

MOTION BY SUPERVISOR HILDA L. SOLIS

June 25, 2019

**Parks Make Life Better! Month**

Throughout the state of California, parks and recreation organizations will celebrate *Parks Make Life Better!* Month this July. In Los Angeles County, the Department of Parks and Recreation will celebrate by serving the wellness of our communities with 181 beautiful parks, 43 public swimming pools, 3 Lakes, 200 miles of multi-use trails, and 20 golf courses that provide the public with programs and recreation, to get outdoors and be more active and healthy. The 2019 summer programs lineup is comprised of aquatics, camps, the 10<sup>th</sup> anniversary of Parks After Dark, Our Spot, and leisure sessions and entertainment.

The availability of parks and recreational programs have significant public health benefits, including increased physical activity, reduced obesity, mitigated chronic disease, crime and violence prevention, improved mental health, and social interaction. Children, families, teens, and seniors are among the thousands of visitors who enjoy the safe environment and free or low-cost activities offered at County parks.

I, **THEREFORE, MOVE** that the Board of Supervisors of the County of Los Angeles hereby proclaims the month of July 2019 as *Parks Make Life Better!* Month and

MOTION

Solis \_\_\_\_\_

Ridley-Thomas \_\_\_\_\_

Kuehl \_\_\_\_\_

Barger \_\_\_\_\_

Hahn \_\_\_\_\_

commends the employees of the Los Angeles County Department of Parks and Recreation for their hard work and continuous commitment to providing quality recreational facilities and programs for all to enjoy.

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