



MINUTES OF THE BOARD OF SUPERVISORS  
COUNTY OF LOS ANGELES, STATE OF CALIFORNIA

Violet Varona-Lukens, Executive Officer  
Clerk of the Board of Supervisors  
383 Kenneth Hahn Hall of Administration  
Los Angeles, California 90012

Director of Parks and Recreation

At its meeting held March 23, 2004, the Board took the following action:

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Supervisor Knabe made the following statement:

“Los Angeles County and the Department of Parks and Recreation have a strong interest in providing an environment conducive to the health of children, which leads to better school attendance, improved behavior, lower incidence of illness, and increased attention, creativity and academic achievement.

“Epidemic proportions of childhood obesity are now prevalent throughout the County, with a two-fold increase over the past two decades and a three-fold increase in adolescent obesity, necessitating preventive measures be established to educate youth about how obesity can lead to heart disease, diabetes, cancer death and overall chronic diseases.

“Health and nutrition education and physical fitness are essential to all members of the family. Research confirms that prevention programs offer significant benefit to the populations at large, and many County park facilities can be used to provide programs to help with this essential public education. It is through the implementation of fun physical fitness programs and by learning proper eating habits that we can achieve this goal.

“In recognizing April as Healthy Parks Month, Los Angeles County joins the Director of Parks and Recreation in encouraging all incorporated cities in Los Angeles County and other concerned nonprofit agencies to participate in this Countywide effort.”

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Therefore, on motion of Supervisor Knabe, seconded by Supervisor Antonovich, unanimously carried (Supervisor Molina being absent), the Board proclaimed April 2004, as "Healthy Parks Month" throughout Los Angeles County.

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Copies distributed:

- Each Supervisor
- Chief Administrative Officer
- County Counsel
- Director of Health Services
- Superintendent of Schools