

MOTION BY SUPERVISOR SHEILA KUEHL

October 31, 2017

**Complex Regional Pain Syndrome Awareness Day**

Complex Regional Pain Syndrome (CRPS) is a rare disorder that causes chronic pain. It most often affects one limb (arm, leg, hand, or foot) usually after an injury, surgery, stroke or heart attack and is believed to be caused by damage to, or malfunction of, the peripheral and central nervous systems. The pain is out of proportion to the severity of the initial injury. It ranks as the most painful condition, on the McGill pain scale, ranking above unprepared childbirth, amputation and non-terminal cancer. The symptoms of CRPS include chronic burning pain, allodynia, swelling, and dramatic changes in color and skin temperature in the affected body part(s).

While CRPS was first identified during the Civil War, it still remains a poorly, misunderstood condition with no cure. CRPS symptoms vary in severity and duration, although some cases are mild and eventually go away. In more severe cases, individuals may not recover and may have long-term disability. CRPS effects about 200,000 people in the Country and is more common in women, but can occur in anyone

**MOTION**

Solis \_\_\_\_\_

Kuehl \_\_\_\_\_

Hahn \_\_\_\_\_

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Ridley-Thomas \_\_\_\_\_

at any age, with a peak at age 40. CRPS is rare in the elderly. Very few children under age 10 and almost no children under age 5 are affected.

On November 6, 2017, the CRPS Community will join together and spread global awareness by celebrating the fourth annual CRPS Awareness Day/Color the World Orange.

**I, THEREFORE, MOVE** that the Board of Supervisors proclaim November 6, 2017, as “Complex Regional Pain Syndrome Awareness Day”.

ES: Complex Regional Pain Syndrome Awareness Day