



**COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH  
MHSA IMPLEMENTATION AND OUTCOMES DIVISION**



WELLNESS - RECOVERY - RESILIENCE

**Recovery, Resilience and Reintegration Services  
Service Array by Age Group**

Recovery, Resilience and Reintegration (RRR) Services will include medication management and support, housing services, outreach and engagement screenings and assessments to determine the level of functioning and impairment, individual, dyadic, family and group psychotherapy, crisis intervention, family education and support, linkage and case management.

The following tables provide an array of services available by each of the age groups through RRR:

Child		
Community-Based	Clinic-Based	Well-Being & Peer Run Services
<ul style="list-style-type: none"> <li>Location determined by child/family based on child/family needs</li> <li>Community-Based</li> <li>Locations may include but are not limited to the following: home, school, recreational setting, child care centers, or other community settings</li> </ul>	<ul style="list-style-type: none"> <li>Child/family prefers to be seen at the clinic due to a variety of environmental factors</li> <li>Range of child and family focused evidence based practices</li> </ul>	<ul style="list-style-type: none"> <li>Location determined based on a variety of well-being services child/family could benefit from</li> <li>A range of services to increase and maintain child/families well-being</li> <li>Parent/Peer support service</li> </ul>
<p><b>All Child RRR services will include the array of specialty mental health services:</b></p> <ul style="list-style-type: none"> <li>Linkage and case management support, including linkage for co-occurring medical, dental, vision or other health care needs</li> <li>Consultation with age specific specialty treatment providers</li> <li>Intensive Care Coordination (ICC)</li> <li>Intensive Home Based Services (IHBS)</li> <li>Specialized assessment and treatment interventions for clients with co-occurring disorders (i.e. mental illness, substance abuse, physical health, including mental health service co-location in health settings, substance use facilities, schools, recreation facilities, libraries, etc.).</li> <li>Parent and Peer support, and educational classes based on the surveyed needs of the community.</li> <li>Self-help support groups to meet the needs of the community, especially parents/caregivers of children who have an open case.</li> <li>Co-occurring disorder educational, preventative and recovery support groups for children/youth and caregivers that address, signs of addiction, impact of addiction, coping strategies, tools of recovery, motivation to change and relapse prevention. Provide guidance and support towards behavioral changes and recovery.</li> </ul>		

Transition Age Youth (TAY)		
Community-Based	Clinic-Based	Well-Being & Peer Run Services
<ul style="list-style-type: none"> <li>Home-Based</li> <li>Community-Based</li> <li>Primary Care Collaborations</li> <li>Juvenile Justice Diversion</li> <li>Probation Camps</li> </ul>	<ul style="list-style-type: none"> <li>Cognitive Behavioral Therapy<sup>1</sup></li> <li>Dialectical Behavior Therapy<sup>1</sup></li> <li>Trauma Services<sup>1</sup></li> </ul>	<ul style="list-style-type: none"> <li>Services to increase well-being &amp; reintegration</li> <li>TAY Drop-in Centers</li> </ul>
<p><b>All TAY RRR services will include:</b></p> <ul style="list-style-type: none"> <li>Peer Support/Peer Led Support Groups</li> <li>Supported employment</li> </ul>		

<sup>1</sup>Non Prevention Early Intervention Services

<b>Adult</b>		
<b>Community-Based</b>	<b>Clinic-Based</b>	<b>Well-Being &amp; Peer Run Services</b>
<ul style="list-style-type: none"> <li>• Home-Based</li> <li>• Community-Based</li> <li>• Primary Care Collaborations</li> </ul>	<ul style="list-style-type: none"> <li>• Cognitive Behavioral Therapy<sup>1</sup></li> <li>• Dialectical Behavior Therapy<sup>1</sup></li> <li>• Trauma Services<sup>1</sup></li> </ul>	<ul style="list-style-type: none"> <li>• Services to increase well-being &amp; reintegration</li> <li>• Peer Support Services</li> </ul>
<p><b>All Adult RRR services will include:</b></p> <ul style="list-style-type: none"> <li>○ Supported Employment</li> <li>○ Peer Support</li> </ul>		

<b>Older Adult</b>		
<b>Community-Based</b>	<b>Clinic-Based</b>	<b>Well-Being &amp; Peer Run Services</b>
<ul style="list-style-type: none"> <li>• Cognitive Screening</li> <li>• Medication Evaluation/Management</li> <li>• Psychotherapy</li> <li>• Case Management</li> <li>• Peer Support</li> <li>• Outreach &amp; Engagement</li> <li>• Crisis Intervention</li> </ul>	<ul style="list-style-type: none"> <li>• Cognitive Screening</li> <li>• Linkage/Collaboration with Primary and Specialty Healthcare</li> <li>• Use of Evidence Based Practices<sup>1</sup>: Seeking Safety, Interpersonal Psychotherapy for Depression, Cognitive Behavioral Therapy &amp; Problem Solving Therapy</li> </ul>	<ul style="list-style-type: none"> <li>• Services to increase well-being &amp; reintegration</li> <li>• Peer Support Services</li> <li>• Chronic Disease Self-Management and other Community-Based Services</li> <li>• Cognitive Screening</li> </ul>

<sup>1</sup>Non Prevention Early Intervention Services