



Los Angeles County Commission on Disabilities

*Kenneth Hahn Hall of Administration, B50
500 West Temple Street, Los Angeles California 90012
213-974-1053 (Direct): 213-633-5102 (Fax)
laccod@bos.lacounty.gov (Email) www.laccod.org (Website)
Celebrating 39 Years of Leadership & Advocacy*



MEMBERS

Janet A. Neal
President

Wendy Welt Narro
1st Vice President

John B. Troost
2nd Vice President

Winslow C. Reitnauer
Treasurer

Carlos Benavides
Wan Chun Chang
Edward A. Colley
Michael G. Gureckas
John R. James
Steve Miller
Hector Ochoa
Maria Mustelier-Parrish
Dee H. Pinchbeck
Peggy Reyna
Alexia Teran
Sheila D. Wright

Commission on Disabilities 2015-2016

Slate of Candidates

President

Carlos Benavides
Hector Ochoa

1st Vice President

Janet A. Neal
Hector Ochoa
Wendy Welt Narro

2nd Vice President

Janet A. Neal
John R. James
John Troost
Wendy Welt Narro

Treasurer

NONE

Per the Commission bylaws, the full slate in alphabetical order and copies of the Declaration of Candidacy of all persons nominated shall be sent to each member by certified mail, not less than one week prior to the next regular meeting, at which time the annual election shall take place. Above is the slate of candidates and attached are the Declaration of Candidacy forms for each candidate.

The election of officers for 2015-16 will take place on June 15, 2015 at 1:00 p.m., Room 374-A, Hall of Administration during the regularly scheduled Commission meeting.

Declaration of Candidacy for the 2015-2016 Term

TO: **NOMINATION COMMITTEE MEMBERS**

I Carlos Benavides would like to be considered as a candidate for the following office(s): (Can apply for more than 1 office, but will only be appointed to 1 seat.)

President 1st Vice President 2nd Vice President Treasurer

Activities since my appointment to the Commission:

- (a) Served as Committee Chair of Recreation Committee
- (b) Served on the following Committees: Events Committee
- (c) Represented the Commission as a speaker at workshops, conferences, etc.: Commissioner for Commission on Disabilities – 4th District Representative, Addressed L.A. County Commission on Disabilities Transportation issues. Collaborated with Access and Metro to bring practice busses to Rancho for patients to learn how to travel on public transportation safely. Sit on committee for Brain and Stroke Fair. Sit on DHWC Diabetes Clinic. Ambulatory Care Committee. Sit on Los Angeles County Arts Commission/Civic Art
- (d) General community activities during the past 10 years:
- (e) Chairman, for Patient Advisory Council at Rancho Los Amigos National Rehabilitation Center (RLANRC); Ambulatory Care Committee, Pain Management Committee, and KnowBarriers Peer Mentor at RLANRC

HAVEN Hospitals Against Violence Empowering Neighborhoods

committe meeting Headed by Saint Francis Hospital

Conduct monthly support groups at Precision Rehabilitaion Facility

(f) Additional information: C2-T1 Tetraplegic; Chairman of Pushrim (Life After Injury); Artist and Educator to persons with disabilities; Published Artist; volunteer for Media Services department at RLANRC; since being appointed to the Commission in 2014 I have not missed any meetings; advocated for persons with disabilities to the LA County Board of Supervisors; 2015 Rancho Los Amigos Foundation Amistad Recepiant; RLANRC volunteer with more than 10,500 hours of service; 2014 Volunteer of the Year for LA County

Signed: _____



Date: _____

May 13, 2015

Note: Please submit additional information on a separate sheet.

Declaration of Candidacy for the 2015-2016 Term

TO: NOMINATION COMMITTEE MEMBERS

I Hector Ochoa would like to be considered as a candidate for the following office(s): (Can apply for more than 1 office. Will be appointed to 1 seat.)

President 1st Vice President 2nd Vice President Treasurer

Activities since my appointment to the Commission:

(a) Served as Committee Chair of N/A

(b) Served on the following Committees:

N/A

(c) Represented the Commission as a speaker at workshops, conferences, etc.:

N/A

(d) General community activities during the past 10 years: Lead Organizer for ADAPT Los Angeles (emerging chapter of national grassroots organization) [2014-present]; Program Lead for Student Selection & On-Site Counselor for California Youth Leadership Forum for Students with Disabilities [2009 – present]

(e) Additional information: N/A

Signed:



Date: 05/11/2015

Note: Please submit additional information on a separate sheet.

Declaration of Candidacy for the 2015-2016 Term

TO: NOMINATION COMMITTEE MEMBERS

I Janet Neal would like to be considered as a candidate for the following office(s): (Can apply for more than 1 office. Will be appointed to 1 seat.)

- President
- 1st Vice President
- 2nd Vice President
- Treasurer

Activities since my appointment to the Commission:

(a) Served as Committee Chair of EVENTS, TRANSPORTATION, Executive Committee

(b) Served on the following Committees:

Events, Transportation, Executive, Ad Hoc

(c) Represented the Commission as a speaker at workshops, conferences,

etc.: LA HELP (Presenter); Host: Janita Plant LA + The Disability Network - at KTYM RADIO; LA City Council; NBC NEWS

Caltrans; Commission (City) on Disability; State Access Comm; Jeffrey Foundation

(d) General community activities during the past 10 years:

Member in good standing (2 absences) LACCOG; Hosting bi monthly live (captioned) Radio Show; Organizing all Commission events. Advocating for the general population of people with disabilities

(e) Additional information: Diagnosed with Ehlers-Danlos Syndrome 1981 + HIV in 2003

Trained in advocacy Crisis Intervention (1978) by Veterans administration, Served 10 years as original member of LA City Comm on Disability (first woman President).

Signed: Janet Neal

Date: 5/11/15

Note: Please submit additional information on a separate sheet.

Retired: Pre-School Teacher/Administrator; Concert ~~Piano~~ Pianist & Jeweler

Declaration of Candidacy for the 2015-2016 Term

TO: NOMINATION COMMITTEE MEMBERS

I Wendy Welt Narro would like to be considered as a candidate for the following office(s): (Can apply for more than 1 office. Will be appointed to 1 seat.)

President 1st Vice President 2nd Vice President Treasurer

Activities since my appointment to the Commission:

- (a) Served as Committee Chair of Housing, Executive, Events, Transportation
- (b) Served on the following Committees:
Housing, Executive, Events, Transportation
- (c) Represented the Commission as a speaker at workshops, conferences, etc.: I represent the Commission often at different events as their guest speaker at colleges, Attalied, and other social clubs and organizations
- (d) General community activities during the past 10 years:
Always helping anywhere I can with got kids? charity organization + Victory Outreach
- (e) Additional information: I have been a Commissioner since I was 19 yrs. old + now I'm 35. I'm a huge advocate for people with disabilities and help anyway I can!

Signed: Wendy Welt Narro

Date: 5/8/2015

Note: Please submit additional information on a separate sheet.

Declaration of Candidacy for the 2015-2016 Term

TO: NOMINATION COMMITTEE MEMBERS

I John R. James would like to be considered as a candidate for the following office(s): (Can apply for more than 1 office. Will be appointed to 1 seat.)

President 1st Vice President 2nd Vice President Treasurer

Activities since my appointment to the Commission:

- (a) Served as Committee Chair of Nomination Committee Twice
- (b) Served on the following Committees:
Los Angeles Pierce/Mission College Advisory Board related issues regarding Disabilities.
Former Committee of Education for Los Angeles city Commission of Disabilities.
- (c) Represented the Commission as a speaker at workshops, conferences,
etc.:
Los Angeles College Advisory Boards for Pierce and Mission Colleges. As well Los Angeles
City Commission of Disabilities. And Pierce College Academic Senate
- (d) General community activities during the past 10 years:
Former Commissioner to L.A. City Commission. Compliance Officer 504 (Rep for Colleges
) Faculty Association for Community Colleges, served as Rep on issues regarding Disabilities
- (e) Additional information: Created Martin Sheen/Michael Estevez Scholarship Fund
at CSULA

Signed: _____

05/11/15

Date: _____

Note: Please submit additional information on a separate sheet.

Declaration of Candidacy for the 2015-2016 Term

TO: NOMINATION COMMITTEE MEMBERS

I would like to be considered as a candidate for the following office(s):

President 1st Vice President 2nd Vice President Treasurer

Activities since my appointment to the Commission:

(a) Served as Committee Chair of Education Committee

(b) Served on the following Committees: Education Committee,

Executive Committee, IHSS Committee, Events Committee

(c) Represented the Commission as a speaker at workshops, conferences:

See Attached Resume'

(d) General community activities during the past 10 years: _____

See Attached Resume'

(e) Additional information: See Attached Resume'

Signed:

Date:

5/11/15

John B. Trost

John Bowden Troost
3650 Fairland Boulevard
Los Angeles, California 90043
(323) 291 9212
winnie_cody@att.net

EDUCATION: Master of Science in Education - School of Education - Special Education
University of Southern California 1982

THESIS TITLE: "A Model for In Depth Training of Care Providers for the Cerebral Palsied Who Want to Live Independently"

Bachelor of Science - School of Education - General Studies in Education
University of Southern California 1976

CREDENTIAL: California Community College Instructor Credential (Lifetime)

EXPERIENCE:

1989 – 1993 Los Angeles Trade Technical College, Los Angeles, California
Handicap Specialist / Work-Ability III Program Coordinator
Activity Supervisor for the Work-Ability III Program.

Assisted graduating, and Department of Rehabilitation clients, individually, with resume' preparation. Provided an open-entry-open-exit discussion class on job search techniques. Conducted and videotaped mock interviews so that students could critique themselves.

1987 – 1988 Educational Center for the Deaf/Independent Living Center, Los Angeles, California
Attendant Referral Specialist

Established a registry of Personal Care Attendants for new Independent Living Center. Contacted numbers of hospitals and various home health agencies within the Centers service area to locate persons with physical disabilities needing personal care assistance in their private homes.

1985 – 1987 Westside Opportunity Workshop for the Developmentally Disabled, Culver City, California
Pre-Vocational Counselor/Activities of Daily Living Instructor

Instructed and supervised developmentally disabled clients who were enrolled in a work activity day program.

1982 – 1984 Southeast Center for Independent Living, Downey, California
Coordinator of Attendant Services

Recruited through the use of Public Service Announcements: screened, trained and placed persons to work as Personal Care Attendants for severely disabled persons living independently at home. Participated in the Discharge Planning process at Rancho Los Amigos Medical Center. Assisted clients in applying for State supported In-Home Supportive Services funding. Averaged 15 placements per month.

1978 – 1980 National Information Center for Special Education Materials (NICSEM)
University of Southern California, Los Angeles, California
Editor

Abstracted information about special education instructional materials for inclusion into a nationwide data base. Assisted the Director in exploring new funding sources for the project which was located at the University.

COMMUNITY SERVICE:

2015 to Present Commissioner, Los Angeles County Commission on Disabilities, Los Angeles, California
Meets Monthly

Appointed by Supervisor Mark Ridley-Thomas, to represent the needs of persons with developmental disabilities living in Los Angeles County.

2012 to Present Board Member, ACCESS Services, Board of Directors

Appointed by the Los Angeles County Commission on Disabilities to represent their interests on ACCESS Services, Inc., Board of Directors.

1988 – 1989 Volunteer, Los Angeles Trade Technical College, Los Angeles, California
10 to 12 hours per week of Volunteer Service and eventually led to employment.

Assisted the Assistant Dean of Disabled Student Programs and Services with duties, such as budgeting, Payroll Activities, and writing grant proposals.

1995 to 2006 Member, Culver City Optimist Club, Culver City, California - Met Weekly

1992 to 2009 Commissioner, Los Angeles County Commission on Disabilities, Los Angeles, California
Meets Monthly

Appointed in 2007 by Supervisor Yvonne Brathwaite Burke to represent the needs of persons with developmental disabilities living in Los Angeles County.

1976 – 2007 Commissioner, Los Angeles County Commission on Disabilities, Los Angeles, California
Meets Monthly

Originally Appointed by Supervisor Kenneth Hahn to represent the needs of individuals with Developmental Disabilities living in Los Angeles County Commission Chair/President – 1981 – 1983, 2011 - 2013
Vice President – 1980, 2009, 2010, 2011, 2013, 2014, 2015

1985 - 2002 Member, Culver City Disability Advisory Committee, Culver City, California
Met alternate months

Appointed by the City Council, to represent the needs of persons with physical disabilities living in Culver City. Selected to represent the Disability Advisory Committee for two terms on the Community Development Block Grant Committee. Participated in the Committee's action that brought CBDG funding to Culver City to fund the construction of the new Culver City Senior Center. Received a City Commendation for my contributions to the City and to the disabled community.

1982 - 1984 Member, Ad-Hoc 504 Committee, Culver City, California
Met on an as needed basis

One of an eight-member committee appointed by the City Council to advise the City Council as to ways to meet Section 504 guidelines of the Rehabilitation Act of 1978. Assisted in the formation of the Office of Disability Services, within the city of Culver City. Received a City Commendation for effort spent on developing the first phase of the wheelchair ramp curb removal project.

1978 - 1979 USC Class Member, University Affiliated Program/Children's Hospital of Los Angeles
USC Course requirement

Attended multi-disciplinary seminars and full evaluation conferences which dealt with the development of Individual Program Plans of severely handicapped children.

FAMILY LIFE Live in the Unincorporated, part of Los Angeles County known as View Park, which is located in the Southwest portion of Los Angeles with my Wife, Evangeline, and my two Step-Children Arjie and Trixie.

REFERENCES: Available upon request File maintained at the University of Southern California Educational Placement Bureau