

**MOTION BY SUPERVISOR MARK RIDLEY-THOMAS**

**MAY 29, 2018**

**Proclaim June 11 through 17, 2018 as Men’s Health Week**

Men’s Health Week is celebrated each year leading up to and including Father’s Day. The purpose of Men’s Health Week is to heighten awareness of preventable health problems and encourage early detection and treatment of disease among men and boys. Proclaiming this period as men’s health week gives health care providers, public policy makers, employers, and individuals an opportunity to encourage men and boys to seek regular medical advice and early treatment for diseases and injuries. Highlighted campaign topics include:

- Meatless Mondays, a national campaign to help Americans fight heart disease, stroke, diabetes, and cancer, four of the leading causes of death in America;
- Awareness of the issue of depression among men and boys;
- Campaigns, such as “Steppin’ to Health” and “Tune Up the Whole Man,” designed to encourage men to get a check-up and health screenings; and
- Community health events and screenings.

- MORE -

MOTION

SOLIS \_\_\_\_\_

RIDLEY-THOMAS \_\_\_\_\_

HAHN \_\_\_\_\_

BARGER \_\_\_\_\_

KUEHL \_\_\_\_\_

**MOTION BY SUPERVISOR MARK RIDLEY-THOMAS  
MAY 29, 2018  
PAGE 2**

**I THEREFORE MOVE THAT THE BOARD OF SUPERVISORS:**

1. Proclaim June 11 through 17, 2018 as Men's Health Week throughout Los Angeles County; and
2. Encourage all County employees to wear blue to work on "Wear Blue Friday" on June 15, 2018, to raise awareness about the importance of male health and to encourage men to be proactive in their wellness, so that they may live longer and healthier lives.

**###**

(MH)