PRINCIPLES OF PPE FOR VHF
KEY PRINCIPLES WHEN USING PPE

- Training
- Observation
- No skin exposure
- Competence
You should have a Trained Observer provide safety oversight in doffing procedures

The Trained Observer:

1. Leads, protects, and guides others through the process
2. Reads checklist and makes sure steps are followed correctly
Doffing must be done in designated area.

Hand sanitize after each doffing step.

Doffing PPE must be slow, deliberate, and methodical.

Use Beak Method to remove gloves.

Trained observer should be in PPE.

Visually inspect PPE for gross contaminants before exiting patient room.
<table>
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<tr>
<th>STEP 1:</th>
<th>Using one gloved hand, pinch and pull the base of the other gloved hand.</th>
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<tr>
<td>STEP 2:</td>
<td>Use the middle finger to scoop the cuff of the glove.</td>
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<td>STEP 3:</td>
<td>Pull the glove inside out over all the fingers and thumb to form a “beak.”</td>
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<td>STEP 4:</td>
<td>With the beaked hand, pinch the opposite glove at the base and pull the cuff.</td>
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<td>STEP 5:</td>
<td>Roll the glove inside out and off the hand.</td>
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<td>STEP 6:</td>
<td>With the ungloved hand, use the index finger to pull the beaked glove off at the base of the beak and dispose into the appropriate waste container. Always wash your hands after glove removal.</td>
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**“Beak Method” Glove Removal Steps**
Example of Frontline Facility Layout for Doffing PPE

Visually inspect PPE before exiting room. Anteroom nurse should assist with visualization.
PRINCIPLES OF INFECTION CONTROL FOR SEVERE ACUTE RESPIRATORY ILLNESSES
Early Diagnosis

Report cases to Public Health

Airborne isolation room

Appropriate patient placement

Hand Hygiene

Appropriate PPE

Airborne and contact precautions and eye protection

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SPECIAL PATHOGEN LEVEL 1 PPE

- Fit tested N95 mask
- Fluid resistant gown that extends to mid-calf
- Nitrile gloves with extended cuffs – 2 pairs
- Face shield
This is a good demonstration of removing your gown and outer gloves together.

The face and eye protection is staying on in cases where removing the gown may cause a splash or an aerosolization of contaminated materials.