Enhancing and Improving the Quality of Life of Older Adults in Los Angeles County

The Los Angeles region's older adult population (60+) is already larger than the older adult population of 41 states. This population is expected to double between 2010 and 2030, from roughly 1.8 million to nearly 3.6 million. Life expectancy is increasing and the older population is becoming more diverse than ever before.

To prepare for a rapidly aging population, the County and City of Los Angeles launched Purposeful Aging Los Angeles (PALA) in May 2016 to unite public and private leadership, resources, ideas and strategies to improve the lives of older adults and Angelenos of all ages. On August 7, 2018, the Board of Supervisors approved the PALA Age-Friendly Action Plan for the Los Angeles Region 2018-2021. This plan outlines 34 recommendations to enhance our region's age-friendliness across the eight domains of livability identified by the World Health Organization (WHO).

The livability domains include outdoor spaces and buildings, transportation, housing, social participation, respect and social inclusion, civic participation and

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employment, communication and information, and community and health services. The domains provide a comprehensive framework for localities to plan to influence the quality of life of older adults. The Age-Friendly Action Plan added emergency preparedness and resilience as a ninth domain.

On February 21, 2019, Assembly Member Rubio introduced Assembly Bill 1118, which would direct the State's Governor's Office of Planning and Research to update guidelines for city and county general plans to include elements of the WHO domains of livability, which align with the recommendations of the Board-approved Age-Friendly Action Plan for the Los Angeles region.

In addition, Governor Newsom highlighted in his State of the State Address the need to create a State "Master Plan for Aging" to address the growing senior population and the need for increased senior services. A long-term State Master Plan on Aging may serve as a blueprint for communities to build environments that meet the needs of the growing older adult population. On February 7, 2019, Senator Jackson introduced Senate Bill 228, which would require the Governor to establish a 13 Member Task Force to develop a State Master Plan on Aging.

Los Angeles County must play a lead role in shaping State efforts to prepare for a population that is aging more rapidly and living longer than ever before. As this demographic shift changes the face of our communities forever, leaders in and around Los Angeles have a chance to set a new standard of "age-friendliness" for regions with aging populations across the State and beyond.

I, THEREFORE MOVE that the Board of Supervisors:

1. Direct the Chief Executive Officer to send a five-signature letter to the Los

Angeles County Delegation to support Assembly Bill 1118 (Rubio), legislation that would direct the Governor's Office of Planning and Research to update quidelines that specifically address livability issues for older adults;

- 2. Direct the Legislative Advocates in Sacramento to support Senate Bill 228 (Jackson), legislation that would establish an Aging Task Force to develop the Master Plan on Aging, including sending a letter of support to Assembly Member Adrin Nazarian, the Chair of the Assembly on Aging and Long-Term Care Committee;
- 3. Direct the Workforce Development, Aging, and Community Services (WDACS), in coordination with the County's Sacramento Legislative Advocates, to engage with the Administration on the Governor's proposal for a Master Plan on Aging to share input or best practices related to the unique needs of the older adult population; and
- 4. Direct WDACS to engage the City of Los Angeles (City) Area Agency on Aging in consultation with the City's Chief Administrative Office and Mayor's Office of City Services to determine their recommendations to the Master Plan on Aging and coordinate outreach to the Governor's Administration related to the Master Plan on Aging.

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