

MOTIVATIONAL INTERVIEWING

DATE & TIME: January 11, 2017 and February 1, 2017 9:00 AM – 4:00 PM
(ATTENDANCE FOR BOTH DATES IS MANDATORY)

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: DMH Headquarters
550 S. Vermont Avenue
Los Angeles, CA 90020
9th Floor Conf. Rm (01/11/17) and 2nd Floor Conf. Rm (02/01/17)

PARKING: Free parking at DMH Parking Structure
523 Shatto Place (floors 3-8)
Los Angeles, CA 90020

This training addresses the theoretical and conceptual underpinnings of Motivation Interviewing and equips clinicians with motivational interviewing techniques to “meet the consumers where they are at supporting improved clinical outcomes, consumer engagement and retention. The stages of change and the four processes of Motivational Interviewing will be reviewed. Participants will gain familiarity with opening strategies designed to elicit “change talk” from the consumer who presents in the early stage of change. The Adherence and Competence Feedback Form will be reviewed. A discussion about cultural relevance and modification of the technique to address the consumer’s cultural perspective will be discussed utilizing participants’ caseload examples.

TARGET AUDIENCE: DMH directly operated and DMH contract adult providers only

OBJECTIVES: As a result of attending this training, participants should be able to:

1. Identify the theoretical and conceptual makeup of Motivational Interviewing
2. Explain how people engage in and resist change
3. Name the 4 core processes of Motivational Interviewing
4. Explain how Motivational Interviewing can increase consumer retention and engagement
5. Apply opening strategies to elicit “change talk” in consumers.
6. Explain how Motivational Interviewing promotes recovery.
7. Discuss how individuals of various cultural and ethnic backgrounds may respond to the motivational intervention.
8. Design a Motivational Interviewing session using all the Motivational Interviewing tools.
9. Utilize a consumer’s “change talk” to support her/his recovery process.
10. Apply appropriate treatment techniques based on consumer’s level of motivation.
11. Utilize the Adherence and Competence Feedback form to rate a training video motivational interviewing session.
12. Identify ways to assist the consumer develop a change plan that is consistent with her/his stage of change.

CONDUCTED BY: Ahndrea Weiner, M.S., LMFT, LPCC Matrix Institute

COORDINATED BY: Maria Contreras, M.A., Training Coordinator
macontreras@dmh.lacounty.gov

DEADLINE: When maximum capacity is reached

CONTINUING EDUCATION: 12 CEU’s for BBS, BRN, CCAPP-EI
12 CE’s for Psychologists

COST: NONE

DMH Employees register at:
<http://learningnet.lacounty.gov>

Contract Providers complete
attached training application



County of Los Angeles Department of Mental Health

NON-DMH STAFF TRAINING APPLICATION FORM



Instructions			
<p>Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for a training will be provided by the training coordinator. Unless otherwise specified, walk-in registrations will not be admitted.</p> <p>For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be permitted.</p> <p><i>This form is not to be used for LPS Designation Training. The LPS Application is available at lacdmh.lacounty.gov/training&workforce.html.</i></p>			
Training Title (as in DMH bulletin) MOTIVATIONAL INTERVIEWING			
Date(s) January 11, 2017 & February 1, 2017		Training Coordinator: Maria Contreras, MA	
County Employee Number (non-county employees supply the last four digits of the SSN)			
Name			
Program, Service or Agency			
Job Title			
Address			
City			Zip Code
Telephone		Email	
License or Credential Number(s) (complete as many as applicable)			
CAADAC	LCSW	LPT	LVN
MD	MFT	Psychologist	RN
Supervisor's Approval (Applications will not be processed if not signed by supervisor)		For processing, please return Application to: Los Angeles County-Department of Mental Health Adult System of Care (ASOC) 550 S. Vermont Ave, 3rd Floor Los Angeles, CA 90020 ATTN: MARIA CONTRERAS Fax: 213.427.6178 Phone: 213.738.2764 Email: macontreras@dmh.lacounty.gov (When faxing, there is no need to use a cover sheet)	
Print Supervisor Name			
Supervisor's Signature			