SAILING CAMP: COVID-19 OPERATIONAL PROTOCOLS

INTRODUCTION / PURPOSE

Los Angeles County Lifeguards instruct youth in intermediate and advanced sailing courses to participants ranging from 11 to 17 years old. This sailing camp provides a review and evaluation of beginning skills, followed with instruction on extensive ocean sailing in the more advanced Laser sailboats. Class sizes normally range from 6 to 15 participants. Camp tentatively scheduled to begin July 20, 2020.

RESTRICTIONS

I. Limited course enrollment; maximum of 10 participants.

II. While pools remain closed and a swim test cannot be administered, camp enrollment is limited to returning participants who have previously passed a swim test and have participated in at least one week of beginning sailing.

III. Limit of two persons per instructional vessel, i.e., two youths, or one youth and one instructor.
   a. Any siblings or relatives residing in the same household will be paired together in one vessel.

IV. Applications and payments will be handled by E-mail via credit card and U.S. Postal mail via check, whenever possible. Cash payments to be handled in person by appointment only.

V. Instructors and participants to wear a face cover at all times when indoors, and when within 6-feet of another person outdoors.
   a. Participants will be required to bring two face coverings each day of camp. Instructors will have extras on hand in the event a child forgets or misplaces their face coverings.
VI. A health screening (questioner) to be performed at the start of each day on all instructors and participants, including a temperature screening, to check for symptoms of COVID-19
VII. Instructors and participants who are exhibiting signs of illness to be isolated and sent home.

OPERATIONAL PROTOCOLS

Check-in/drop off:
- Lifeguard instructors to complete a daily health screening, including a temperature check, to check for symptoms of COVID-19.
- Instructors to perform a daily health screening, including a temperature check, of participants upon arrival to check for symptoms of COVID-19. Conducted curbside, at drop off.
- Instructors to ensure participants have at least two face covers for the day.

Instruction:
- Participants to receive written instructional materials via email to print at home.
- Participants will be instructed on maintaining proper hygiene and infection prevention, i.e., hand washing, proper handling of face cover, avoid touching face, etc.
- Limited indoor classroom instruction. Modified seating configuration; one table and chair per student, placed 6-feet apart from each other.
- Majority of instruction to take place on the docks outdoors, under a canopies.
- Maximum of two persons per vessel. Youth participants to be paired with the same ship mate for the duration of camp. Siblings to be paired together.
- Youth participants to wipe down their own instructional vessel at end of each use.
- Youth participants to utilize the same personal floatation device throughout all days of camp.

Lunch & Restroom Breaks
- Youth participants required to wash hands before boarding vessels, and before/after lunch.
- Two youth participants, of same gender, allowed to enter the restroom at one time. Two occupants must use restroom stalls which are not side-by-side.

- Lunch break to be conducted outdoors where participants can space 6-feet apart.

- Instructors and participants to complete another health screening and temperature check after lunch time.

**Cleaning and Sanitizing**

- Instructors to wipe down with sanitizer tables, chairs, vessels and instructional items before and after each class.

- Hand Sanitizer to be provided and placed inside the classroom, under the outdoor canopies and on board all vessels.