

MOTION BY SUPERVISOR HILDA L. SOLIS

October 1, 2019

**Proclaiming October 2019 as National Physical Therapy Month**

The American Physical Therapy Association has designated October as National Physical Therapy Month to raise awareness and recognize the important contributions that are made by physical therapist (PT) practitioners to improve the health and well-being of individuals of all ages. PTs help improve individuals' function, fitness, and overall health. They help people optimize function by improving or restoring mobility, and they assist with reducing pain and treating other impairments. PTs have unique expertise in movement dysfunction and how to promote optimal neurologic and functional recovery. The Centers for Disease Control and Prevention (CDC) recommends physical therapy for safe pain management to avoid addictive opioids.

According to the American Physical Therapy Association, there are over 209,000 licensed PTs in the United States today. In the Los Angeles County health care delivery system, PTs and PT assistants serve our underserved and vulnerable residents within the Medical Therapy Program of Department of Public Health's Children's Medical Services, and in various Department of Health Services' facilities, including Rancho Los

MOTION

SOLIS \_\_\_\_\_

RIDLEY-THOMAS \_\_\_\_\_

KUEHL \_\_\_\_\_

BARGER \_\_\_\_\_

HAHN \_\_\_\_\_

Amigos National Rehabilitation Center, LAC+USC Medical Center, Olive View-UCLA Medical Center, Harbor-UCLA Medical Center, and Martin Luther King Jr. Outpatient Center. They are a crucial part of our care delivery model, helping residents get back on the road to recovery through science-driven approaches and evidence-based practices.

**I, THEREFORE, MOVE** that the Board of Supervisors proclaim the month of October 2019 as National Physical Therapy Month and acknowledge the critical role of the physical therapy practitioners across Los Angeles County to improve the health and well-being of our residents.

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CATEGORIES: (Please check  those that apply)

- 1. Child Welfare
- 2. Community and Youth Empowerment
- 3. County Services
- 4. Economic Justice
- 5. Economic and Workforce Development
- 6. Education
- 7. Environment
- 8. Fiscal
- 9. Governance
- 10. Health
- 11. Homelessness
- 12. Immigration
- 13. Public Safety
- 14. Social Justice and Human Rights
- 15. Technology and Data
- 16. Arts, Culture, and the Creative Economy
- 17. Legislation
- 18. Parks and Open Space
- 19. Planning/Land Use
- 20. Transportation
- 21. Veterans