

Inguinal or Transscrotal Surgery (Minor Urologic Procedures)

The Procedure

Surgery for removal of fluid, tumor, or masses in the testicle can be done using either an incision on the scrotum or on the lower abdomen. You will be asleep for the surgery. The surgery is typically one hour. After surgery you may have a small drain placed in the scrotum. This is typically removed after a few days. Some patients may notice stitches on the scrotum. Most patients will be able to go home after surgery.

Preparation for Surgery

- Avoid taking Aspirin, Motrin, Ibuprofen, Advil, Vioxx, Plavix, Coumadin, Celebrex 1 week before surgery as this may increase your bleeding risk. Contact your surgeon if you are unsure if you should stop a medication
- Do not eat or drink anything after midnight the night before surgery

What to Expect After Surgery

Pain: You can expect to have some pain that may require pain medication for a few days after discharge. Tylenol should be sufficient to control your pain. Continue wearing tight-fitting, supportive underwear after surgery. If your pain is not controlled, call the urology office.

Nausea: Some patients may have nausea after anesthesia. If you have uncontrolled vomiting or inability to tolerate liquids, call the urology office.

Swelling: Swelling and or bruising is the most common finding. Since the scrotum is essentially a floppy bag, any routine swelling or minor bleeding after surgery tends to take a few weeks to gradually get re-absorbed into the body.

Drainage: It is common for the drain to have pink or red fluid. Contact us if there is uncontrolled constant bleeding.

Showering: You may shower at home after surgery. It is ok to clean the incisions with soap and water. But do not scrub the areas. Do not take baths or go into pool or Jacuzzis for 4 weeks. Sutures will dissolve in 4-6 weeks.

Activity: Taking walks is advised. Do not sit or lie in bed for prolonged periods of time. Driving should be avoided for 48 hours after the procedure. You can expect to return to full activity and return to work 4 weeks after surgery. No strenuous exercise or heavy lifting (>20-lbs), yard work, bicycle riding for 4 weeks

Diet: You may resume a regular diet.

Fevers: Call the urology office during business hours for any fevers or chills. If after hours, go to the nearest Emergency Department

Follow-Up Appointment: After surgery, you should be given a follow-up appointment. If you are not given an appointment, call (323) 409-5787 to schedule an appointment within 2 weeks after surgery

When to go to the Emergency Department: If you have severe pain, uncontrolled vomiting, high fevers, significant bleeding, chest pain, shortness of breath, severe headache, or loss of consciousness go to your nearest emergency room or call 911

Questions? Call (323) 409-5787

Press 1 if you call after 6PM