

Camp Fire Experience

Description:

Come experience a unique challenge course experience with your peers at Camp Fire of Greater Long Beach! "Growth takes place when people are willing to face the unknown, and make an effort to accomplish the difficult." The session includes adaptive archery, a rock wall and high ropes experience, and a campfire cookout!

Expected Group Outcomes:

- Increase balance, strength, coordination, flexibility, and endurance
- Introduction of new leisure activities
- Development of rock climbing, challenge course, archery, and camp fire skills
- Increase confidence
- Increase adjustment to disability

Participant Criteria:

- Must be independent with mobility (wheelchair or walking)
- Must wear shoes and long pants for activities
- Must be a current member of Rancho's Wellness Center
- Must be able to provide their own transportation to the location

Group Size:

Maximum of 8 participants

Cost per Participant:

Varies; up to \$10/person

Activity Waiver/Paperwork required (if applicable):

- Wellness Waiver
- Rancho Waiver of Liability
- Paperwork with Camp Fire organization must be completed

Frequency:

Occurring 3-4x/year

Contact Info:

Camp Fire of Greater Long Beach

7070 Carson St, Long Beach, CA 90808

(562) 421-2725

www.campfirelb.org

Camp Fire Experience Pictures

