

## Transurethral Resection of Bladder Tumor (TURBT)

### The Procedure

A transurethral resection of bladder tumor is surgery to remove a tumor found in the bladder. No incisions are needed. The surgeon reaches the bladder by putting an instrument into the urethra. This instrument contains a lighted camera and valves that control irrigating fluid. It also contains an electrical loop that cuts tissue and seals blood vessels. The wire loop is guided by the surgeon to remove the tissue blocking the urethra one piece at a time. The pieces of tissue are removed and sent for pathologic examination. Patients are sometimes discharged home with a urinary catheter. Risks include bleeding, infection, pain, and damage to the bladder.

### Preparation for Surgery

- Avoid taking Aspirin, Motrin, Ibuprofen, Advil, Vioxx, Plavix, Coumadin, Celebrex 1 week before surgery as this may increase your bleeding risk. Contact your surgeon if you are unsure if you should stop a medication
- If you feel that you may have a urinary tract infection call the urology office before surgery
- Do not eat or drink anything after midnight the night before surgery

### What to Expect After Surgery

**Pain:** You can expect to have some pain that may require pain medication for a few days after discharge. Because there are no incisions, tylenol should be sufficient to control your pain. If your pain is not controlled, call the urology office.

**Hematuria:** After surgery on the bladder, you may notice some blood in the urine. Pink tinged urine is normal. If you notice increasingly darker/redder urine with clots or if you are unable to urinate, call the urology office.

**Catheter-related discomfort:** After surgery, you may have a catheter in your bladder. The catheter can cause some discomfort and cause bladder spasms which may create the feeling that you need to urinate. This is a normal sensation. Call the office if it is particularly bothersome

**Showering:** You may shower at home after surgery.

**Activity:** Taking walks is advised. Do not sit or lie in bed for prolonged periods of time. Driving should be avoided if you have a catheter in place. Avoid driving for the first few days after surgery. You can expect to return to full activity and return to within 1 week after surgery.

**Diet:** There are no dietary restrictions.

**Fevers:** Call the urology office during business hours for any fevers or chills. If after hours, go to the nearest Emergency Department

**When to go to the Emergency Department:** If you have severe pain, uncontrolled vomiting, high fevers, significant bleeding, chest pain, shortness of breath, severe headache, or loss of consciousness go to your nearest emergency room or call 911

**Questions? Call (323) 409-5787**