INTRODUCTION TO NURSING ROLE

ROSLYN GARRIGAN NOTT, MSN, RN

LOS ANGELES COUNTY COLLEGE OF NURSING & ALLIED HEALTH

RNOTT@DHS.LACOUNTY.GOV

REVIEW YOUR INSTRUCTIONAL OBJECTIVES N112 SYLLABUS

- Examines the relevance of nursing history to the present state of the nursing profession
- Examines the impact of socioeconomic influences on the role of the nurse
- Determines why theories and models are important to the profession of nursing
- Illustrates professional behaviors that define nursing

DEFINITION OF NURSING

- "Nursing is the protection, promotion, and optimization of health & abilities, preventions of illness and injury, alleviation of suffering through the diagnosis and treatment of human response, and advocacy in the care of individuals, families, communities, and populations."
  - (American Nursing Association)
- Video 351

DEVELOPMENT OF THE NURSING PROFESSION

- Women's roles
- Religion
- War
  - Crimean War (1854-1856)
  - Civil War (1861-1865)
  - World War I
  - World War II
  - Vietnam War
- Societal attitudes
- Men in nursing

WOMEN'S ROLES

- Traditional female roles:
  - Wife, mother, daughter, sister
    - Caregiver & nurturer
- Traditional nursing roles:
  - Humanistic caring
  - Nurturing
  - Comforting
  - Supporting

RELIGION

- Early religious values:
  - Self-denial, spiritual calling, devotion to duty & hard work
- Christian Value:
  - “Love thy neighbor as thyself”
  - Good Samaritan
- Homes for care & healing (hospitals):
  - Leprosy, syphilis, & skin conditions

WAR

- Accentuated the need for nurses
- Inadequate care for soldiers
- Lead to innovation in health care
- Florence Nightingale

INFLUENTIAL PEOPLE IN NURSING

- **Florence Nightingale** (Lady with the Lamp):
  - Implemented sanitation practices
    - Hand washing
    - Washing clothing
  - Reduced mortality from 42% to 2%

- **Harriet Tubman**:
  - Provided care and safety to slaves on the Underground Railroad (Civil War)

INFLUENTIAL PEOPLE IN NURSING

- **Clara Barton:**
  - Role in establishing the American Red Cross
- **Linda Richards:**
  - America's first trained nurse
  - Introduced MD orders & Nurse's notes
- **Mary Mahoney:**
  - First African American professional nurse

INFLUENTIAL PEOPLE IN NURSING

❖ Lillian Wald:

- Founder of public health nursing

❖ Margaret Higgins Sanger:

- Founder of Planned Parenthood

NURSING EDUCATION

- Original curriculum:
  - Teach knowledge & skill
  - Enable practice in a hospital setting
- Current curriculum:
  - Emphasize critical thinking & application
  - Enable practice in hospital & community settings
- National Council Licensure Examination (NCLEX-RN)
- Mutual recognition & compact states

TYPES OF EDUCATION PROGRAMS

- Licensed Practical (Vocational) Nurse
- Registered Nurse
  - Diploma programs
  - Associate degree programs
  - Baccalaureate degree programs
- Graduate nursing programs
  - Master's degree programs
  - Doctoral programs
- Continuing education
  - 30 units/2 years (California)

THEMES IN NURSING

- Health promotion/maintenance/restoration
- Nursing is caring
- Nursing is an art
- Nursing is a science
- Nursing is client centered
- Nursing is holistic
- Nursing is adaptive
- Nursing is a helping profession

- Recipients of nursing: Client vs. Patient

ROLES IN NURSING

- Caregiver
- Communicator
- Teacher
- Client advocate
- Change agent
- Leader
- Manager

PROFESSIONALISM

- Refers to professional character, spirit, or methods
- A set of attributes/way of life that implies responsibility and commitment

- Profession:
  - Defined as an occupation that requires extensive education or a calling that requires special knowledge, skill, and preparation

CONTEMPORARY NURSING IMAGES

Positive

Negative

CRITERIA OF A PROFESSION

- Specialized education/training
- Body of knowledge
- Service orientation (Altruism)
- Ongoing research
- Code of ethics
- Autonomy
- Professional organization

NURSING ORGANIZATIONS

- American Nurses Association (ANA)
- National League for Nursing (NLN)
- International Council of Nurses (ICN)
- International Honor Society: Sigma Theta Tau
- National Student Nurses Association (NSNA)

BENNER'S STAGES OF NURSING EXPERTISE

- Stage I: Novice
  - Nursing student- beginning of program
- Stage II: Advanced beginner
  - Nursing students- end of program/new graduate
- Stage III: Competent
  - 2-3 years experience
- Stage IV: Proficient
  - 3-5 years experience
- Stage V: Expert
  - Highly skilled/intuitive & analytic ability

****Review pg. 18, box 1-3****

FACTORS INFLUENCING NURSING PRACTICE

- Health care reform
  - Affordable Care Act (ACA)
  - Change of focus in the delivery of health care

- Consumer demands
  - More educated/knowledgeable about health

FACTORS INFLUENCING NURSING PRACTICE

- Science & technology
- Information, telehealth, & telenursing
- Quality & safety in health care

QUALITY & SAFETY IN HEALTH CARE

- Institute of Medicine (IOM)- 2003
  - 6 core competencies:
    - Patient-centered care
    - Teamwork & collaboration
    - Evidence-based practice
    - Quality improvement
    - Safety
    - Informatics

QUALITY & SAFETY IN HEALTH CARE

- Quality & Safety Education for Nurses (QSEN)
  - Funded by the Robert Wood Johnson Foundation
  - Knowledge, skills, & attitudes (KSA)

NURSING THEORIES

System of ideas that is presumed to explain a given phenomenon

NURSING METAPARADIGM

- Theoretical work in nursing focus around 4 major concepts:
  - Client
  - Environment
  - Health
  - Nursing

- Concepts defined differently by the theorists

ROLE OF NURSING THEORY

- Guides knowledge development
- Directs education
- Directs research
- Directs nursing practice

- More established in academia than in clinical practice

NURSING THEORIES

- Nightingale's Environmental Theory
  - Fresh air, pure water, efficient drainage, cleanliness & light
- Neuman's Systems Model
  - Based on a client's relationship & response to stress
- Peplau's Interpersonal Relations Model
  - 4 phases of the nurse-client relationship:
    1. Orientation
    2. Identification
    3. Exploitation
    4. Resolution

****Review ALL theorists in your textbook****

QUESTIONS?

MORE THAN JUST A NURSE – NURSES WEEK 2016

#NURSESTRONG

I'M A NURSE
WHAT'S YOUR
SUPERPOWER?

REFERENCE

- Berman, A., Snyder, S., & Kozier, B. (2012). *Kozier & Erb's Fundamentals of nursing: Concepts, process, and practice.* (9th ed.). New Jersey: Prentice-Hall, Inc.