

## 7 Runners Timeline

Mile	Location Description	Elite - Time in Morning	Last - Time in Morning	Zone
0	Ocean Front Walk / Rose Ave.	7:00	7:05	
	Left Turn (EAST) on South Venice Blvd.			
1	Venice Blvd. / Pacific Ave.	7:05	7:15	1
	Right Turn (SOUTH) on Ocean Ave.			
	Left Turn (EAST) on Admiralty Way			
2	Admiralty Way / Palawan Way	7:10	7:30	2
3	Admiralty Way / North of Bali Way	7:15	7:45	
	Right Turn (WEST) on Fiji Way			
4	Fiji Way / Fishermans Village	7:20	8:00	3
	Left Turn onto Bike Path			
5	Bike Path / Pacific Ave. in Playa del Rey	7:25	8:15	
	Merge onto Vista del Mar			3
6	Bike Path / Dockweiler Beach	7:30	8:30	
				4
7	Bike Path / Service Road / Dockweiler Beach	7:35	8:45	
	Exit onto Vista del Mar			
8	Vista del Mar	7:40	9:00	
				4
9	Vista del Mar	7:45	9:15	
	U-Turn (just north of El Porto/Manhattan Beach)			
10	Vista del Mar	7:50	9:30	
	U-Turn before Vista del Mar			3
11	Vista del Mar	7:55	9:45	
12	Vista del Mar	8:00	10:00	3
	Left Turn onto Pacific Ave. / Trolley Place			
13.1	Pacific Ave. / Trolley Place	8:05	11:00	
13.1	Pacific Ave. / Trolley Place	8:05	11:00	