**EmergiPress Continuing Education – 1 Unit CE**

January 2022

The EmergiPress Education Newsletter is and educational offering provided by the Los Angeles County EMS Agency. Completing all sections should take approximately 1 hour. After completing the sections, the corresponding EmergiPress test can be completed and submitted for 1 unit CE through your provider agency continuing education coordinator. A passing score of 80% and completion of a course evaluation is required for CE credit. Students must also sign-in on an EMS CE Roster or take course via a LMS to track completion.

**Objectives:**

Upon completing this activity the participant will be able to:

Case of the Month – Precipitous Childbirth - Field Delivery

* Identify an imminent delivery and when to prioritize rapid transport versus field delivery
* Review the steps to perform for a normal childbirth delivery
* Recognize birth complications including breech delivery, shoulder dystocia, nuchal cord and cord prolapse
* Review the field actions to take for birth complications including breech delivery, shoulder dystocia, nuchal cord and cord prolapse
* Determine the appropriate hospital destinations for precipitous childbirth scenarios in Los Angeles County

Video Learning Modules - Normal Delivery, Complicated Delivery, Neonatal Resuscitation

Normal Delivery

* Discuss the indications for remaining on scene to deliver an newborn
* Recognize signs of an imminent delivery
* Review the steps for delivering an uncomplicated newborn
* Determine post delivery actions including, drying, warming and stimulating
* Recognize a newborn that requires additional resuscitation

Complicated Delivery

* Identify a breech delivery and review the clinical actions to take for an imminent breech delivery
* Identify shoulder dystocia and the clinical actions to take once identified
* Identify nuchal cord and the clinical actions to take once identified
* Identify prolapsed cord nd the clinical actions to take once identified

Newborn Resuscitation

* Recognize a newborn in distress and perform immediate resuscitation actions
* Review the indications for initiating positive pressure ventilation in a newborn resuscitation
* Review the indications for chest compressions and epinephrine administration in a newborn (cardiopulmonary resuscitation)
* Perform cardiopulmonary resuscitation in a newborn