## County of Los Angeles – Department of Mental Health

## OFFICE OF THE MENTAL HEALTH COMMISSION

Thursday, July 27, 2017 Meeting Minutes Caroline Kelly, Chair, Facilitating

## APPROVED on September 28, 2017 by Unanimous vote

|    | Discussion   | Recommendation/<br>Action/Motion |
|----|--|----------------------------------|
| 1. | Call to Order by Vice Chair Lue  | ACTION: None                     |
|    | Roll Call – Canetana Hurd –  |                                  |
|    | <ul> <li>Absent Excuse: Herman DeBose, Cynthia Sanchez, Tiombe Wallace, Jeannine Pearce, Jo Helen Graham, and Judy Cooperberg</li> <li>Absent: Connie Salgado-Sanchez</li> </ul>                             |                                  |
|    | Approval of May 25 and June 22, 2017 minutes – TABLED DUE TO QUORUM UNMET  | ACTION: None                     |
| 2. | Commission Appointees  |                                  |
|    | <b>Susan F. Friedman</b> – News reporter for NBC; retired and became involved in children issues; Chaired LA County Commission for Children and Families; and Chaired the committee on mental health issues. |                                  |
|    | Patrick Ogawa – 30 year County retiree, Executive Director of the Board of Supervisor's Executive Office, Director of Alcohol and  |                                  |
|    | Drug Programs, and other non-profit agencies   |                                  |
| 3. | Public Comments:   |                                  |
|    | a. Peer counselor who is available to speak to other public places like fire department, etc. to advocate for mental health  | ACTION: Follow up with           |
|    | b. Client spoke on volunteering to oversee food provided at the commission meeting she will no longer help out because of the negative comments being made about her.  | referrals                        |
| 4. | DMH Report – Dr. Jonathan Sherin   |                                  |
|    | Discussed the first look at the future structure of the DMH management re-organization   |                                  |
|    | Main reason for the reorg is to obtain a better sense of what is being delivered to empower the trenches.  |                                  |
|    | DMH Future Structure matrix was handed out describing the following components-  |                                  |
|    | a) Design  |                                  |
|    | b) System<br>c) Support  |                                  |
|    | d) Performance   |                                  |
|    | e) Policy division   |                                  |
|    | Announcements –  |                                  |
|    | a) Six positions were approved for the Peer Resource Center at DMH Headquarters.   |                                  |
|    | b) Executive Management Team and other clinical staff were asked to start seeing patients (clients) once per week. Dr. Rod   |                                  |
|    | Shaner is leading the way being the first to see patients.   |                                  |
|    | Public Comments on DMH Report  |                                  |

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| a) Complimented Dr. Sherin on leading DMH in a new direction that is new and refreshing.  |                                  |
| b) Thanked DMH for opening the Peer Resource Center   |                                  |
| c) When will staff names be placed on the departmental reorganization list?   |                                  |
| Dr. Sherin – within the next couple months  |                                  |
| d) Would like to join in on planning to provide input for activities and services in the resource center  |                                  |
| Dr. Sherin – the center is peer driven, the intent is to create an advisory board and get feedback  |                                  |
| e) Read a spiritual piece on the timing of Dr. Sherin placed in DMH will be a beautiful transformation. Hire more people with lived experience.   |                                  |
| f) Former county employee would like to be reinstated, if not, wants to ensure that current peers are cared for and receive the training and resources needed to benefit the clients  | e                                |
| g) Offered resources for peer advocates   |                                  |
| Presentation on Service Area 6 and the Women's Community Resource Center Program - Terri Boykins, Deputy Director and Dr. Elena Farias, Clinical Program Manager III Ms. Boykins reported Service Area 6 priorities remain consistent with DMH reorganization plan. Yolanda Whittington, SA 6 District Chief continues to progress receiving funding for Parks after Dark and LGBTQ projects. SAAC 6 continues to address trauma concerns and the need for more resources. SAAC wrote a proposal to partner with agencing | es .                             |
| and companies to fund trauma issues in the community.<br>Dr. Farias gave update on directly operated clinics -  |                                  |
| Augustus F. Hawkins Family Mental Health Clinic   |                                  |
| <ul><li>a) Housed on the MLK Campus offering full mental health and health opportunities for partnerships.</li><li>b) HIV resources for mental health with health services partnership with Unified Services for HIV</li></ul>  |                                  |
| c) Youth aging out of foster care outreach  |                                  |
| d) Health Academy – established to encourage charter high school students to pursue all medical professions   |                                  |
| e) NAMI resources available in the lobby to create a warm and welcoming environment   |                                  |
| <ul> <li>f) Promotores Program – Twenty programs are assigned to the community to link underserved clients to health care<br/>services.</li> </ul>  |                                  |
| Compton Family Mental Health Center –   |                                  |
| a) Specialized child services for children and families   |                                  |
| b) Networking and outreach engagement in the community continues  |                                  |
| c) NAMI resources available in the lobby to create a warm and welcoming environment   |                                  |
| Care/Harbor LA  |                                  |
| a) Mental health evaluations available for crisis intervention and acute care treatment   |                                  |
| b) Hosted a clinic open house – over 100 attended   |                                  |

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| c)     | NAMI resources available in the lobby to create a warm and welcoming environment   |                                  |
|        | entral Family Mental Health Center   |                                  |
|        | SB 82 field based services triage team serves homeless and at risk of homelessness clients   |                                  |
| b)     | Specialized foster care – 4 co-located offices – welcome 5 trainees  |                                  |
| c)     | NAMI resources available in the lobby to create warm and welcoming environment   |                                  |
| ,      | Wellness Center  |                                  |
| Wome   | n's Community Resource Center (WCRC)   |                                  |
| •      | Crisis intervention, intensive case management   |                                  |
| •      | Developed a tracking sheet to maintain data and activity on a quarterly basis  |                                  |
| •      | 24 staff in the program, leadership team is working with Dr. Shaner to hire 1 psychiatrist   |                                  |
| •      | Therapy termination is assessed by a team guided by the DMH policy   |                                  |
| •      | 100 cases closed   |                                  |
| •      | Quarterly graduation ceremonies are held to celebrate successful program completion  |                                  |
| •      | Outreach efforts regarding termination:  |                                  |
|        | a) Make several phone calls  |                                  |
|        | b) Send letters  |                                  |
|        | c) Staff conduct home visits   |                                  |
| •      | Four community meetings are ongoing  |                                  |
|        | a) Conducts focus groups with participants from WCRC, Probation, DMH staff, WCRC clients   |                                  |
|        | b) Re-entry – provides intensive case services when released from jail; it offers crisis intervention, medication support, and legal services                  |                                  |
|        | c) Re-integration – provides services to clients who graduate from the re-entry program. Peer advocates provide the services to promote sense of independence. |                                  |
| Commi  | ssion Action Recommendation –  |                                  |
| •      | Prepare a detailed report on the status of the WCRC program since the 2016 December town hall meeting. Give detail   |                                  |
|        | on the trends over the past year; # of clients being served, # of new clients to the program, and data that will   |                                  |
|        | breakdown outcomes of the 100 cases closed for an ongoing baseline to compare shifts and improvements.   |                                  |
| Public | Comments - WCRC speakers   |                                  |
| a)     | Nothing has been done, no changes  |                                  |
| b)     | Groups are cancelled without notice  |                                  |
| c)     | There is no women's empowerment on Skid Row  |                                  |
| d)     | Latino Coalition – no services in SA 6 & 7 for Latino community.   |                                  |
| e)     | Offered volunteer work with WCRC   |                                  |

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| f) Wants more clients to attend the SAAC meeting to better inform the community of the WCRC issues   |                                  |
| g) Commented the visits to service area 6 clinic waiting rooms and wellness centers.   |                                  |
| h) Suggested DMH recruit more peer activities similar to other states  |                                  |
| i) Wellness Centers – West Central Mental Health Center  |                                  |
| <b>ACTION</b> – Ask Dr. Sherin to look into the therapy termination, after care, and reconnection into the system. What's happening  |                                  |
| with the classes? Report back in November 2017   |                                  |
| 6. Discussion Action Items/Update – Caroline Kelly   |                                  |
| Three vacancies are available  |                                  |
| Approve bylaws – September meeting agenda  |                                  |
| Approval Value Statement – September agenda  |                                  |
| August meeting will be Dark  |                                  |
| Invited interest in annual report  |                                  |
| <ul> <li>Strategic plan started with an aspect to enhancing communication broadly. Met with CIO IT at Executive Committee meeting. Looking to expand the DMH calendar, Commission webpage</li> </ul> |                                  |
| Election of Commission Officers – Current slate  | ACTION: Place item on            |
| Chair-Caroline Kelly   | September agenda                 |
| 1 <sup>st</sup> Vice Chair – Lawrence Lue  |                                  |
| 2 <sup>nd</sup> Vice Chair – Merilla M. Scott  |                                  |
| Member-at-Large (2) – Herman DeBose  |                                  |
| Election tabled due to lack of quorum –  |                                  |
| ACTION: Add item to September agenda   |                                  |
| 6. Commissioners' Report   |                                  |
| Commissioner Curry –   | ACTION: Follow up with           |
| a) Tension in suicide has increased particularly because of the Pasadena shooting and well known people. Working with news   | <b>Commissioner Curry</b>        |
| media to be sensitive to suicide when reporting.   |                                  |
| b) Will send representatives to each SAAC to share info on crisis line and suicide.  |                                  |
| c) ACTION: Follow up with Commissioner Curry   |                                  |
| Commissioner Kelly   |                                  |
| Invited to participate on homeless initiative panel with DMH, LASHA Commission, and Probation to enhance DMH communication on HIPPA and other policy issues with the courts.                         |                                  |

| 1 4 8  | Discussion  | Recommendation/<br>Action/Motion |
|--------|---|----------------------------------|
| Co     | ommissioner Lue   |                                  |
| a)     | CALBHB/C (California Association of Local Behavioral Health Board/Commissions) – Training is available to new     |                                  |
|        | Commissioners   |                                  |
| b)     | Plans to meet with Robin Kay for follow up on Supervisor Hahn's motion on disparities, particularly focusing on   |                                  |
|        | the API community to utilize the information to improve other communities .                                       |                                  |
| 7. SA  | AC Co-Chairs/Community Reports/LACCC  |                                  |
|        | SAAC 2 – Patricia Russell   |                                  |
|        | <ul> <li>SAAC continues to discuss co-occurring disorders and receive feedback from panel discussions.</li> </ul> |                                  |
|        | August Dark   |                                  |
|        | SAAC 3 – William Legere   |                                  |
|        | Medicare/Medi-Cal   |                                  |
|        | CAF (Client Activity Fund) issues   |                                  |
|        | Organization  |                                  |
|        | SAAC 6 – Dorothy Banks  |                                  |
|        | <ul> <li>Presentation on non profit offering free legal services for under served communities</li> </ul>          |                                  |
|        | <ul> <li>Upcoming meeting scheduled to address issues that are working and not working</li> </ul>                 |                                  |
|        | <ul> <li>SAAC meetings will relocate back to the Augustus Hawkins location effective July 2017</li> </ul>         |                                  |
|        | SAAC 8 – Paul Stansbury   |                                  |
|        | Dr. Sherin scheduled to visit SAAC meeting  |                                  |
|        | Renew council membership  |                                  |
|        | Continuing efforts working on trauma informed care priorities and homelessness.                                   |                                  |
|        | ng adjourned - Next Meeting – AUGUST DARK (no meeting)  |                                  |
|        | mber 28 @ 11:00 am – 1:30 pm  |                                  |
|        | th Hahn Hall of Administration – Room 739   |                                  |
|        | 7. Temple Street  |                                  |
| LOS Ar | geles, CA 90012   |                                  |

Meeting highlights by Canetana Hurd