

County of Los Angeles – Department of Mental Health  
**OFFICE OF THE MENTAL HEALTH COMMISSION**  
 Thursday, December 14, 2017  
 Meeting Minutes  
 Commissioner Susan Friedman, Presiding

**APPROVED**

Discussion	Recommendation/ Action/Motion
<b>1. Call to Order by Commissioner Friedman</b> Roll Call – Canetana Hurd <ul style="list-style-type: none"> <li>Absent Excuse: Cynthia Sanchez, Lawrence Lue, and Merilla Scott</li> <li>Absent: Kathryn Barger</li> </ul>	<b>ACTION: None</b>
Approval of November 16, 2017 minutes – <b>APPROVED BY UNANIMOUS VOTE</b>	<b>ACTION: Forward to MHC webpage</b>
<b>2. Public Comments – None Agenda Items</b> <ul style="list-style-type: none"> <li>Announced a press release to advocate planning to help college students.</li> <li>Rep for African and underrepresented communities recognize cultural competency and are engaging the community. Seniors are more culturally competent.</li> <li>Announced a significant number of Cambodians in SA 8 are committed to serving Cambodians which also includes spiritual practices</li> </ul>	<b>ACTION: None</b>
<b>3. DMH Report – Mimi M. McKay, Deputy Director, Strategic Planning and Communications</b> Gave update on the following- <ul style="list-style-type: none"> <li>Legislative Agenda</li> <li>Peer certification and role of peers</li> <li>Peer resource center opened last month. We have watched the peers grow the center, support and connect with people in the communities facing mental health challenges providing them with local resources for emotional recovery and wellness.</li> <li>DMH reorganization - District Chiefs work more in the field and Service Area Chiefs have been placed in their individual service areas to gain a perspective and understanding of that area.</li> <li>Working closely with unions so that fairness and equity involves everyone.</li> <li>In charge of DMH website – working with IT and directors for consumers to access the resources and services they need.</li> </ul> Public Comments: <ul style="list-style-type: none"> <li>Jean Harris Thankful for MHC for coming out into the communities to have access to more meetings and communities</li> <li>NAMI South Bay member-writing legislation to include Torrance to pay for mental health services</li> <li>DMH Promotores member– Thanked commission for support to the different cultures and being the voice for us</li> </ul>	<b>ACTION:</b>

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<ul style="list-style-type: none"> <li>• Cambodian speaker - In Cambodia, many things have happened that affect their mental health like trauma, violence and panic. People that care for family members experience these events and encounter issues with depression as well. Thankful for the agencies that make people feel better and advocate to help others.</li> <li>• Speaker - Air pollution was bad in the area and now it is better. Homelessness can be better</li> <li>• Hacienda of Hope – Invites everyone to use their facility for homelessness, substance abuse and mental illness in Long Beach</li> <li>• Cindy Clark – many suffer from mental illness and they do not face it or seek out resources. Social media affects the young population. Social media influences openness about mental illness and reaching out to seek treatment.</li> </ul>	
<b>4. Service Area 8 Town Hall Agenda – Youngsook “Kim” Kim-Sasaki, Mental Health Clinical Program Manager III</b>	
<ul style="list-style-type: none"> <li>• Welcome and Introductions – Kim Sasaki and Paul Sansbury and Llanette Morgan, SAAC 8 Co-Chairs</li> <li>• SAAC 8 Priorities               <ol style="list-style-type: none"> <li>a. Underserved cultural communities</li> <li>b. Domestic violence</li> <li>c. Peer roles and leadership</li> <li>d. Trauma Informed Care</li> <li>e. Sacred interface</li> <li>f. SAAC role – Where it goes?</li> <li>g. Suicide prevention</li> </ol> </li> <li>• SAAC 8 Overview               <ol style="list-style-type: none"> <li>a. SAAC - 30 person membership</li> <li>b. 1 year term</li> <li>c. Peers nominate members</li> <li>d. SB 82 mobile triage; service linkages; outreach to over 2,000 homeless</li> <li>e. Faith based – 15-20 partners working with churches and clergy members</li> <li>f. SA 8 Housing Coordinator provides support and linkages to temporary and supportive housing</li> </ol> </li> <li>• Consumer Recognition – It is a tradition that SAAC 8 recognizes consumers. Twenty-two consumers received certificates of appreciation</li> <li>• Star View TAY Hotspot – Client shared a personal story raised by substance abusive parents.</li> <li>• Other Department Updates – Public Health – John Connolly, PhD, Acting Deputy Director, Substance Abuse Prevention and Control (SAPC) reported on prevention and substance control, launched service delivery and electronic health record systems, expanded services and organized a system network, new 24/7 help line includes brief screening and treatment referrals.</li> <li>• Anchor Place Presentation – December 6, 2017 Homeless families and veterans gained a new opportunity for affordable</li> </ul>	<b>ACTION: Invite Hotspot Speaker to MHC meeting</b>

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housing at the opening of Anchor Place, a 120-unit supportive housing development in Long Beach.	
5. Closing comments and adjournment	

Meeting highlights by Canetana Hurd