

CRISIS RESIDENTIAL TREATMENT PROGRAMS

Crisis Residential Treatment Programs (CRTPs) are designed to serve individuals who are experiencing an acute psychiatric impairment and whose adaptive functioning is moderately impaired. CRTPs provide short-term, intensive and supportive services in a home-like environment through an active social rehabilitation program designed to improve the lives and adaptive functioning of those it serves. Individuals can expect to receive the following services:

- Self-help skills and peer support
- Individual and group interventions
- Social skills
- Medication support
- Co-occurring disorder services
- Pre-vocational/educational support
- Discharge planning

CRTPs have several locations throughout Los Angeles County (County), many with a maximum of 16 beds per facility. CRTP services are centrally accessed through the Los Angeles County Department of Mental Health (DMH), Countywide Resource Management (CRM) unit and can be referred from a variety of treatment settings, including but not limited to:

- County hospital Psychiatric Emergency Services and community hospital emergency rooms;
- Psychiatric Urgent Care Centers (UCCs);
- Acute inpatient settings; and
- Intensive outpatient programs.

Referrals are triaged and reviewed for clinical appropriateness and authorized for services by CRM. The average length of stay in a CRTP is 10-14 days, with a maximum stay not to exceed 30 days, without prior approval.

WHO IS ELIGIBLE FOR CRTP SERVICES?

In order to be enrolled to CRTP services, an individual must meet the following criteria:

- 18 years of age or older.
- Carry a primary DSM V psychiatric diagnosis that is amenable to the treatment provided within a CRTP. May also have a secondary diagnosis of substance abuse.
- Experiencing a mental health crisis requiring short-term intensive services.
- Frequently admitted to psychiatric emergency services, urgent care centers or acute inpatient facilities, (e.g., 3 or more admissions within past 12 months or an extended hospital stay of 30 days or more within past 12 months);
- Chronically homeless (e.g., 1 episode of homelessness for one year, or 4 episodes of homelessness within 3 years); or
- Recently released from jail or prison.
- No medical issues that require daily nursing or physician care.
- Is not an immediate danger to self or others and is able to safely remain in an open, community-based setting.
- Must have a medical assessment, including the results of an examination for communicable tuberculosis, within one year prior to or within three (3) days following admission.



LOCATING CRTP SERVICES IN YOUR COMMUNITY:

For additional information regarding accessing CRTP services, please contact:

County of Los Angeles
Department of Mental Health
Countywide Resource
Management
550 S. Vermont Ave., 9th floor
Los Angeles, CA 90020
Telephone 213-738-4775

LACDMH MISSION

Enriching lives through partnerships designed to strengthen the community's capacity to support recovery and resiliency.

OUR VALUES

Integrity: We conduct ourselves professionally according to the highest ethical standards.

Respect: We recognize the uniqueness of every individual and treat all people in a way that affirms their personal worth and dignity.

Accountability: We take responsibility for our choices and their outcomes.

Collaboration: We work together toward common goals by partnering with the whole community, sharing knowledge, building strong consensus and sharing decision-making.

Dedication: We will do whatever it takes to improve the lives of our clients and communities.

Transparency: We openly convey our ideas, decisions and outcomes to ensure trust in our organization.

Quality and Excellence: We identify the highest personal, organizational, professional and clinical standards and commit ourselves to achieving those standards by continually improving every aspect of our performance.



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Los Angeles County Department of Mental Health

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Roderick Shaner, M.D., Medical Director

550 South Vermont, 12th Floor
Los Angeles, CA 90020

Referral Line: 213-738-4775
Fax: 213-637-5892



LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH

CRISIS RESIDENTIAL TREATMENT PROGRAM



If You Are in Crisis and
Need Help Right Away,
Call Toll-Free, 24/7 Access Helpline:

1-800-854-7771

<http://dmh.lacounty.gov>