

Downtown Mental Health Center Celebrates Thanksgiving with Clients

By H. Chung So, Public Information Officer II



Thanksgiving came a week early at the Downtown Mental Health Center (DMHC), when staff celebrated the holiday with approximately 40 clients on Thursday, Nov. 17, 2016.

The festivities included a turkey meal with traditional sides and desserts, live music performances, recreational activities and a raffle of prizes.

Attendees also shared what they are thankful for this year. Some wrote and read poems of gratitude, and others showed their appreciation with heartfelt remarks and hugs. Shirley Black, a client at DMHC, said events like this give inspiration.

“After all we have been through, events like this show us they don’t forget about us, and that we matter too,” Black said.

Nahed Guirguis, L.C.S.W., Mental Health Clinical Program Head at DMHC, said the center looks forward to organizing this and other celebratory events throughout the year.

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