# HEALTH NEIGHBORHOODS

Status Report Fiscal Year 2016 – 2017

Prepared by the Los Angeles County Department of Mental Health



### **DMH** Mission

Our mission at DMH is to optimize the hope, wellbeing and life trajectory of Los Angeles County's most vulnerable through access to care and resources that promote not only independence and personal recovery but also connectedness and community reintegration.

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### **EXECUTIVE SUMMARY**

The Department of Mental Health (DMH) has focused on further enhancement and expansion of Health Neighborhoods (HNs) during the 2016-2017 Fiscal Year. These coalitions have continued their commitment to improve service delivery and address social determinants via specific community projects. Across LA County, direct service providers have taken additional steps to improve access to care, enhance the quality and coordination of care, and contain costs through continued partnership and close collaboration.

Furthermore, the HNs continue to increase their reach by welcoming a growing number of diverse community participants in an effort to provide more comprehensive services and contribute to the overall health and wellness of the community. During its third year, HNs emphasized a stronger push towards integrated health care in which direct service and community providers learn from each other and increase knowledge about how to refer and care coordinate between health, mental health, public health and substance use disorder treatment and community services.

DMH solidified its investment in the HNs by hiring one (1) clinician for each service area to serve as liaison for both the HNs and Faith-based communities. These eight (8) additional clinicians have become instrumental in providing further support and overseeing the development of their respective HNs. Two additional neighborhoods have been added during the 2016-2017 Fiscal Year bringing the total to eleven (11) HNs across the County. These coalitions continue to focus on specific community needs and find new and improved ways to build stronger partnerships and improve services for their neighborhoods.

Several HNs expressed an interest in convening a countywide summit to learn from each other and share some of the wonderful work that has taken place thus far. In December 2016, DMH sent a survey to all HN participants to solicit interest in attending a countywide HN summit. There was an overwhelming positive response to the survey and several steps have been taken to plan for this summit.

Many HNs have been involved in various activities over the 2016-2017 Fiscal Year. Countywide HN activities will be highlighted first. Following, a description of each HN including those who have signed the HN MOU; those who are in attendance, but have not signed the MOU; and additional activities specific to each HN will be presented.

For additional information, please feel free to contact Robin Kay, Ph.D., Chief Deputy Director at 213-738-4108.

### **COUNTYWIDE HN ACTIVITIES**

### Service Area HN (SA HN) Liaisons

DMH displayed further commitment to the HNs with the addition of the SA HN Liaison. Under the guidance of the SA District Chiefs and with the support of the Office of Integrated Care, the SA HN Liaisons have a significant role in working together to collaborate and integrate services for their individual HNs.

### <u>HN Survey</u>

A simple survey was constructed and administered in December 2016 to assess participants' interest in attending a countywide HN summit. The purpose of the summit is to allow individuals to learn from each other, share best practices and potentially find opportunities to partner across neighborhoods. There was an overwhelmingly positive response to attend and plans are currently underway to develop the countywide summit.

### **Presentations**

On August 26, 2016, DMH gave a presentation to the Office of Child Protection (OCP) at the request of Judge Michael Nash. An overview of the current HNs was provided and a discussion was held with the OCP participants along with the Department of Public Health (DPH) brainstorming ways to connect the services and supports that each HN offers with the families that need them across Los Angeles County.

On December 8, 2016, DMH presented on HNs to the Hospital Association of Southern California. The presentation focused on providing background as well as an update on the HNs. In addition, opportunities were discussed to welcome further hospital participation and learn from existing strategies and best practices.

### <u>TRAININGS</u>

### Perinatal Mental Health

The Department expressed interest in providing comprehensive training on Perinatal Mental Health to staff working with a variety of age groups, both non-physician clinical staff and non-clinical staff. The desire to provide this training stemmed from the growing recognition of the presence and impact of Perinatal Mood and Anxiety Disorders (PMADs) at national, state, and local levels. Through a partnership with Maternal Mental Health Now, DMH Office of Integrated Care facilitated a (2) two day perinatal mental health training for clinicians on May 16<sup>th</sup> and 17<sup>th</sup>, 2017 and a (1) one day training for non-clinicians on May 30, 2017. The objective in providing comprehensive training on PMADs and other perinatal psychological disorders was to assist clinicians in identification and treatment options to better serve these women and promote awareness of these disorders and options for linkage to non-clinicians.

### Health Belief Model

UCLA Integrated Substance Abuse Programs, in collaboration with the DMH Office of Integrated Care, produced a training that introduced providers to the importance of integrating mental health treatment with treatment for physical health and substance use disorders. The training focuses on the use of the Health Belief Model to understand the factors that affect health behaviors, why people behave in unhealthy ways, and how to support healthier behavior choices. It also includes realistic case studies for participants to practice applying their skills in behavioral health treatment to help consumers improve their overall health.

Additional information regarding specific HNs and their associated activities may be found in the following pages.

### Service Area 1

### **HN: Antelope Valley**

The following 14 service providers have signed the Antelope Valley (formerly known as the Lancaster) HN MOU:

Mental Health Providers	<ul> <li>Child and Family Guidance Center</li> <li>Children's Bureau</li> <li>DMH-Antelope Valley Mental Health Center</li> <li>DMH-Antelope Valley Wellness Center</li> <li>DMH-DHS Collaboration Program at High Desert Regional Health Center</li> <li>DMH-Palmdale Mental Health Center</li> <li>Hathaway-Sycamores Child and Family Services</li> <li>Heritage Clinic</li> <li>Masada Homes</li> <li>Mental Health America of Los Angeles</li> <li>Pathways Community Services</li> <li>Penny Lane Centers</li> <li>Tarzana Treatment Centers, Inc.</li> <li>The Children's Center of the Antelope Valley</li> </ul>	
Health Providers	<ul> <li>Antelope Valley Community Clinic</li> <li>DHS-High Desert Regional Health System</li> <li>Tarzana Treatment Centers, Inc.</li> </ul>	
Substance Use Disorder Treatment Provider	• Tarzana Treatment Centers, Inc.	
Public Health Provider	• Antelope Valley Partners for Health	

### The following participants have been attending the Antelope Valley HN:

American Red Cross	Learn 4 Life, Desert Sands
•Antelope Valley Hospital	Living Praise Christian Center
•Antelope Valley Transit Authority	Love on Purpose
•Bartz-Altadonna Community Health Center	McKinley Children's Center
•Best Start-Lancaster	Mom's House
•CA Mentor	<ul> <li>National Alliance on Mental Illness (NAMI) –</li> </ul>
•Change Lanes Youth Support Services	Antelope Valley
•Child Care Resource Center	Neighborhood Legal Services of Los Angeles County
•Los Angeles County Department of Children and Family	Neuropsych Specialties
Services (DCFS)	North Los Angeles County Regional Center
•Los Angeles County Probation Department	Office of Assemblyman Tom Lackey
•Los Angeles County DPH	Olive Support Services
•Los Angeles County District Attorney's Office	Paiz Tactical Security
•Los Angeles County Public Defender's Office	<ul> <li>Palmdale School District – Foster Education</li> </ul>
•Los Angeles County Public Library	Parents in Partnership
•Los Angeles County Superior Court	Pro Care Hospice
•Equal Chances Counseling	Project Joy, Inc.
•H & R Block - Lancaster	Pueblo Y Salud
•Health Advocates	TRE Los Angeles, LLC
•Kaiser Permanente	Valley Oasis
•L.A. Care Health Plan	Vista del Mar Hospital
•La Mancha Dairy Goats	Winston & Neal Assessments
Lancaster School District	• Yes 2 Kids

### FY 2016-2017 AV HN ACTIVITIES

### Service Delivery

- The Alternative Resource Court is a collaborative project between Los Angeles County Superior Court and DMH providing centralized case management. This is underway with HN agencies offering resources to Judge Christopher Estes for alternative sentencing. They have worked together to troubleshoot housing issues, mental health services, barriers to treatment, eligibility constraints, etc. to help individuals meet conditions for release. The SA HN Liaison is serving as coordinator for this program and is attending court monthly to assist with case management and linkage with many other HN Participants.
- The SA HN Liaison has begun attending site visits with each HN participant. She has been clarifying referral processes, program information, and learning about their services. She has also been sharing what she has learned with other agencies and this has served to help organize the upcoming revision of the AV HN MOU, which will hopefully be completed by September 2017.

### Community Engagement

- Faith-based agency (Love on Purpose) worked with Children's Center of the AV to get mobile showers for the homeless that were donated from a contact in Former Supervisor Antonovich's office. The Deputy District Attorney from LA County Superior Court in the AV was at the HN meeting and let them use his truck to tow the showers to the AV from out of state.
- The American Red Cross has been providing free smoke detector replacement events in the AV. Several agencies from the HN have volunteered time to participate. From this, providers have discussed adding a question to their intake assessments asking whether or not a family or individual requires new smoke detectors in their apartments and homes. The American Red Cross has also begun presentations at HN participant worksites to discuss disaster preparedness in the workplace. In August of 2017, all AV HN participants will go through the American Red Cross Ready When the Time Comes training to become certified disaster services volunteers.
- The September 2016 AV HN meeting was dedicated to housing and homelessness issues in the AV. DMH, Mental Health America, and Los Angeles Homeless Services Authority (LAHSA) presented their programs and many providers shared their outreach strategies with the group.
- The Antelope Valley Transit Authority held a "transit summit" at the January 2017 HN meeting to discuss issues and strategies for improving access to the AVTA network for individuals dealing with health, mental health, and SUD issues.
- A representative from H&R Block heard about the AV HN because of her involvement as a foster parent through DCFS. She came to a meeting and offered to go out to the different agencies to provide free presentations for consumers about how to file their taxes, how to deal with claiming children in the foster system, etc.

- A farmer from La Mancha Dairy Farm presented her internship program at the February meeting enlisting TAY participants to join their summer program which includes learning how to care for, groom, and show dairy goats that will culminate with a goat show at the AV Fairgrounds. The group will learn about responsibility, accountability, and teamwork.
- A representative from State Assemblyman Tom Lackey's office gave a presentation on current health legislation that they are working on including the following items: AB2341 Nursing Home Special Services, AB 824 Transitional Housing for Homeless Youth, and a state budget request for mental health training for all peace officers.
- The Homeless, Outreach, Partnership, Event (H.O.P.E.) event was held on May 19, 2017. Several AV HN participants supported this event by providing services and outreach to individuals experiencing homelessness in the AV.
- The Farmers Market and Stall to recognize National Child Abuse Awareness month began on April 6, 2017 and ended on April 27, 2017.
- The 7<sup>th</sup> Annual Veterans & Military Families Career & Resource Expo was held on May 11, 2017.

The following participants have given presentations at monthly AV HN meetings:

- Braille Institute
- Children's Center of the Antelope
   Valley Relative Support Services
- Community Collaboration with the American Red Cross
- Coordinated Entry System
   Homelessness in SA 1
- DPSS Toy Loan Program
- Empower Generations
- Hathaway-Sycamores Child and Family Services
- Health Advocates LLC Outreach: SSI-SSDI Advocacy Services
- JSA Telehealth Psychiatry
- Los Angeles County District Attorney's Office, Bureau of Victim Services –

Human Trafficking Victim Advocacy Program

- LAHSA SPA 1, Regional Coordinator
- NAMI Antelope Valley
- Neighborhood Legal Services of Los Angeles County: IEP presentation
- Palmdale Foster Youth Education Program
- Penny Lane Center for the Assessment & Prevention of Prodromal States
- Ready When the Time Comes Program

   American Red Cross
- SSG/Project 108 Moms on a Mission
- The Painted Brain

### Service Area 2

### HN: Northeast San Fernando Valley

The following 16 service providers have signed the NE SF Valley (formerly known as the Pacoima) HN MOU:

Mental Health Providers	<ul> <li>Child &amp; Family Guidance Center</li> <li>El Centro de Amistad</li> <li>Hathaway-Sycamores Child and Family Services</li> <li>Hillview Mental Health Center</li> <li>Mission City Community Network, Inc.</li> <li>Northeast Valley Health Corporation</li> <li>Phoenix House of Los Angeles, Inc.</li> <li>San Fernando Valley Community Mental Health Center, Inc</li> </ul>
Health Providers	<ul> <li>All for Health, Health for All, Inc.</li> <li>All Inclusive Community Health Center</li> <li>Mission City Community Network, Inc.</li> <li>Northeast Valley Health Corporation</li> <li>San Fernando Community Health Center</li> </ul>
Substance Use Disorder Treatment Provider	<ul> <li>CRI-HELP, Inc.</li> <li>Didi Hirsch – Via Avanta</li> <li>El Proyecto del Barrio</li> <li>Narcotic Addiction Treatment Agency, Inc.</li> <li>The Teen Project, Inc.</li> </ul>

The following participants have also been attending the NE SF Valley HN:

- Best Start Northeast Valley Community
- Consumer Advocates
- DMH Olive View Community Mental Health Urgent Care Center
- El Nido Family Centers
- Grandparents as Parents
- Hope of the Valley
- LA Family Housing
- LAHSA
- Los Angeles County DPH
- Los Angeles County Probation Department
- Neighborhood Legal Services of Los Angeles County
- Office of the City Attorney for the City of Los Angeles
- Partners in Care

### FY 2016-2017 NORTHEAST SAN FERNANDO VALLEY HN ACTIVITIES

### Service Delivery

- A successful connection was made between San Fernando High School and LA Family Housing in the hopes of continued relationship building.
- North East Valley Health Corporation was connected with the DMH Program Head at Olive View Urgent Care to improve upon the access to these services.
- The Victim's Assistance Program in Pacoima, Office of the City Attorney, made multiple connections for resources for the victims she served from February's meeting.

### Community Engagement

- There was an External Quality Review Organization focus group completed on April 11<sup>th</sup>. Some of the attendees included: Via Avanta, Child and Family Guidance Center, El Centro De Amistad, Hillview, DPH, as well as other members of DMH directly operated clinics.
- HN activities focused on specific neighborhood interests, one such discussion included the possibility of joining a community fair/health fair.
- In March the HN met with San Fernando High School to get more involved with LAUSD.
- The HN met with a Community Outreach Strategy Manager from LA Family Housing to gain additional information on homeless services and at the same time to educate them on the HN.

### Presentations and/or Trainings:

- UCLA's research department staff completed a focus group in May HN.
- A presentation took place with the Mission Police Department Advisory Board, and a presentation was done with the Mission LAPD division Clergy Council on March 30<sup>th</sup> regarding the HN, local services and faith-based outreach.
- La CLAVE did a presentation at the May HN meeting.
- Additional outreach was done with the libraries, as well as a North Hollywood Catholic Church. Both the Pacoima Public Library and San Fernando Branch County Library presented during the April HN meeting.
- Presentations were done in a HN meeting in which Strengths United, Domestic Violence Advocates from the City Attorney's office, Victim Support Unite from the CA office, and Neighborhood Legal Services of Los Angeles County discussed the DV Task force. Many providers felt it was useful and a variety of connections were made.
- El Nido Family Center presented at a HN monthly meeting. A presentation of Olive View Urgent Care services is being scheduled through El Nido's GRYD program and Family Source Center.

### Service Area 3

### **HN: El Monte**

The following 16 service providers have signed the El Monte HN MOU:

Mental Health Providers	<ul> <li>Alma Family Services</li> <li>DMH-Arcadia Mental Health Center</li> <li>DMH-DHS Collaboration Program at El Monte Comprehensive Health Center</li> <li>Enki Health &amp; Research Systems, Inc.</li> <li>Five Acres</li> <li>Foothill Family Services</li> <li>Hathaway-Sycamores Child &amp; Family Services</li> <li>Heritage Clinic</li> <li>Pacific Clinics</li> <li>Social Model Recovery Systems</li> <li>SPIRITT Family Services</li> <li>Violence Intervention Program</li> </ul>	
Health Providers	<ul><li>AltaMed Health Services Corp</li><li>DHS-El Monte Comprehensive Health Center</li></ul>	
Substance Use Disorder Treatment Provider	<ul> <li>Aegis Treatment Centers, LLC.</li> <li>Social Model Recovery Systems</li> <li>SPIRITT Family Services</li> </ul>	
Public Health Provider	• DPH-Monrovia Health Center	

The following participants have also been attending the El Monte HN:

- Asian Pacific Health Care Venture
- Bridges, Inc
- California Mental Health Connection
- ChapCare
- City of El Monte Community & Senior Center
- El Monte City School District
- Foothill Unity Center
- L.A. Care Health Plan
- LAHSA
- Las Encinas Hospital
- Los Angeles County El Monte Library

- Los Angeles County DCFS
- Los Angeles County Probation Department
- Maryvale
- Mission City Community Network
- Mountain View School District
- NAMI San Gabriel Valley
- Olive Crest- Safe Families
- Prototypes
- Volunteers of America

### FY 2016-2017 EL MONTE HN ACTIVITIES

### Service Delivery

- Referral & Care Coordination Tracking Log Information
  - Success stories pertaining to referrals are discussed during each meeting in an effort to continue and promote the mission of the HN.
- HN General Success Stories and/or Linkages:
  - After connecting with a representative from Five Acres, a Program Manager from ENKI Youth & Family Services was able to link a client to Five Acre's TBS program, whereby an appointment was scheduled for 2 days after the referral was made.
  - ENKI was faced with an incident in which they needed an emergency bed for a client and Las Encinas Hospital was able to expedite the process and the client was admitted that same day.

### Community Engagement

- El Monte HN participated in the Custodial Provider Fair at the Century Regional Detention Facility (CRDF) on March 22, 2017. Over 150 females were able to obtain resources for themselves, children, and family members.
- El Monte HN participated at the Goodwill Southern California Job & Resource Fair on April 13, 2017 in the city of El Monte.
- El Monte HN participated at the SPA 3 Community Coalition: Serving Families without Borders resource fair on April 19, 2017 in the city of El Monte.
- El Monte HN participated at the Mountain View School District Community fair scheduled for April 27, 2017 at Madrid Middle School in the city of El Monte.

### Presentations and/or Trainings:

- L.A. Care Health Plan and Volunteers of America presented on March 28, 2017 at the monthly HN meeting.
- On April 24, UCLA Center for Health & Society gave a presentation on their efforts of improving behavioral health services and outcomes. Members of the El Monte HN agreed to participate in their focus group.
- Alta Med gave a presentation on April 24 about their services and referral process.
- A presentation was given to the Health Consortium of Greater SGV, Integration Committee about the El Monte HN's history, vision, goals, and future plans.

### Service Area 4 HN: Boyle Heights

The following 13 service providers have signed the Boyle Heights HN MOU:

Mental Health Providers	<ul> <li>Alma Family Services</li> <li>Behavioral Health Services, Inc.</li> <li>Children's Institute, Inc.</li> <li>DHS-USC Medical Center</li> <li>ENKI Health &amp; Research Systems, Inc.</li> <li>Exodus Recovery</li> <li>Hathaway-Sycamores Child and Family Services</li> <li>Pacific Clinics</li> <li>Para Los Ninos</li> <li>Violence Intervention Program</li> </ul>	
Health Providers	<ul><li>AltaMed Health Services Corporation</li><li>JWCH Institute, Inc.</li></ul>	
Substance Use Disorder Treatment Provider	• Behavioral Health Services, Inc.	
Public Health Provider	• DPH-Central Health Center	

The following participants have also been attending the Boyle Heights HN:

- Asian American Drug Abuse Program
- Aviva Family and Children's Services
- Los Angeles County DCFS
- Los Angeles County Probation Department
- Los Angeles County DPH Tuberculosis Control Program
- Homeless Healthcare Los Angeles
- L.A. Care Health Plan
- Las Encinas Hospital

- Los Angeles Police Department
- Maternal Child Health Access
- NAMI Urban Los Angeles
- The Painted Brain
- Partners in Care
- The Wellness Center at Historic General Hospital
- Women, Infants, & Children

### FY 2016-2017 BOYLE HEIGHTS HN (BH HN) ACTIVITIES

### Service Delivery

- The Boyle Heights HN was reorganized this past year under the leadership of the new SA 4 Mental Health Clinical Program Manager III. The focus has been to increase collaboration between the BH HN participants and tenants of The Wellness Center at Historic General Hospital. The goal is to work on referral mechanisms and increase care coordination.
- With this new collaboration between The Wellness Center and the BH HN, participants have started putting together an online resource directory for all services and programs. Alma Family Services has taken the lead on this project and is collecting the information from all participants.
- Tracking logs showed successful referrals for school-based services, DMH IFCCS, and other mental health services. The group is continuing to work on referral issues and strengthen relationships among participants.
- Partners in Care Foundation sent an email to BH HN providers requesting assistance for some program support, looking for an Occupational therapist, Physical Therapist or Registered Nurse. Providers immediately began to reply with resources.
- Alma Family Services presented a case vignette and led a discussion with participants on specific ways to improve referral and care coordination process for a client with complex needs. L.A. Care Family Resource Center also presented a case vignette on helping someone navigate their health coverage and providers shared strategies on assisting individuals with complex needs.

### Community Engagement

- HN participants attended The Wellness Center 3<sup>rd</sup> Anniversary Celebration Health Fair in March 2017.
- Many new participants have joined in the last year including Los Angeles Police Department, L.A. Care Family Resource Center, DCFS, Las Encinas Hospital, Homeless Healthcare Los Angeles, and others.

The following participants have given presentations at the monthly BH HN meetings:

- Alma Family Services
- Building Healthy Communities Boyle Heights
- DMH Housing Navigation
- Hathaway-Sycamores Family
   Services
- Maternal Child Health Access
- SB82
- The Painted Brain
- The Wellness Center at Historic General Hospital – overview of services and service navigation

### Service Area 4

### **HN: Hollywood**

## The following 12 service providers and participants have signed the Hollywood HN MOU:

Mental Health Providers	<ul> <li>Aviva Family &amp; Child Services</li> <li>Behavioral Health Services, Inc Hollywood Family Recovery Center</li> <li>DMH-Hollywood Mental Health Center</li> <li>DMH-Hollywood Wellness Center</li> <li>DMH-Hollywood Wellness Center</li> <li>DMH-SA 4 Specialized Foster Care</li> <li>Hathaway-Sycamores Child and Family Services</li> <li>Homeless Health Care Los Angeles</li> <li>Jewish Family Services of Los Angeles</li> <li>Mission City Community Network</li> <li>Saban Community Clinic</li> <li>Step Up on Second</li> </ul>	
Health Providers	<ul><li>Mission City Community Network</li><li>Saban Community Clinic</li></ul>	
Substance Use Disorder Treatment Provider	<ul><li>Behavioral Health Services, Inc.</li><li>Homeless Health Care Los Angeles</li></ul>	
Public Health Provider	• Homeless Health Care Los Angeles – Syringe Exchange	
Neighborhood Participants	<ul> <li>NAMI – Urban Los Angeles</li> <li>Painted Brain</li> <li>Women, Infants, &amp; Children</li> </ul>	

The following participants have also been attending the Hollywood HN:

• ENKI

- JWCH-Wesley Clinics
- Kaiser Permanente
- Los Angeles County DCFS
- Los Angeles County DPH TB Control

- Los Angeles County DPH-Hollywood Health Center
- QueensCare Health Center
- The Center at Blessed Sacrament

### FY 2016-2017 HOLLYWOOD HN ACTIVITIES

Service Delivery

- Under the leadership of the new SA 4 Mental Health Clinical Program Manager III, the initial objective has been to re-engage the MOU signed providers to build partnership and solidify a common understanding to improve referral and care coordination.
- One Hollywood HN member developed a Google Doc referral contact directory for the Hollywood HN to ensure one up-to-date referral contact source for the members. Providers update their information on an on-going basis.
- JWCH and Aviva presented on a case vignette and led a discussion with participants on specific ways to improve referral and care coordination processes.
  - There was overwhelming positive response to this presentation and further plans were developed for the Hollywood HN to continue using case vignettes to target service delivery and improve access to care.
  - Subsequent discussion covered both clinical coordination issues and communitybased services that need to be considered.
  - Participants continue to use the case vignette example to develop a referral/care coordination flow chart that will be added on to the Hollywood HN referral contact directory.

The following participants have given presentations at the monthly Hollywood HN meetings:

- DMH Emergency Outreach Bureau Disaster Unit
- Hathaway-Sycamores Child and Family Services
- NAMI Urban Los Angeles
- Saban Community Clinic
- The Painted Brain
- Uplift Family Services (formerly Hollygrove)

### Service Area 5

### **HN: Mar Vista-Palms**

### The following 8 service providers and participants have signed the Mar Vista-Palms HN MOU:

Mental Health Provider	<ul> <li>Didi Hirsch Mental Health Services</li> <li>Pacific Asian Counseling Services (PACS)</li> <li>Providence Saint John's Child &amp; Family Development Center</li> <li>UCLA TIES for Families</li> <li>Venice Family Clinic</li> <li>Westside Infant-Family Network (WIN)</li> </ul>	
Health Provider	• Venice Family Clinic	
Substance Use Disorder Treatment Provider	• Venice Family Clinic	
Other	<ul> <li>Maternal Mental Health NOW</li> <li>SOJOURN, Ocean Park Community Center (OPCC)</li> <li>Venice Family Clinic</li> </ul>	

The following participants have also been attending the Mar Vista-Palms HN:

- Los Angeles County DCFS West Los Angeles Office LAUSD Braddock Elementary School ٠
- •

### FY 2016-2017 MAR VISTA-PALMS HN (MVP HN; aka Intergenerational Wellness HN) ACTIVITIES

### Service Delivery

- The MVP HN expanded the collaborative with a total of 8 MOU signatories to reflect the broader scope of services.
- Revisions have been made to the Tracking Log. Under the category "Type of Service Provider," the MVP HN created the subcategories in order to capture care coordination for "Housing," "Shelter," "Education" and "Head Start."
- The MVP HN providers identified the training need for the case managers and case
  management skills to achieve effective care coordination. Subsequently, the MVP
  HN implemented monthly training for case managers from the participating
  agencies ("Shared Case Manager Meeting"). Monthly topics range from "Clients
  who are resistant to follow through with referrals" to "Motivational Interviewing."

### Community Engagement

• The MVP HN made a presentation at the Office of L.A. County Supervisor Shelia Kuehl- 3rd District and met with Child Welfare Deputy Lisa Pinto regarding the adverse effects of trauma on children and how unaddressed trauma contributes to poor physical, emotional, cognitive and educational outcomes.

### Presentations and/or Trainings

- In order to establish shared visions and philosophies, the MVP HN facilitated a trauma informed conference with Chris Blodgett, PhD called "Building Community Resilience Ending Intergenerational Trauma."
- MVP HN in conjunction with Westside Children's Center & the Stein Olam Infant-Family Mental Health Initiative at Children's Hospital Los Angeles (CHLA) hosted Dr. Bruce Perry on "Understanding the Impact of Trauma & Neglect on the Developing Child."
- Westside Infant-Family Network facilitated the first joint training on Adverse Childhood Experiences Screener (ACES) for line staff of participating HN agencies.

### Service Area 5

### **HN: Pico-Robertson**

The following 9 service providers and participants have signed the Pico-Robertson HN MOU:

Mental Health Providers	<ul> <li>Alcott Center for Mental Health Services</li> <li>DMH - Edelman Westside Mental Health Clinic</li> <li>Jewish Family Services</li> <li>Vista Del Mar Child and Family Services</li> </ul>	
Health Providers	Westside Family Health Center	
Substance Use Disorder Treatment Provider	<ul><li>CLARE Foundation</li><li>Matrix Institute on Addictions</li></ul>	
Public Health Provider	• Westside Family Health Center	
Neighborhood Participants	<ul><li>B'nai David-Judea Congregation</li><li>People Assisting the Homeless (PATH)</li></ul>	

### The following participants have also been attending the Pico-Robertson HN:

- Cedars Sinai, Community Relations and Development Department
- NAMI Westside Office
- South Robertson Neighborhood Council

### FY 2016-2017 PICO-ROBERTSON HN ACTIVITIES

#### Service Delivery

- Referral tracking, barriers to linkage, success for collaboration, and care coordination have been discussed monthly. Examples of success stories and improvements include the following:
  - A referral originating with a Rabbi in the local community came to the Alcott Center from the South Robertson Neighborhood Council. The referral was for a young, homeless individual from the community who had been hanging out at the Jewish Family Service (JFS) food pantry, appearing in need of mental health care. Community members were concerned about his mental state. Alcott was able to invite the individual in for an assessment while a temple congregation member placed him in a motel for a week. During this time, Alcott staff engaged him further and soon-after, moved him into a B & C. While the individual was resistant to taking medication, he has since seen a psychiatrist and agreed to low dose antipsychotic medication. This has allowed him to remain in the B & C as well as engage in outpatient services.
  - People Assisting the Homeless (PATH) successfully linked a homeless individual to the DMH SB-82 program after PATH was made aware of that individual by LAPD.
  - o Jewish Family Service (JFS) began co-locating social workers at B'nai David-Judea Congregation to deliver services and provide support.

### Community Engagement

- The South Robertson (SoRo) Neighborhood Council, Alcott and PATH co-sponsored a Homeless Town Hall Meeting for the SoRo Community. PATH and DMH staff were panelists among others including a representative from Mayer Garcetti's office, LAPD, a former homeless person and the CEO at Union Rescue Mission. The event was attended by 130 community members, local providers and politicians, as well as the representations from the local City Council and State Assembly.
- The Pico-Robertson HN participated in the 20<sup>th</sup> Annual SoRo Festival hosted by the City of Los Angeles- Department of Cultural Affairs, CD-5 (Councilmember Paul Koretz), CD-10 (Council President Herb Wesson), City Trees, and LADWP.
  - CLARE and Matrix provided information regarding their substance abuse programs.
  - JFS, Alcott, Vista del Mar and the DMH provided information and referrals regarding their mental health services.
  - Westside Children and Family Health Center utilized their mobile clinic to provide wellness exams free of charge to the community.

- All of the providers associated with the Pico-Robertson HN utilized a community survey developed by the HN to assess the needs of the community. The data is still in process of analysis.
- Community Grant Supporting Effort: Alcott has received grants for FY 16-17 in the amount of \$15,000 from Cedars-Sinai Grant Foundation and \$2,000 from SoRo Neighborhood Council to support the efforts of Pico-Robertson HN. For FY 17-18, Cedars-Sinai Grant Foundation and Kaiser West Los Angeles already awarded the grant in the amount of \$15,000 and \$10,000, respectively.
- SoRo Neighborhood Council notified Alcott about a mental health crisis in the community (within the Pico-Robertson HN boundaries). In response, the HN participating providers Alcott and Vista Del Mar are already making plans to provide Question Persuade, and Refer and Mental Health First Aid trainings to non-clinicians, in addition to providing crisis support to any impacted individuals.

### Presentations and Trainings

- Alcott Center hosted Elyn Saks who presented on "Living with Schizophrenia" sharing her personal experience.
- In addition, information regarding Pico-Robertson HN has been presented to the following organizations:
  - Cedars-Sinai Department of Psychiatry
  - o Los Angeles Public Library, South Robertson Branch
  - o South Robertson Neighborhood Council, "Quality of Life" Subcommittee
  - o The Relational Center

### Service Area 5 HN: Venice-Marina del Rey

### The following 8 service providers and participants have signed the Venice-Marina Del Rey HN MOU:

Mental Health Providers	<ul><li>St. Joseph Center</li><li>Westside Infant Family Network</li></ul>	
Health Providers	<ul><li>Venice Family Clinic</li><li>Westside Family Health Center</li></ul>	
Substance Use Disorder Treatment Provider	CLARE Foundation	
Neighborhood Participants	<ul> <li>City of Los Angeles: Council District 11</li> <li>Maternal Mental Health NOW</li> <li>Safe Place for Youth (SPY)</li> <li>St. Joseph Center</li> </ul>	

### The following participants have also been attending the Venice-Marina Del Rey HN:

- Catholic Charites
- Didi Hirsch Mental Health Services
- Exceptional Children's Foundation
- The People Concern

### FY 2016-2017 VENICE-MARINA DEL REY (VMdR HN) ACTIVITIES

### Service Delivery

- Established in September, 2016, the VMdR HN is in the early phase of development and the focus has been to solidify referral and care coordination procedures by discussing referral tracking, barriers to linkage and success stories.
  - Collaboration among multi-disciplinary HN providers and faith-based community resulted in moving 3 TAY families into Westwood home owned by Westwood Presbyterian Church. SPY and St. Joseph Center assisted the tenants over the next year accessing Rapid Housing dollars for families as their rental subsidy.
- The numbers of referrals and quality of care coordination have been improving as a result of tracking the outcome of referrals. In particular, the linkage is increasingly seamless where co-location services are provided.
- In response to the need of substance abuse services in the neighborhood, Safe Place for Youth (SPY) began a 12 step adolescent run self-help recovery group to be held every Wednesday.

### Community Engagement

• VMdR HN has developed a well-being survey which will be distributed at the Abbott Kinney Festivals and other community festivals throughout the summer to better assess the needs of the community.

### Presentations and Trainings

• SPY, St. Joseph Center and Venice Family Clinic have been meeting with the community residents in various locations to discuss issues related to homelessness.

### Service Area 6 HN: South Los Angeles

The following 16 service providers have signed the South Los Angeles HN MOU:

Mental Health Providers	<ul> <li>Child and Family Guidance Center</li> <li>DMH-Augustus F. Hawkins Mental Health Center</li> <li>Barbour &amp; Floyd Medical Associates</li> <li>DMH-DHS Collaboration Program at Martin Luther King, Jr. Outpatient Center</li> <li>Drew Child Development Corporation</li> <li>EMQ Families First, Inc.</li> <li>Exodus Foundation</li> <li>Exodus Recovery, Inc.</li> <li>Hathaway-Sycamores Child and Family Services</li> <li>Los Angeles Guidance Clinic</li> <li>Personal Involvement Center</li> <li>Southern California Health and Rehabilitation Program</li> <li>SHIELDS for Families, Inc.</li> <li>St. John's Well Child and Family Center</li> <li>Star View Community Services</li> <li>Telecare Corporation</li> <li>Tessie Cleveland Community Services</li> </ul>	
Health Providers	<ul> <li>DHS-Martin Luther King, Jr. Outpatient Center, OASIS Clinic</li> <li>DHS-Martin Luther King, Jr. Outpatient Center</li> <li>DHS-Dollarhide Health Center</li> <li>St. John's Well Child and Family Center</li> </ul>	
Substance Use Disorder Treatment Provider	<ul> <li>SHIELDS for Families, Inc</li> <li>St. John's Well Child and Family Center</li> </ul>	

The following participants have also been attending the South Los Angeles HN:

<ul> <li>1736 Family Crisis Center</li> <li>Alafia Mental Health</li> <li>Best Start – Watts/Willowbrook</li> <li>Children and Families, Inc.</li> <li>Children's Institute International, Inc.</li> <li>Los Angeles County DPH</li> <li>Fair Housing Foundation</li> <li>Helping Kids to Recover, Inc.</li> <li>His Sheltering Arms</li> <li>Los Angeles Police Department System-wide Mental Assessment Response Team (LAPD SMART)</li> </ul>	<ul> <li>L.A. Care Family Resource Centers - Lynwood &amp; Boyle Heights</li> <li>Medi-Cure Health Services</li> <li>South Central Los Angeles Regional Center</li> <li>SSG Homeless Outreach Program Integrated System &amp; Asian Pacific Recovery</li> <li>UMMA Community Clinic</li> <li>You Can Health Services</li> <li>Watts Health Center</li> <li>Watts Labor Community Action</li> </ul>
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Committee

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### FY 2016-2017 SOUTH LOS ANGELES HN (SLA HN) ACTIVITIES

### Service Delivery

- The South Los Angeles HN continues to develop and expand by increasing the numbers and diversity of participants including the following:
  - UMMA Community Clinic (Health)
  - His Sheltering Arms (Health)
  - Medi-cure (Substance Use Disorder Treatment)
  - You Can Health (Substance Use Disorder Treatment)
  - o L.A. Care Family Resource Center-Lynwood (Health)
  - o LAPD SMART (Law Enforcement/ Mental Health)

### Community Engagement

- In collaboration with DPH and Department of Parks and Recreation (DPR), 4 HN providers (LA Child Guidance Clinic, UMMA Community Clinic, Tessie Cleveland Community Services, and St. John's Well Child and Family Homeless Care) have been delivering "Park Therapy" as an innovative, non-traditional, and nonstigmatizing approach to engage residents in the SLA HN. Activities to engage residents include:
  - LA Child Guidance Clinic's Fotonovela Series (Spanish Speaking Group) at Bethune Park
  - o LA Child Guidance Clinic's Stress Management at Bethune Park
  - o UMMA Community Clinic's Healthy Cooking Class at Jessie Owens Park
  - o UMMA Community Clinic's Art Therapy Class at Ted Watkins Park
  - o UMMA Community Clinic's Health Screening at Roosevelt Park
  - Tessie Cleveland Community Services Mobile Game Truck (targeting the youth and teens following sporting activities on Saturdays-Location varies)
- SLA HN Liaison has taken the lead in coordinating Homeless Outreach at Leimert Park, in collaboration with Council District 10- Herb Wesson's Office, DMH (SA6 SB-82, HOME Team and SA6 Admin Team), St. John's Well Child and Family Center's Homeless Mobile Truck, DPR, LA Sanitation, NAMI - Urban Los Angeles, LAPD, Community Build, and LAHSA. The following activities have been taking place:
  - Homeless Mobile Truck provides medical services twice a month (2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month) to provide medical and mental health services to the homeless population who reside in Leimert Park in hopes of linking them to housing resources.
  - o Home Team, SB82, LAHSA and SA6 Administration provide outreach/referral/linkage on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month.

### Presentations and/or Trainings

- To implement the DPH Trauma Prevention Initiative to reduce violence related trauma injuries and deaths, DMH partnered with DPH Injury & Violence Prevention Program, Southwest College, Westmont West Athens Taskforce, Southwest Sheriff's Department, other community partners/stakeholders and community members to convene Westmont West Athens Unity Summit at Southwest College Campus. The education and engagement activities included:
  - o DMH District Chief presented on an impact of trauma at the summit.
  - Access to onsite "Healing Room" where the audience could visit individually to process trauma related issues in response to the contents of the seminar.
  - Engagement for youth and parents using Tessie Cleveland's Mobile Game Track.
- Information regarding SLA HN has been presented to a variety of agencies including Black Community Health Task Force, Black Community Task Force and Going Beyond Boundaries, Building Stronger Families, Firestone/Florence Collaboration, Lynwood School District, L.A. Care Family Resource Center - East LA, L.A. Care Family Resource Center - Lynwood, Project Fatherhood, Vermont/Manchester Collaboration, Watts Neighborhood Council, and Westmont/West Athens Task Force.

The following participants and agencies have given presentations at monthly SLA HN meetings on their available services:

- Imagine LA
- L.A. Care Family Resource Centers East Los Angeles & Lynwood
- LA County District Attorney's Bureau of Victim Services

#### Service Area 7 HN: Southeast Los Angeles (SELA) The following 18 service providers have signed the SFLA HN MOU-

The following 18 service providers have signed the SELA HN MOU:	
Mental Health Providers	<ul> <li>Alma Family Services</li> <li>Almansor Center</li> <li>CHCADA Inc.</li> <li>DMH-American Indian Counseling Center</li> <li>DMH-Centro De Bienestar</li> <li>DMH-San Antonio Mental Health Center</li> <li>ENKI Health and Research Systems Inc.</li> <li>Hathaway-Sycamore Child and Family Services</li> <li>Penny Lane Centers</li> <li>SPIRITT Family Services</li> <li>Telecare Corporation</li> <li>The Village Family Services</li> </ul>
Health Providers	<ul> <li>AltaMed Health Services Corporation</li> <li>Avanti Hospitals</li> <li>Family Health Care Center of Greater Los Angeles, Inc.</li> <li>JWCH Institute, Inc.</li> <li>South Central Family Health Center</li> </ul>
Substance Use Disorder Treatment Provider	<ul> <li>CHCADA Inc.</li> <li>Mela Counseling Services Center</li> <li>Southern California Alcohol &amp; Drug Programs, Inc.</li> <li>SPIRITT Family Services</li> </ul>
Public Health Provider	DPH-Whittier Health Center

The following participants have also been attending the SELA HN:

- AGA Insurance .
- Alliance Collins Family College Ready High School .
- American Red Cross
- American Lung Association
- Apple Care
- Assemblymember Christina Garcia's Office
- Beauty Board
- Bell Gardens Police Department •
- Best Start Community-Southeast Los Angeles
- **BGMG** Cosmetics
- Catholic Law Immigration Center .
- City of Commerce Public Safety & Community . Services Dept
- City of Huntington Park •
- Coalition for Humane Immigrants' Rights LA
- DHS-Rancho Los Amigos National Rehabilitation Center
- DMH-Older Adults Systems of Care
- DMH-SA 7 Promotoras
- DMH-SA 7 SB 82 Team .
- Los Angeles County DPH-Office of Women's Health
- East Los Angeles Regional Center
- Esperanza Immigrants' Rights Project
- Health Net Health Plan
- Helpline
- HSA Champions For Change •
- Human Services Association Immigration Defense Law Center
- Kaiser Permanente

- L.A. Care Health Plan
- LAPD Explorers Program
- Las Encinas Hospital
- LINC Housing
- Los Angeles Center for Alcohol and Drug Abuse
- Los Angeles County Fire Department
- Los Angeles Unified District
- Montebello Unified School District
- NAMI
- National Asian Pacific Alliance of Families Against Substance Abuse
- Natural History Museum
- Naturaw Fitness
- New York Life
- One Way Client Run Center
- Pasitos Early Childhood Education
- PIH Health
- Professional Institute of Beauty
- SHARE The Self-Help and Recovery Exchange
- Senator Ricardo Lara's Office •
- Su Casa Domestic Violence Program
- Supervisor Solis' LA Field Office
- St Cornelius Church
- Tzu Chi Foundation
- Women, Infants, & Children •
- YMCA Downey
- YWCA Walnut Park

### SOUTHEAST LOS ANGELES HN (SELA HN) ACTIVITIES

### Service Delivery

- SELA HN continues to focus on improving care coordination processes and specific SELA HN Providers have trained their staff internally to further improve referral and care coordination linkage.
- Access to care is a top priority for the SELA HN participants. One active participant volunteered to develop the SELA HN website intended to bring awareness of the SELA HN partnership and provide information regarding the vast array of resources offered by the partnership to the SELA community.
- One specific SELA HN provider has taken an active role in improving access to care for the elderly and has worked closely with a SELA HN mental health provider who primarily serves older adults to streamline referral mechanisms through warm handoffs.

### Community Engagement

- SELA HN held the "Celebrate Wellness" Health Fair on June 10, 2017.
  - The SELA HN strongly believes in improving access to care and planned to use the family-friendly fair as a vehicle to provide an array of valuable services to the Southeast Los Angeles community.
  - SELA HN was pleased to welcome Senator Ricardo Lara's office and Assemblymember Christina Garcia's office as well as over 60 county, city and community agencies who provided services including but not limited to:
    - health, dental and vision screenings
    - Immigration rights services
    - Natural History Museum's Archaeological Dig Museum
    - Child identification cards provided by New York Life
    - Massages and posture screenings provided by Kaiser Permanente, Apple Care and United Integrated Healthcare
    - Free haircuts and mini manicures
    - Folklorico, Zumba, dance troop and karate group performances
    - Informational booths designed to promote health and wellness (including physical and behavioral health) programs.
- SELA HN continues to be involved in the following efforts to collaborate on the Exide Spill clean-up:
  - Promotoras continue to be a powerful resource for the SELA HN. To date, Promotoras have contributed 1475.6 hours to the Exide Spill clean-up door-todoor outreach and presentations.
  - Promotoras have conducted 126 Exide presentations to SELA HN partners, participants and community agencies including but not limited to: Maywood City Hall, LAUSD, and Foundation Headstart.
  - 40 Promotoras joined DPH and other Health Agency partners on June 10, 2017 at the "Let's Talk About Exide" – Community Health Outreach and provided door-to-door outreach to homes across Southeast LA

- Considering the political climate and the high concentration of immigrants residing the SELA community, Immigration Rights quickly became a central focus for the SELA HN last year and participants took action to address this very important matter.
  - The SELA HN welcomed a series of county approved immigration rights organizations to present on legislative, budgetary and local advocacy initiatives.
  - The SELA HN accrued information from all presentations and created Immigration Rights packets for all members.
  - LAC-DMH SA 7 District Chief joined the county's immigration rights task force and provides up-to-date information to the SELA HN members during the monthly meetings.
  - Promotoras have partnered with a SELA HN Immigration Rights partner and will receive training on immigrations rights at a future meeting.
- The Homeless Count showed a 50% increase in homelessness in SA 7. SELA HN providers hosted a housing panel at a previous monthly meeting and participants learned about important local housing resources as well as legislative measures focused on the expansion of affordable housing and increased housing support services.
  - Developers are beginning to build affordable housing in SA 7, and several new developments are planned in the next few years, in Commerce/Bell Gardens (Salvation Army – Bell Shelter), in East L.A., and potentially in Bellflower. SELA HN will continue to partner with Housing affiliates in SA 7 to address this critical need.
  - Mosaic Gardens (LINC Housing) is the only current functional supported housing development for TAY. Mosaic Gardens has become an active member in the SELA HN and will help plan a Housing panel presentation for an upcoming SELA HN meeting.
- SELA HN continues to participate in the DPH SPA 7 Regional Planning Network meetings to strengthen partnerships and further collaboration within this service area. Through this partnership, SELA HN has assisted in the early planning of the DPH-Kaiser-PIH partnership collaborative and continues to participate as an active member.

The following participants have given presentations at monthly SELA HN meetings:

- o American Lung Association
- Assemblymember Christina Garcia's Office
- o Catholic Law Immigration Center
- o City of Commerce
- City of Huntington Park
- DHS-Rancho Los Amigos Rehabilitation Center
- o DMH SA 7 SB 82 Team
- o HealthNet Health Plan
- o Human Services Association
- o Immigration Legal Defense Center

- o LAUSD
- o LINC Housing
- Los Angeles Center for Drug and Alcohol
- o Montebello Unified School District
- Neighborhood Legal Services of Los Angeles County
- o One Way Client Run Center
- Penny Lane Centers TAY Drop-In Center
- o Su Casa Domestic Violence Program

### Service Area 8 HN: Central Long Beach

The following 7 service providers have signed the Central Long Beach HN MOU:

Mental Health Providers	<ul> <li>DMH-DHS Collaboration Program at Long Beach Comprehensive Health Center</li> <li>DMH-Long Beach Asian Pacific Islander Family</li> <li>DMH-Long Beach Child Adolescent Program</li> <li>DMH-Long Beach Mental Health Center</li> <li>Mental Health America of Los Angeles</li> <li>Mental Health Center</li> </ul>
Health Providers	<ul><li>DHS-Long Beach Comprehensive Health Center</li><li>The Children's Clinic</li></ul>
Substance Use Disorder Treatment Provider	<ul><li>Behavioral Health Services, Inc.</li><li>Safe Refuge</li></ul>
Public Health Provider	• Long Beach Department of Health and Human Services

The following participants have also been attending the Central Long Beach HN:

- 1736 Family Crisis Center
- American Red Cross
- Asian American Drug Abuse Program
- Best Start Central Long Beach
- California State University, Long Beach- Counseling and Psychological Services
- Cambodian Association of America
- Catholic Charities Long Beach
- City of Long Beach Development Services

- Community Hospital Long Beach Foundation
- For the Child, Inc.
- Harborview Community Services
   Center
- NAMI
- Pacific Asian Counseling Services
- St. Mary Medical Center
- The Guidance Center
- Women, Infants, and Children -Long Beach

### CENTRAL LONG BEACH HN (CLB HN) ACTIVITIES

### Service Delivery

- The CLB HN continues to have a vested interest in improving care coordination processes. The SA HN Liaison has met with several CLB HN frontline staff to focus on troubleshooting referral and care coordination issues. These brainstorming sessions have allowed participants to learn from each other and suggest specific ways to improve the tracking log and begin capturing client care outcomes.
- Monthly summary tracking log reports are distributed at each monthly CLB HN meeting and used as a tool for in-depth referral and care coordination discussions. The summary reports capture quantitative tracking for the previous month and highlight qualitative outcomes, such as tracking log comments about successful referrals and linkages. In addition, the CLB HN summary report lists new agencies being referred to and uses this as a mechanism to identify potential new participants for the neighborhood.
- CLB HN participants reached a consensus to align efforts with two (2) SA8 SAAC priorities, Homelessness and Trauma Informed Care. The intent is to directly connect service delivery and community engagement efforts with existing initiatives thereby improving access to care.

### Community Engagement

- The CLB HN was heavily involved in community outreach efforts to expand its reach and provided an overview on CLB HN progress to the following:
  - o Councilmember Al Austin 8<sup>th</sup> District
  - o DPH Reginal Network Meeting
  - Homeless Initiative Interfaith Conference –SPA8 Breakout Session
  - o League of Women Voters
  - o Long Beach Health & Human Services
  - o Long Beach Public Health Conference
  - o Supervisor Janice Hahn' Office
  - o Trauma Informed Long Beach Task Force

The following participants have given presentations at monthly CLB HN meetings:

- 1736 Family Crisis Center
- Mental Health America (MHA)
- NAMI
- Neighborhood Legal Services of Los Angeles County
- Pacific Asian Counseling Services (PACS)
- The Whole Child
- Women, Infants, and Children