****NAME \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

DATE \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

**SKILL PERFORMANCE EVALUATION**

PATIENT ASSESSMENT / VITAL SIGNS

**BLOOD PRESSURE**

**PERFORMANCE OBJECTIVES**

Demonstrate proficiency in obtaining an accurate auscultated and palpated blood pressure reading. (+/- 4mmHg)

**EQUIPMENT**

Live model, large/medium/pediatric sphygmomanometer, stethoscope/dual teaching stethoscope, goggles, mask, gown, gloves.

PASS

FAIL

**EXAMINER(S):**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Attempt: 1st 2nd 3rd (final)**

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|   |
| **PREPARATION**  |
| **Skill Component** | **Yes** | **No** | **Comments** |
| Establishes body substance isolation precautions |  |  |  |
| Selects and exposes appropriate site (Upper extremity or Lower extremity) |  |  | Scenario dependent |
| Selects appropriate size blood pressure cuff |  |  |  |
|   |
| **UPPER EXTREMITY AUSCULTATED BLOOD PRESSURE****PROCEDURE**  |
| **Skill Component** | **Yes** | **No** | **Comments** |
| Places the cuff on snuggly around the arm: | 1” above the antecubital fossa |  |  |  |
|  Centers the bladder over the brachial artery |
| Ensures bulb and tubbing are at the bottom of cuff |
| Locates the brachial artery and palpates for a pulse |  |  |  |
| Inserts the earpieces of the stethoscope into the rescuer’s ears |  |  |  |
| Places the diaphragm/bell over the brachial artery |  |  |  |
| Place/Hold leg at the level of the heart |  |  |  |
| Inflates the cuff while listening for pulse sounds until the sound disappears |  |  |  |
| Inflates the cuff and additional 20-30mmHg above the level where the pulse sound stopped |  |  |  |
| Deflates the cuff 2-4 mmHg/second and notes where the systolic sound is heard (+/- 4mmHg). |  |  |  |

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| **LOWER EXTREMITY AUSCULTATED BLOOD PRESSURE****PROCEDURE**  |
| **Skill Component** | **Yes** | **No** | **Comments** |
| Places the cuff on snuggly around the thigh: | 1” above the crease behindthe knee  |  |  |  |
|  Centers the bladder over the popliteal |
|  Ensures bulb and tubbing are at the bottom of cuff |
| Locates the popliteal artery and palpates pulse |  |  |  |
| Inserts the earpieces of the stethoscope into ears |  |  |  |
| Places the diaphragm/bell over the popliteal artery |  |  |  |
| Place/Hold leg at the level of the heart |  |  |  |
| Inflates the cuff while listening for pulse sounds |  |  |  |
| Inflates cuff and additional 20-30mmHg above the level where the pulse sound stopped |  |  |  |
| Deflates cuff 2-4 mmHg/second and notes where the systolic sound is heard (+/- 4mmHg). |  |  |  |
|   |
| **PALPATED BLOOD PRESSURE****PROCEDURE** |
| **Skill Component** | **Yes** | **No** | **Comments** |
| Places the cuff on snuggly around the arm: | 1” above the antecubital fossa |  |  |  |
|  Centers the bladder over the brachial artery |
|  Ensures bulb and tubbing are at the bottom of cuff |
| Locates and palpates the pulse at the brachial or radial artery |  |  |  |
| Inflate the cuff while palpating the radial pulse  |  |  |  |
| Place/Hold arm at the level of the heart |  |  |  |
| Inflates the cuff and additional 20-30mmHg above the level where the pulse sound stopped |  |  |  |
| Deflates the cuff 2-4 mmHg/second and notes where the first beat is felt (+/- 4mmHg) |  |  |  |
| **NON-INVASIVE BLOOD PRESSURE MONITOR (NIBP)****PROCEDURE** |
| **Skill Component** | **Yes** | **No** | **Comments** |
| Obtains an auscultated blood pressure reading |  |  |  |
| Applies and properly positions the NIBP cuff on the arm or thigh |  |  | Scenario dependent |
| Place/hold arm/leg at the level of the heart |  |  |  |
| Activates the device by depressing the button |  |  |  |
| Obtains and interprets the reading (+/- 4mmHg) of auscultated blood pressure |  |  |  |

Developed 1/10 Revised 10/2018