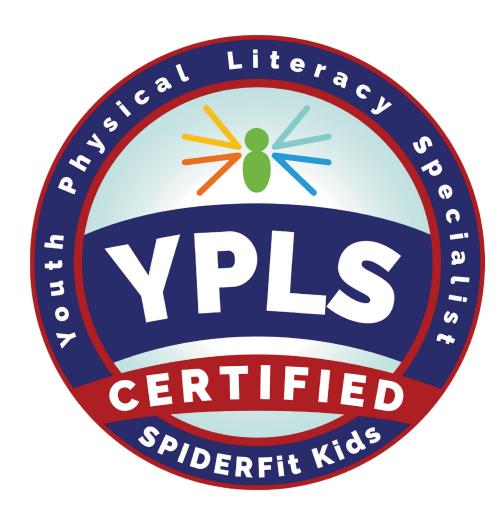
POWER FIT

WITH LULY RIVAS MITCHELL

- 6-WEEK PROGRAM
 MAY 18 JUNE 24
- DAYS: TUESDAYS + THURSDAY
- TIME: 4:00 5:00 PM
- RATE: \$180 FOR 6
 WEEKS OR \$15 PER
 CLASS
- AGES: 6 -8 YEARS OLD
- FREE DEMO CLASS ON THURSDAY, MAY 13

*SPACE IS LIMITED TO 15 KIDS





A fun, unique program designed to build your child's confidence and competence with a wide variety of physical skills needed to be active for the rest of their life.

This class combines childhood development research with active, imaginative, powerful play-based exercise circuits and activities designed to increase coordination, agility, and confidence in a positive, safe environment.

BURTON CHACE PARK

13650 MINDANAO WAY, MARINA DEL REY

TO REGISTER & PAY FOR CLASSES: EMAIL LULYRIVASMITCHELL@GMAIL.COM

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