

MOTION BY SUPERVISOR DON KNABE

April 22, 2014

The Board of Supervisors assumes an active leadership role in annually proclaiming May as “Women’s Health Month.” The health and well-being of women is essential to the well-being of their families and communities. A major focus of the County’s Department of Public Health is devising strategies to reduce the impact of health inequities on low-income women and women of color, their families and communities, as well as, promoting the importance of a healthy lifestyle.

Women’s Health Month provides an opportunity to focus attention on the health issues of women and to encourage a healthy lifestyle by being active, healthy eating, not smoking, and getting regular checkups. Women can call the Department of Public Health’s Office of Women’s Health hotline, 1-800-793-8090 and receive a free heart disease risk assessment and uninsured low-income women may qualify for free pap tests and mammograms.

-M O R E-

MOTION

MOLINA \_\_\_\_\_

RIDLEY-THOMAS \_\_\_\_\_

YAROSLAVSKY \_\_\_\_\_

ANTONOVICH \_\_\_\_\_

KNABE \_\_\_\_\_

On Saturday, May 10, 2014, the day before Mother's Day, the Office of Women's Health is coordinating a combined Departments of Public Health and Health Services team for the Annual Revlon Run/Walk for Women, held at the Los Angeles Memorial Coliseum. County employees, their family and friends are invited to join or support the Departments' team.

Proceeds will support women's cancer research and programs in Los Angeles County. The participation of County employees in the Run/Walk for Women will be invaluable in showing support and help fight cancers that affect women in Los Angeles County.

THEREFORE, I MOVE that the Board of Supervisors:

- 1) Proclaim the month of May 2014, as "Women's Health Month."
- 2) Encourage County employees to participate in, and support women's health activities during May 2014, including the Revlon Run/Walk for Women.

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