**EMERGIPRESS** 

**January 2022 - LESSON PLAN**

Name of CE Program

Address

Phone No.

*(enter CE program information)*

**Course Title/Topic:** Precipitous Childbirth in the Field: Normal Delivery, Complicated Delivery and Newborn Resuscitation

**Instructor(s):** Online – available at the Los Angeles County EMS Agency Website

(<https://dhs.lacounty.gov/emergency-medical-services-agency/emergi-press/>)

**Date Presented:** On-going

**Category of Instruction:** Non-Instructor Based

**Number of EMS CE Hours Awarded:** 1

**Program Overview:** This course is a structured activity, which delivers didactic material relevant to EMS clinical practice through a clinical case and video modules. This lesson reviews the management of childbirth in the field incorporating clinical insights for a normal delivery, complicated delivery and newborn resuscitation.

**Specific Educational Focus:** Management of childbirth in the field.

**Objectives:**

Case of the Month – Precipitous Childbirth - Field Delivery

* Identify an imminent delivery and when to prioritize rapid transport versus field delivery
* Review the steps to perform for a normal childbirth delivery
* Recognize birth complications including breech delivery, shoulder dystocia, nuchal cord and cord prolapse
* Review the field actions to take for birth complications including breech delivery, shoulder dystocia, nuchal cord and cord prolapse
* Determine the appropriate hospital destinations for precipitous childbirth scenarios in Los Angeles County

Video Learning Modules - Normal Delivery, Complicated Delivery, Neonatal Resuscitation

Normal Delivery

* Discuss the indications for remaining on scene to deliver an newborn
* Recognize signs of an imminent delivery
* Review the steps for delivering an uncomplicated newborn
* Determine post delivery actions including, drying, warming and stimulating
* Recognize a newborn that requires additional resuscitation

Complicated Delivery

* Identify a breech delivery and review the clinical actions to take for an imminent breech delivery
* Identify shoulder dystocia and the clinical actions to take once identified
* Identify nuchal cord and the clinical actions to take once identified
* Identify prolapsed cord nd the clinical actions to take once identified

Newborn Resuscitation

* Recognize a newborn in distress and perform immediate resuscitation actions
* Review the indications for initiating positive pressure ventilation in a newborn resuscitation
* Review the indications for chest compressions and epinephrine administration in a newborn (cardiopulmonary resuscitation)
* Perform cardiopulmonary resuscitation in a newborn

Implicit Bias Education (required for BRN credit)

* Identify strategies to reduce or eliminate implicit bias in a health care encounter.

**Course Outline:** See January 2022 EmergiPress CE Instruction Sheet

**Method of Student Performance Evaluation:** passing a written test with a minimum of 80%

**Materials Needed:** Computer or mobile device with internet access; copy of written test.

**Handouts:** Course Evaluation; written test

**References:** Los Angeles County Pre-Hospital Care Manual;

**Additional Attachments:**

❑ EmergiPress CE Instruction Sheet

❑ Student Test (Student version and Instructor version with answer key)

❑ Course Evaluation