

MOTION BY SUPERVISOR JANICE HAHN

July 11, 2017

The 2017 Making Strides Against Breast Cancer Los Angeles event is a non-competitive indoor walk and fitness activity to support breast cancer research and provide comprehensive support for breast cancer patients and families, as well as education and prevention efforts toward reducing breast cancer risk, such as early detection.

The annual Making Strides LA walk, hosted by the American Cancer Society, is an opportunity for people to improve their health by participating in a variety of fitness activities, as well as raise funds to help in the fight against breast cancer. In LA County, breast cancer is the second-leading cause of premature death among women, and it is expected that more than 6,000 cases of breast cancer will be diagnosed this year.

The Making Strides LA walk will be held this year on Saturday, October 21, 2017, at the LA Convention Center, West Hall A. There is no registration fee for this event.

The Office of Women’s Health - Los Angeles County Department of Public Health is coordinating an LA County Making Strides team for the third year. Several County departments will join this year’s event and County departments’ wellness coordinators will be asked to disseminate information and encourage colleagues to support and participate in this event.

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MOTION

SOLIS _____

KUEHL _____

HAHN _____

BARGER _____

RIDLEY-THOMAS _____

Because so many of us have been touched by breast cancer in our families and circles of friends, and because the American Cancer Society's Making Strides Against Breast Cancer Los Angeles walk supports the goals of this Board to improve the health of all County residents by encouraging physical exercise and healthy living,

I, THEREFORE, MOVE that the Board of Supervisors take the following actions:

1. Direct every County department to support the Making Strides Against Breast Cancer Los Angeles event on Saturday, October 21, 2017, by registering and supporting fundraising efforts; and
2. Direct the County Departments' Public Information Officers to promote and distribute materials related to Making Strides Against Breast Cancer Los Angeles event; and
3. Direct all County Departments' wellness coordinators to promote the 2017 Making Strides Against Breast Cancer Los Angeles event and encourage colleagues to participate and support it; and
4. Proclaim the month of October as "Breast Cancer Awareness Month" to encourage women to follow recommended guidelines for breast cancer screening and follow-up; know their family history of breast cancer; maintain a healthy weight; eat a healthy diet rich in vegetables, fruits, and whole grains; make time to be physically active every day with their children, partner, pet, friends, or on their own; and limit alcohol consumption.

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