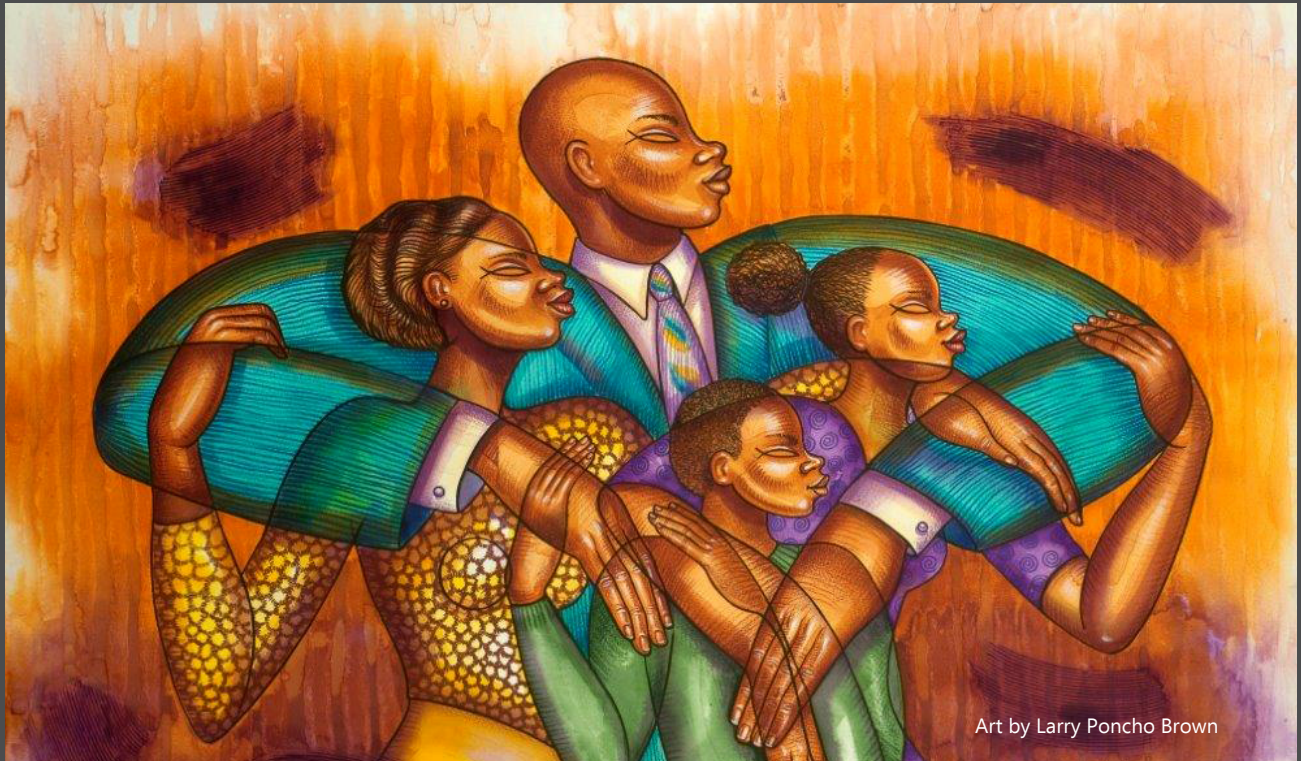


2017 AFRICAN-AMERICAN MENTAL HEALTH CONFERENCE



# EMPOWERING BLACK FAMILIES AND COMMUNITIES THROUGH RESILIENCY, RESTORATION AND RECONNECTION

## FEBRUARY 9, 2017

### Keynote Speakers

Michael Eric Dyson, Ph.D.  
Author, Scholar, Cultural Critic

Joy DeGruy, Ph.D.  
Researcher, Educator, Author, Professor

Los Angeles Airport Sheraton Gateway  
6101 W. Century Blvd.  
Los Angeles, CA. 90045

2017 AFRICAN-AMERICAN MENTAL HEALTH CONFERENCE  
**EMPOWERING BLACK FAMILIES AND COMMUNITIES THROUGH  
RESILIENCY, RESTORATION AND RECONNECTION**  
**REGISTRATION FORM (DEADLINE JAN. 27, 2017)**

**PLEASE PRINT**

Name: \_\_\_\_\_ Organization: \_\_\_\_\_  
Address: \_\_\_\_\_  
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**PLEASE SELECT**

☐ DMH Staff: \$65\* ☐ Non-DMH Staff: \$90 ☐ DMH Consumer\*\*: (FULL) ☐ DMH Students\*\*: \$35  
☐ LCSW/MFT ☐ LPT ☐ MD ☐ PhD/PsyD ☐ RN ☐ Other: \_\_\_\_\_ License# \_\_\_\_\_  
☐ Special Accessibility/Accommodation: \_\_\_\_\_

Please check the appropriate box if interpretation is needed\*\*\*: ☐ American Sign Language ☐ Spanish

Food selection: ☐ Chicken ☐ Vegetarian/Vegan

\* If DMH staff, please provide the following: Employee Number \_\_\_\_\_

\*\* Limited number of available slots.

\*\*\* Language interpretation may only be available in the above languages.

\*\*\*\* Limited workshop availability.

**PAYMENT INFORMATION:**

☐ Check ☐ Money Order Check/Money Order # \_\_\_\_\_

(There will be a \$30.00 fee charged on checks returned by the bank due to insufficient funds.)

**Please make payable to Los Angeles County Department of Mental Health. No cash payments will be accepted. Mail payment and registration form to:**

LAC Department of Mental Health-Program Support Bureau  
Attn: Angel Baker  
550 S. Vermont Ave., 12th Fl., Room #1202  
Los Angeles, CA 90020

Your registration will be confirmed upon processed payment.

Exhibit and vendor tables available. Contact **Madonna Waters** at (213) 639-6363 or mwaters@dmh.lacounty.gov for more information.

If you need additional assistance or have any questions, please contact **La Sonne Jackson** at: (213) 738-4852.

**PHOTO AND VIDEO DISCLOSURE:**

Los Angeles County Department of Mental Health may use/disclose photographs and audio-video recordings of attendees. They may be used in motion picture, still photography in any form, future brochures/programs, editorial, or any and all other lawful purposes.

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## ABOUT THE CONFERENCE

The Los Angeles County Department of Mental Health (LACDMH) is pleased to sponsor and host the 2017 African American Mental Health Conference. The theme of the conference is “Empowering Black Families and Communities through Resiliency, Restoration and Reconnection.” The conference will bring together mental health and allied professionals, policy makers, consumers and stakeholders to improve awareness regarding mental health issues and its impact on families and communities. The conference features keynote address by Michael Eric Dyson, Ph.D., and academia, Joy DeGruy, Ph.D. Both are internationally renowned scholars and practitioners in the field of mental health and social issues, which concern African Americans. This conference will educate and inspire conference attendees with additional knowledge about the African American culture and the impact of cultural influences on mental health. An offering of 17 diverse workshops on a myriad of topics that impact African Americans is included in this year’s conference. Moving forward; we are ensuring that our cultural needs are effectively woven into mental health services for African American consumers like our cultural influences are woven into the fabric of all communities.

**REGISTRATION DEADLINE: JAN. 27, 2017**

For more information, please contact: [AAMHConf@dmh.lacounty.gov](mailto:AAMHConf@dmh.lacounty.gov)

Designed by LACDMH PIO

# EMPOWERING BLACK FAMILIES AND COMMUNITIES THROUGH RESILIENCY, RESTORATION AND RECONNECTION



**MICHAEL ERIC DYSON, PH.D.**

Dr. Michael Eric Dyson is an American Book Award recipient and two-time NAACP Image Award winner. He is one of the nation's most influential and renowned public intellectuals. He has been named one of the 150 most powerful African Americans by Ebony magazine. Dr. Dyson's pioneering scholarship has had a profound effect on American ideas. His books provide some of the most significant commentary on modern social and intellectual thought, interwoven with a combination of cultural criticism, race theory, religion, philosophical reflection, and gender studies. Some of his books provide significant contributions in the area of race and culture, and they include: *Making Malcolm X*; *I May Not Get There with You*; *Come Hell or High Water: Hurricane Katrina and the Color of Disaster*; *Debating Race and The Black Presidency: Barack Obama and the Politics of Race in America*.

Dr. Dyson is a popular University professor and renowned scholar of Georgetown University. Infusing intellectual thought with popular culture, Dyson focuses on topics of interest to the public. Dr. Dyson eloquently melds scholarly insight with the phenomena of contemporary culture, emphasizing their interconnectedness and force in shaping our society. He offers a sampling of his sharp wit, profound thought, and edifying eloquence on the enduring problems of humanity (from love to justice, and the latest topics of the day, including race and the presidency). His legendary rise from welfare father to Princeton Ph.D., from church pastor to college professor, from a factory worker who didn't start college until he was 21 years old, to a figure that became what writer Naomi Wolf terms "the ideal public intellectual of our time." This may help explain why author Nathan McCall simply calls him "a street fighter in a suit and tie."

Dr. Joy DeGruy holds a Bachelor of Science degree in Communications, a master's degree in Social Work (MSW), a master's degree in Clinical Psychology, and a Ph.D. in Social Work Research. Dr. Joy DeGruy is a nationally and internationally renowned researcher, educator, author and presenter. She is an Assistant Professor at Portland State University and the President of JDP Inc. Dr. DeGruy has over twenty-five years of practical experience as a professional in the field of social work. She conducts workshops and trainings in the areas of mental health, social justice and culture specific social service model development.

Dr. Joy DeGruy authored the book *Post Traumatic Slave Syndrome: America's Enduring Legacy of Injury and Healing*, which addresses the residual impacts of trauma on African Descendants in the Americas. *Post Traumatic Slave Syndrome* lays the groundwork for understanding

how the past has influenced the present, and opens up the discussion of how we can eliminate non-productive attitudes, beliefs and adaptive behaviors and, build upon the strengths we have gained from the past to heal injuries of today. Dr. DeGruy has published numerous referenced journal articles and has developed the "African American Male Adolescent Respect Scale", an assessment instrument designed to broaden our understanding of the challenges facing these youth in an effort to prevent their over-representation in the justice system. As well, she has developed a culturally based education model for working with children and adults of color.



**JOY DEGRUY, PH.D.**



# CONFERENCE WORKSHOPS

## SESSION A: 11:15 AM TO 12:30 PM

### **Culture Specific Models of Service Delivery & Practice** **Joy DeGruy, Ph.D.**

This provocative workshop focuses on how to integrate culture in the use of evidence-based practices for African Americans with mental illness. Drawing upon the values, customs and traditions of African Americans, providers will gain insight into how to proceed in strengthening individuals, families and communities to produce positive outcomes.

### **A Two Way Street: Integrating Faith and Mental Health** **Donald Grant, Psy.D. / Beverly "Bam" Crawford, D.D. / Cheryl A. Branch, M.S.**

This workshop will highlight the effectiveness of integrating spiritual counseling, mental health and substance abuse services in faith-based communities. Models for reducing the stigma related to accessing mental health care by persons of faith, and strategies to incorporate faith-based interventions and treatment will be addressed.

### **Mass Incarceration: Preventing Unnecessary Incarceration-A Case Example** **Maurice Weise, M.D.**

Using case examples, this workshop will examine mass incarceration and criminalization of African Americans with a mental illness. The effects and economics of mass incarceration on young ethnic minorities and those of lower socioeconomic status will be reviewed. Approaches to prevent and or reduce this trend will be highlighted.

### **Transforming the Foster Care System: Multi Systemic Approach** **G. Kaliah Salas, Psy.D. / Kym Renner / Lisa Campbell Motton / Joe Ford, M.A.**

Under Assembly Bill 403, Continuum of Care Reform (CCR) draws upon a series of new and existing child welfare initiatives that will provide an array of services to youth who are placed in out of home care by the Department of Children and Family Services (DCFS) or the Department of Probation. CCR is the largest transformation of the California foster care system in recent times. This workshop provides an opportunity to learn about CCR and its mission to develop new strategies for improving access to services, delivering those services in a seamless and integrated manner and approaches that will promote successful outcomes for foster children, youth and their families.

### **Championing the Cause of Black Veterans: Services and Support** **Anthony Williams / Carl McKnight, Ph.D.**

This workshop will provide an overview of the challenges facing veterans, particularly in the black community. Panelists will discuss healthy ways of empowering black veterans with transitioning back into the workforce and communities. Participants will be able to examine current data and group demographics which impact the black veteran community. The importance of accessing mental health and other supportive services will be discussed.

### **Soul Food – Recipes for Mental Health Promotion with African American Older Adults** **Krystal Hays, M.S.W. / Bryan F. Gains, M.S.W.**

Soul Food is an interactive workshop that gets to the heart and soul of promoting mental well-being among African American older adults. The main ingredients include healthy portions of health promotion, disease prevention, and mental health treatment and recovery with a side of advancements in Alzheimer's care, treatment, and support. Dessert includes a clinical case vignette with a little taste of soul and recipes for future success in providing culturally competent and high quality programs and services for African American older adults.

### **Beyond Evidence-Based Practice: Centering Interventions in Culture, Context, and Community** **Cheryl Grills, Ph.D.**

This dynamic workshop will discuss afro-centric community interventions to employ in the context of a racialized America. Participants will be encouraged to envision and co-create community-defined evidence practice for diverse communities.

### **They Said, I Say** **Dorothy Banks / Adrienne Parker / Wendy Cabil / Donald L. West, Jr.**

This dynamic workshop will feature a panel of consumers who will each share pitfalls, twists and turns of their journey through the mental health system. The panel will highlight the challenges of overcoming stigma and discrimination related to accessing mental health services and share helpful strategies that could open the door to wellness, resiliency and recovery.

### **tHAIRapy: Black Hair & Psychotherapy** **Ontson Placide, M.A., L.M.F.T. / Wendy Ashley, Psy.D., L.C.S.W.**

tHAIRapy is a non-traditional approach to doing therapy with at-risk, system involved, African American female youth. The project is a culturally valid, strength-based therapy intervention project that pairs traditional hair care with culturally competent mental health treatment and family-based support. By introducing natural hair styling interactions to therapy sessions focused on the relationship/attachment between children and caregivers, self-identity, physical appearance & self-esteem, this project was able to ascertain whether therapeutic efficacy is improved. We will explain our 12 week process that has involved over 50 youth in the South Los Angeles area and their outcomes, and how this practice provides significant information and data regarding creative culturally adaptive work with those most in need.

**HOSTED LUNCH**  
**12:30PM TO 1:30 PM**

# CONFERENCE WORKSHOPS

## SESSION B: 3:15 PM TO 4:30 PM

### **Principles of Sakhu and the Family: An African-Centered Approach to Developing Strong African American Families** Erylene Pipermandy, Ph.D.

This workshop will present an African-centered psychological model, Sakhu which was developed to provide a theory and analysis of African-descended personalities. Participants will review the history of African American family studies for understanding, structuring and evaluating family cohesion and strength in the African American community.

### **S.A.F.E. Empowering Black Families by Closing the Gap between Mental Health Providers and Faith Leaders** Gloria Morrow, Ph.D.

This workshop will feature S.A.F.E. (Spirituality and Faith Empowers) strategies on how to close the gap between providers of mental health services and faith leaders, in order to build a bridge that will empower Black families to become mentally and emotionally whole.

### **Juvenile Justice – An Update of Current Trends in Los Angeles County**

**Karen Streich, Ph.D. / Zelda Nash, Ph.D. / Myla Lampkin, L.C.S.W. / Erica Reynoso, Ph.D., L.C.S.W. / Shabren Harvey-Smith, L.C.S.W. / Tamera Wilson, Psy.D.**

Juvenile Justice in Los Angeles County has changed tremendously in the past 10-15 years. This panel discussion will look at several current trends and the impact on outcomes, including multi-disciplinary teams, evidence-based treatment, improved screening for and treatment of Commercial Sexually Exploited Children and Youth, development of HOPE Centers and elimination of solitary confinement, and addressing compassion fatigue for clinical staff in this environment.

### **Primary and Behavioral Health Care Integration (PBHCI)** Benjamin A. Segura, L.C.S.W.

With the goal of improving the physical health status of people with mental illnesses and addictions, the Substance Abuse and Mental Health Services Administration developed the Primary and Behavioral Health Care Integration (PBHCI) Program. Through this program, SAMHSA provides support to communities to coordinate and integrate primary care services into publicly funded, community-based behavioral health settings.

### **Building Hope and Resiliency Through Permanent Supportive Housing: How to Access Permanent Supporting Housing** Reina Turner, M.S.

This workshop will provide an overview of the process of assisting homeless individuals with a mental illness secure permanent housing and obtaining housing opportunities. Having a stable home is one of the first steps towards reconnecting to ones' community and building resiliency. Understanding the policies and procedures to access permanent housing is critical in assisting homeless individuals with a mental illness secure permanent housing.

### **Law Enforcement & Mental Health Partnerships** Captain Darnell Davenport, B.A. / Charles Lennon, L.C.S.W.

This workshop will discuss effective law enforcement program models available to communities that promote and improve relationships between community and law enforcement. The presenters will discuss best practices for interacting and engaging individuals with mental illness from both law enforcement and mental health perspectives. Los Angeles County Department of Mental Health will show case current collaborative models.

### **Empowering Black Immigrants-An Innovative Approach in Developing Community Leaders and Mobilizing the African and Caribbean Diaspora**

**Senait Admassu, M.S.W. / Noel Braithwaite, Ph.D. / Brenda Ingram, Ed.D., L.C.S.W.**

The discussion will encompass the pre and post migration trauma and mental illness among black immigrants. The presentation will also focus on a culturally competent leadership development and advocacy approach to finding new solutions in reducing persistent health disparities and improving health outcomes of the African and Caribbean Diaspora.

### **NAMI Family Education: A Community Based Model for Individual and Collective Wellness in the African-American Family**

**Harold Turner, President, Urban NAMI**

This workshop is designed to facilitate a better understanding of mental illness, increase coping skills and empower participants to become advocates for their family members. This program was designated as an evidence-based program by SAMHSA.

# CONFERENCE AT A GLANCE

07:00 AM – 08:00 AM	REGISTRATION AND CONTINENTAL BREAKFAST	12:30 PM – 01:30 PM	HOSTED LUNCH & CULTURAL PERFORMANCE
08:15 AM – 08:30 AM	INVOCATION	01:45 PM – 03:00 PM	AFTERNOON KEYNOTE ADDRESS
08:30 AM – 08:50 AM	WELCOME & OPENING REMARKS	03:15 PM – 04:30 PM	SESSION B: CONCURRENT WORKSHOPS
08:50 AM – 09:15 AM	FOUNDER'S AWARD	04:30 PM – 05:00 PM	CLOSING REMARKS
09:30 AM – 11:00 AM	MORNING KEYNOTE ADDRESS		
11:15 AM – 12:30 PM	SESSION A: CONCURRENT WORKSHOPS		

Spaces are limited for each workshop.

In planning your choice of workshops, please consider several alternatives.

## SESSION A

- Culture Specific Models of Service Delivery & Practice
- A Two Way Street: Integrating Faith and Mental Health
- Mass Incarceration: Preventing Unnecessary Incarceration-A Case Example
- Transforming the Foster Care System: Multi Systemic Approach
- Championing the Cause of Black Veterans: Services and Support
- Soul Food – Recipes for Mental Health Promotion with African American Older Adults
- Beyond Evidence-Based Practice: Centering Interventions in Culture, Context, and Community
- They Said, I Say
- tHAIRapy: Black Hair & Psychotherapy

## SESSION B

- Principles of Sakhu and the Family: An African-Centered Approach to Developing Strong African American Families
- S.A.F.E. Empowering Black Families by Closing the Gap between Mental Health Providers and Faith Leaders
- Juvenile Justice – An Update of Current Trends in Los Angeles County
- Primary and Behavioral Health Care Integration (PBHCI)
- Building Hope and Resiliency Through Permanent Supportive Housing: How to Access Permanent Supporting Housing
- Law Enforcement & Mental Health Partnerships
- Empowering Black Immigrants-An Innovative Approach in Developing Community Leaders and Mobilizing the African and Caribbean Diaspora
- NAMI Family Education: A Community Based Model for Individual and Collective Wellness in the African-American Family



WELLNESS • RECOVERY • RESILIENCE

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