
experience. SAAC leaned a lot about the program and the challenges faced with Promotores roll out.	
SAAC 6 – None	
SAAC 8 – Paul Stansbury	
Homeless and trauma informed care panel from schools with students with disabilities and housing issues presented at the	
last meeting.	
Meeting adjourned - Next Meeting –	
November 16, 2017 @ 11:00 am – 1:30 pm	
Kenneth Hahn Hall of Administration – Room 739	
500 W. Temple Street	
Los Angeles, CA 90012	
Meeting highlights by Canetana Hurd	