# I want to enroll in My Health LA (MHLA)! What do I do?

# What is My Health LA?

The *My Health LA* program is a NO-COST health care program for low-income residents of Los Angeles County who do not have health insurance. MHLA is a program where participants can get ongoing, quality health care from a team of health care providers at community clinics.

### **How Do I Enroll?**

You can enroll in MHLA by visiting a *My Health LA* Clinic. To find a clinic near you:

- Call MHLA Member Services at 1-844-744-6452
  (MHLA) Monday through Friday from 8 a.m. to 5 p.m.
- Visit dhs.lacounty.gov/MHLA to find a map and list of MHLA clinics.
- Call the clinic in advance to schedule an appointment or to enroll.
- ♦ It is always free to apply for My Health LA!

# What Should I Expect?

- An enroller at the clinic will ask you detailed questions about where you live, the size of your family, and how much income you, and possibly your family, makes.
- This information will be used to determine whether you are eligible for MHLA.
- The information you provide will not be shared with anyone. It is for the MHLA program only.
- The process could take between 15 minutes and one hour, depending on how many people in your family are applying.



# What Should I Bring With Me?

In order to apply for MHLA, you need to show personal identification (ID), proof that you live in Los Angeles County, and something that shows your income. For example:

# Proof of who you are

- Driver's License or ID
- Resident Card
- Foreign passport or ID
- School ID
- Employment ID
- Other picture ID

### **Proof that you live in Los Angeles County**

- California Driver's License or ID
- Utility Bills issued within the last 60 days
- Letter addressed to you in the last 60 days
- Other recent proof that you live in L.A. County

## Your Income Information

- Copy of most recent paystub (in the last 45 days)
- Statement from employer about how much you make
- Last year's tax returns
- Statement of unemployment, veterans, social security benefits, etc.
- Other income information

