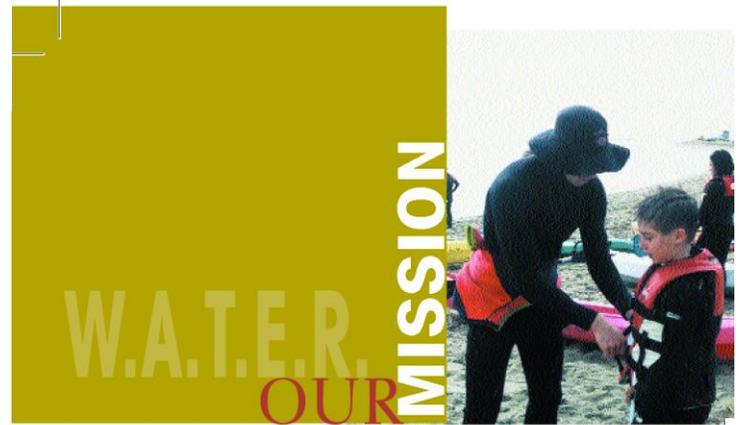


Los Angeles County
W.A.T.E.R.
YOUTH PROGRAM



OCEAN
SAFETY
ACTIVITIES



The Water Awareness, Training, Education and Recreation (**W.A.T.E.R.**) Youth Program's mission is to educate Los Angeles County young people and increase awareness of ocean and beach safety through organized activities which provide skills, knowledge and positive personal experiences.

Special effort is made to support youngsters with limited access or opportunity to experience ocean and beach activities. Qualified applicants may be eligible for financial aid for tuition fees and free transportation from non-beach communities.

W.A.T.E.R. offers a wide variety of year-round, ocean-related recreational activities for young people, ages 7-17; on Los Angeles County beaches. Nationally recognized for unique and creative children's programs, **W.A.T.E.R.** strives to be on the cutting edge of serving the public with a comprehensive, quality aquatic program. Experienced County Ocean Lifeguards instruct the youth activities, supervising the students and sharing their knowledge of the marine environment.

Classes fill on a first come-first serve basis; a waiting list is formed when classes fill. No additional classes will be added. The success and popularity of the classes are due in part to a low instructor-to-students ratio. Returning participants may mail in their registration applications; new participants must complete a pool swim test prior to registration.

OUR MISSION



OCEAN SPORTS CAMP

7-14 years old

DESCRIPTION: The camp is designed to offer young people an opportunity to learn, experience and acquire skills in a wide variety of ocean activities, including body boarding, kayaking, sailing and surfing. The daily schedule usually includes ocean skills in the morning and boating skills in the afternoon. This camp is more challenging and aggressive than Dolphin Camp and follows a self-paced, noncompetitive curriculum.

MEETING LOC.: Various

AGES: 7-14 years old - Spring/Winter
9-14 years old - Summer

GROUP SIZE: 18 students with 2 Lifeguard instructors

SWIM REQ.: 100-yard pool swim test, completed in 2 minutes 20 seconds or less

DATES: Varied weekly sessions offered in June and August, Winter vacation sessions end of December/first of January, Spring vacation sessions the weeks before and after Easter

TIME: 8:30 a.m. – 2:30 p.m.

FEE: Please call the office at 310.305.9587 for current fees.

DESCRIPTION: The week-long camp is designed to introduce youngsters to the ocean environment while emphasizing water safety. The students have aquatic activities. The curriculum includes: Ocean Skills (swimming, diving under waves, body surfing and body boarding); Marine Life Education (animal identification); Environment Preservation; and Ocean Sports (kayaking, canoeing, sailing, surfing).

LOCATION: Various

AGES: 7-10 years old

GROUP SIZE: 21 students maximum with 2 Lifeguard instructors

SWIM REQ.: 50-yard pool swim test; skill level of front crawl, face in water with side breathing

DATES: Weekly sessions offered the end of June, varied weeks of July and all of August

TIME: 8:30 a.m. – 2:30 p.m.

FEE: Please call the office at 310.305.9587 for current fees.



DOLPHIN CAMP

7-10 years old



SURF CAMP

11-17 years old



DESCRIPTION: The curriculum is designed for the beginning-through-intermediate student with all ability levels welcome. Participants receive basic surf instruction, with “in-the-water” assistance, and lots of practice learning to paddle out through the surf, catch a wave, stand up and maneuver the board. The course emphasizes ocean safety and explains surfing terminology and etiquette, different surfboard types and selection. This is a self-paced, noncompetitive activity. All equipment is provided.

LOCATIONS: Various

AGES: 11-17 years old

GROUP SIZE: 15 students maximum with 2 Lifeguard instructors; 8 students minimum

SWIM REQ.: 100-yard pool swim test, completed in 2 minutes or less

DATES: Weekly (Monday-Friday) sessions offered the end of June, all of August. Winter vacation sessions end of December/first of January. Spring vacation sessions are the weeks before and after Easter

TIME: 8:30 a.m. - 2:30 p.m.

FEES: Please call the office at 310.305.9587 for current fees.



OCEAN- SAFETY DAY

2ND-12TH grades

DESCRIPTION: A 1-day ocean education adventure for school classes. Lifeguards instruct students on many aspects of ocean safety through in-the-water participation. Curriculum may include: C.P.R. demonstration, first aid instruction, kayaking, surfing, snorkeling, body surfing, and beach games.

AGES REQ.: 2nd through 12th grades

GROUP SIZE: 30-45 children

DATES: By reservation only! September through November, March through June

TIME: 9:30 a.m. - 2:00 p.m (flexible with school schedules)

FEES: None for public schools (you may need to contribute to transportation costs). For private schools and organizations there will be a fee per child.

JR. LIFEGUARD PROGRAM

L.A.Co.F.D.

DESCRIPTION: A physically demanding program of swimming, running and paddling, including competitions; also teaching rescue techniques, C.P.R. and First Aid

FOR TRANSPORTATION INFORMATION FOR

JR. LIFEGUARDS: Please call 310.305.9587.

For Junior Lifeguard general information and financial aid, please call 310.305.9587.



SAILING

11-17 years old

DESCRIPTION: Beginning sailing instruction includes basic knowledge and terms, boat maintenance and rigging, knot tying, tacking, docking and introduction to ocean sailing. Students will be learning to sail on 14-foot Capri sailboats (with main sail and jib). Advanced sailing curriculum includes experience in 20-24 foot vessels, progressing to Lasers. Students must have their instructor's recommendation to register in the advanced class.

LOCATIONS: All sailing classes meet in Marina del Rey at Marina del Rey Boat House in Burton Chace Park

AGES: 11-17 years old

GROUP SIZE: Minimum of 6 students, maximum of 12 students with 1 Lifeguard instructor

SWIM REQ.: 100-yard pool swim test, completed in 2 minutes 20 seconds or less

DATES: Regular one-week sessions offered on varied weeks in June, July, August, December, and April. After school sail club offered September-October and April-May

TIMES: Regular classes 11:00 a.m.-3:30 p.m. After school sessions 3:30 p.m. - 6:00 p.m.

FEE: Please call 310.305.9587

DESCRIPTION: A 1-day recreational experience for organized youth groups such as elementary schools and recreation centers. The day highlights recreational activities available in Marina del Rey.

ACTIVITY LOCATIONS: Various

CURRICULUM: Marina Harbor tour (by boat). Group games, fishing, crafts projects. Afternoon recreation swim (swim suits must be worn).

AGES: 5-12 years old

GROUP SIZE: Minimum of 25 children; maximum of 45-50 children. *Youth Group must provide an adult chaperone/supervisor for every 10 children. Please have nametags on children (first names only) before arrival to the park. Bus transportation is provided to the Marina from parks or youth centers.

FEE: None (lunches provided by youth group or brought individually)

DATES: Weekdays only from the end of June to the middle of August. Available to elementary school groups September-November, February-May

TIME: 10 a.m. - 2:30 p.m.

(not including bus transportation time)

BY RESERVATION ONLY!

Please call 310.822.8530

DAY IN THE MARINA

5-12 years old

SAILING

DAY IN THE MARINA

FINANCIAL AID

Financial aid is available for qualified individuals for Surf Camp, Dolphin Camp, Sailing, Ocean-Sports Camp and Junior Lifeguards. Qualifications for financial aid are based on family annual income and the number of persons in the household. Please call **310.305.9587** to request a financial aid application.

You are required to submit a copy of your most recent Federal Tax Return for evaluation. It is important to apply early for financial aid; please allow sufficient time for processing to be completed at least three weeks prior to the start of a program.

TRANSPORTATION

Free transportation is available from many non-beach locations (outside a 15-mile radius) to several of the activity sessions. Van or bus transportation from East and South Los Angeles, San Fernando and San Gabriel Valleys may enable you (or your child) to attend a program. Please call **310.305.9587** for specific information.

Los Angeles County Department of Beaches and Harbors **W.A.T.E.R.** YOUTH PROGRAM

Providing an opportunity for youngsters to enjoy an ocean experience.

LOS ANGELES COUNTY BOARD OF SUPERVISORS

Gloria Molina
Mark Ridley-Thomas
Zev Yaroslavsky
Don Knabe
Michael D. Antonovich



Maintenance and management of 25 miles of public beach-as well as the operation of Marina del Rey-is the responsibility of the Department of Beaches and Harbors. General information may be obtained by calling **310.305.9503** or visit the Beaches and Harbors website at beaches.lacounty.gov



Official Bottled Water of the Los Angeles Beaches