

MOTION BY SUPERVISOR JANICE HAHN

March 5, 2019

Proclaiming March 2019 National Nutrition Month in LA County

National Nutrition Month is an annual education and information campaign to focus attention on the importance of making informed food choices and developing healthy eating and physical activity habits. The Los Angeles County Workforce Development, Aging and Community Services (WDACS) Area Agency on Aging and its Aging Network, which includes the Department of Public Health (DPH), are making a concerted effort to promote healthy eating and reduce hunger among low-income children, adults, and older adults in Los Angeles County. In Fiscal Year 2017-2018, the Area Agency on Aging provided over 2.2 million nutritious meals for older adults in Los Angeles County. Similarly, DPH contributed approximately 250 policy, systems, and environmental change projects to increase access and availability to healthier foods and opportunities for physical activity. The Area Agency on Aging and DPH have also provided and will continue to provide nutrition counseling and evidence-based nutrition education to help encourage children, adults, and older adults to adopt healthy eating and active living habits as routine strategies to reduce chronic disease risk.

MOTION

SOLIS _____

RIDLEY-THOMAS _____

KUEHL _____

BARGER _____

HAHN _____

I, THEREFORE MOVE that the Board of Supervisors declare the month of March 2019 as National Nutrition Month in Los Angeles County and encourage all County residents and interested groups to participate in activities that promote the importance of reducing hunger, making informed food choices and developing physical activity habits.

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JH:dg