

**MOTION BY SUPERVISOR HILDA L. SOLIS**

**November 7, 2018**

**Diabetes Awareness Month 2018**

Nationally, the prevalence of diabetes among adults has nearly tripled over the past 30 years. According to the most recent data by the CDC, 9.4 percent of the population in the U.S. has diabetes. In Los Angeles County alone, nearly 9.6 percent of LA County adults have been diagnosed with diabetes.

Prediabetes is also a major public health concern. One in three adults are estimated to have prediabetes in the U.S., with 90 percent of them not being aware they have this condition. In Los Angeles County more than two out of five adults are estimated to have prediabetes.

Current trends in diabetes and prediabetes are troubling because the health and financial burden associated with these conditions are significant. For example, diabetes increases an individual’s risk for heart disease, stroke, kidney disease, and blindness. Nationally, diabetes has been estimated to cost \$245 billion in 2012. In California, the total cost of diabetes was more than \$27 billion.

Increasing public awareness of diabetes and preventing this disease are important public health priorities that can help reduce the prevalence of diabetes and its related complications, improve life expectancy, and decrease healthcare-related costs.

- MORE -

MOTION

SOLIS	_____
RIDLEY-THOMAS	_____
HAHN	_____
BARGER	_____
KUEHL	_____

**I, THEREFORE MOVE** that the Board of Supervisors proclaim November 2018 as Diabetes Awareness Month, to increase awareness and prevention of diabetes and prediabetes in Los Angeles County.