

## What is the ADULT FCCS PROGRAM?

FCCS programs provide services to consumers exiting higher mental health programs that may not yet be ready for Wellness services, but don't qualify for intensive services offered from the Full Service Partnership (FSP) program.

FCCS programs provide services in field-based settings, such as consumer homes, primary care clinics, senior centers, faith based organizations, & community centers. The focus is on supporting consumers who are transitioning from one level of care to another by maximizing the use of community resources.



## Who is eligible for the ADULT FCCS PROGRAM?

Adults ages 26-59 who have serious mental illnesses (SMI), and are unserved, underserved, or inappropriately served, who may have experienced:

- Homelessness
- In jail or at risk of incarceration
- Recently hospitalized or attempted suicide
- Transitioning from an Institution for Mental Disease (IMD) or intensive residential placement to the community
- Trauma or currently in an abusive relationship
- Co-occurring substance abuse
- Have a developmental or medical disorder
- Isolated or homebound perhaps being cared for by an aging parent

## What FCCS SERVICES are provided to ADULTS?

The following mental health and support services are examples of potential services that consumers might receive if participating in FCCS:

- Outreach and Engagement
- Comprehensive Assessment
- Individual and family treatments
- Medication Support
- Specialized assessment and treatment for co-occurring disorders and/ or substance abuse issues
- Linkage and case management support to needed health services and/ or self-help
- Service assistance/ telephone
- The majority of services are provided in accessible community settings
- Assistance provided to secure entitlement benefits
- Help with returning to the workforce, resuming educational goals, or developing social support networks

FCCS teams include trained and experienced mental health professionals (Psychologist, Clinical Social Worker, Marriage and Family Therapist) and access to a Psychiatrist. Treatment teams may also include: Psychiatric MH Counselor/ RN; Peer Advocates; Medical Caseworkers; Recreation Therapists; and MH Services Coordinators; Housing; and/ or Employment Specialist. The goal of the team is to support the overall health and well-being of consumers while building and enhancing community relationships.

## Locating the FCCS PROGRAM in your community:

Contact a Service Area Navigator for information on FCCS programs in Los Angeles County or call the toll-free 24/7 Access Helpline: 1-800-854-7771.

**Antelope Valley Service Area I**  
661-223-3800

**San Fernando Valley Service Area II**  
213-738-2868

**San Gabriel Valley Service Area III**  
626-258-1999

**Metro Los Angeles Service Area IV**  
213-671-2624 or 323-671-2612

**West Los Angeles Service Area V**  
310-268-2516 or (310) 268-2508

**South Los Angeles Service Area VI**  
323-298-3717 or 323-298-3675

**Southeast Los Angeles Service Area VII**  
213-738-4068

**Long Beach/ South Bay Service Area VIII**  
562-435-2287 or 562-435-3027

For additional information regarding the referral process or how the FCCS program works, please contact:

County of Los Angeles-Department of Mental Health  
Adult System of Care (ASOC) Administration  
Telephone 213-738-2868  
Fax 213-427-6178



## MHSA INFORMATION

The FCCS program is funded by the Mental Health Services Act (MHSA) passed by California voters in the General Election in November 2004. The focus of the MHSA is to provide funding for the development of mental health programs and support systems for recovery in the community for California residents.

Key elements of the Recovery Model include:

- Respect for the Individual
- Self-Responsibility
- Hope
- Individual and Person Centered Treatment Plans
- Strength-Based
- Peer Support
- Empowerment
- Inclusive and Multi-Dimensional Treatment
- Client-Inclusive Decision Making

The Recovery Model supports the individual and their family by providing opportunities for growth according to a person's goals.



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**Los Angeles County**

**Los Angeles County Board of Supervisors**

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**Los Angeles, CA 90020**



**Phone: 213-738-4601**  
**Fax: 213-386-1297**

**<http://dmh.lacounty.gov>**



**If You Are In Crisis and Need  
Help Right Away**

**Call Toll-Free, 24/7 Access Helpline:**

**1-800-854-7771**

**hope** *wellness*  
**recovery**

**FIELD CAPABLE  
CLINICAL SERVICES  
(FCCS)  
For Adults  
Ages 26-59**

