NAMI WALKS LOS ANGELES COUNTY

The National Alliance on Mental Illness (NAMI) is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMIWalks is the organization's nationwide signature fundraising event that has become the largest and most successful mental health awareness and fundraising event in the country. NAMIWalks Los Angeles County will take place on Saturday, October 5, 2019 at the Grand Park Event Lawn.

This year, the local affiliates of NAMI Los Angeles County will celebrate the NAMIWalks sweet sixteen to commemorate the 16th anniversary of the event. The vigorous 5K walk will raise mental health awareness and serve as an inspiration to all those who have experienced or been affected by mental illness. All people who experience a mental illness should have the opportunity to live a meaningful life with appropriate support. With the funds raised at this annual event, NAMI pledges their commitment to providing no-cost support and education programs for families and individuals living with a mental illness. We encourage all County residents to join the movement towards mental health for all, and encourage participation in NAMIWalks Los Angeles County.

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	<u>MOTION</u>
SOLIS	
RIDLEY-THOMAS	
KUEHL	
BARGER	
HAHN	

I, THEREFORE, MOVE that the Board of Supervisors:

- 1. Proclaim Saturday, October 5th, 2019 as "NAMIWalks Day" throughout the County of Los Angeles and encourage employees and their families to participate in this event.
- Authorize the Department of Mental Health to conduct countywide fundraising activities and other special events in support of the 2019 "NAMIWalks" Los Angeles County Campaign from now through December 2019.
- 3. Authorize the Director of Personnel and Director of Internal Services to provide necessary support for the "NAMIWalks" Los Angeles County Campaign.
- 4. Encourage all County employees and Department/District Heads to voluntarily participate in the 2019 "NAMIWalks" Los Angeles County Campaign, in an effort to raise mental health awareness throughout the County.

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