

CONNECT WITH US:

Los Angeles County Medical Hubs



Medical Hubs

Your body,
Your health,
Your choice



**“Where your
body, your
health, and your
choice matters”**



Online?
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Find Us Here



Children's Hospital Los Angeles
Foster Hub Clinic
(Los Angeles) (323) 361-5156

East San Gabriel Valley Hub Clinic
(El Monte)
(626) 434-7000

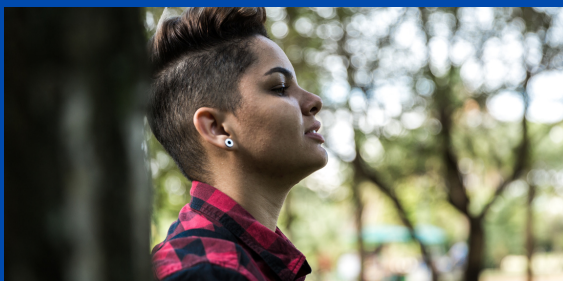
Harbor-UCLA K.I.D.S. Hub Clinic
(Torrance)
(424) 306-7270

High Desert Regional Hub Clinic
(Lancaster)
(661) 471-4055

LAC+USC Medical Hub Clinic
(Boyle Heights)
Hub - (323) 409-3800
ACT - (323) 409-3233
Alexis (LGBTQ+) - (323) 409-3233

MLK Jr. Outpatient Center Hub
(South Los Angeles) (424) 758-9100

Olive View-UCLA Regional Hub
(Sylmar)
(747) 210-4680



Get the support you need for a
healthier you.

LOCATIONS

WHY DO I GO TO A MEDICAL HUB?

The Hubs are places you can go to get the health care you want or need.

Sometimes, you may be requested to get an exam from the Hub due to suspected abuse or neglect or because you are placed in out-of-home care.

These exams are to make sure you feel safe and healthy.

OUR EXAM TYPES:

Medical Clearance

This is a short check up with a provider to make sure you are healthy. You can also ask for other services at this time, particularly for your sexual and reproductive health such as testing for sexually transmitted infections, birth control, pregnancy test, and HIV PeP (to protect yourself within 72 hours of a possible exposure to HIV).

REMEMBER!

These exams are for YOU! They are 100% confidential and you always have a choice to consent or refuse, and to have your exam done in private. You can also call the Hub Clinics, ACT, and the Alexis Program on your own as long as you are at least 12 years old.

Your Body, Your Health, Your Choice

Initial Medical Exam

The IME may take longer than other exams. It includes talking about your health history, a physical exam, checking your hearing and vision, and might include vaccinations, a mental health or a dental screen, or even lab tests. This is a good time to let the provider know if you have ANY physical or mental health concerns, or wish to discuss sexual and/or reproductive health needs.

You may call and request confidential sexual and reproductive health services at anytime on your own, as long as you are at least 12 years old.

Forensic Exam

This exam is done with specially trained providers and may include collecting of evidence and treating injuries or other signs of abuse. These exams are done if you have been a victim of a crime, but will never be done without your consent!

You may always request a specific gender for your provider.

Specialty Services

At the Hubs, you can request or be referred to a variety of specialty services to address::

- Acne or skin issues
- Allergy/Asthma
- Dentistry
- Diet and Nutrition
- Hearing
- Heart or Chest pain
- Mental Health
- Pain or issues with your muscles, joints, or bones
- Pregnancy
- Sleep
- Vision
- and more!

Knowledge is Power

Find more at: fosterreprohealth.org/for-youth/



The Adolescent Care & Transition (ACT) Clinic

and the Alexis Project

ACT and the Alexis Project provide services for youth, even after you age-out of foster care. While both ACT and Alexis providers are experts in teen sexual health, reproduction, and many other unique health needs of youth, Alexis Project is specifically tailored to meet the needs of LGBTQ+ youth and include gender-affirming and transition care, when needed.

All of our Medical Clinic locations around the County are Safe Youth Zones. If you feel like you are in danger and in need of help, you can walk in to any location and ask.

