

## Los Angeles County Health Agency





### Alexander Li, MD Deputy Director, Linkages and Systems Integration LA County Health Agency April 20, 2016

Los Angeles County Health Agency Mission Statement

The mission of the Los Angeles County Health Agency is to improve health and wellness across Los Angeles County through effective, integrated, comprehensive, culturally appropriate services, programs, and policies that promote healthy people living in healthy communities

## DEPARTMENT OF HEALTH SERVICES (DHS)

- Second largest municipal health system in the U.S.
  - 4 hospitals (2 level 1 trauma centers)
  - 19 outpatient clinics
  - 1 nursing school
  - Emergency Medical Services (ambulance services).
- Academic partnership with UCLA and USC Schools of Medicine for services and training of new doctors, NPs and PAs.
- Collaboration/contracts with over 50 Federally Qualified Health Centers for primary care for the uninsured.
- 19,000 county staff and around 4,000 contractors
- Operating budget of \$4 billion.
- Serves around 600,000 unique pts and around 3 million outpatient visits.



## DEPARTMENT OF MENTAL HEALTH (DMH)

- Largest mental health system in the U.S.
- Staff and contractor model
- Is the L.A. County Medicaid Managed Care Plan for all Medi-Cal beneficiaries and uninsured in L.A. County for severely mental health diagnosis
- Exclusive provider for L.A. County Children and Family Services, Probation, Sheriff and Social Services.
- Operating budget of \$2 billion
- Serves around 260,000 unique pts



## DEPARTMENT OF PUBLIC HEALTH (DPH)

- Mission: Serves to protect all of the residents in L.A. County.
- 39 distinct programs
  - Direct services such as vaccine and tuberculosis treatment.
  - Environmental Health (safe water and food supply, restaurant safety and inspections etc...)
  - Investigation of public health threats and outbreak
  - Administrator for HIV Program
  - Substance Abuse Prevention and Control program for Medi-Cal beneficiaries and uninsured individuals.
- Operating budget of \$1 billion



## **HISTORY & CONTEXT**

Pre-1972 DHS, DMH and DPH were separate <u>departments</u>

#### 1972-1978

DHS, DMH and DPH merged into one department (Department of Health Services) 1978

DMH becomes an independent department

(DHS hospital inpatient and emergency psychiatric services continues to be managed by DHS)

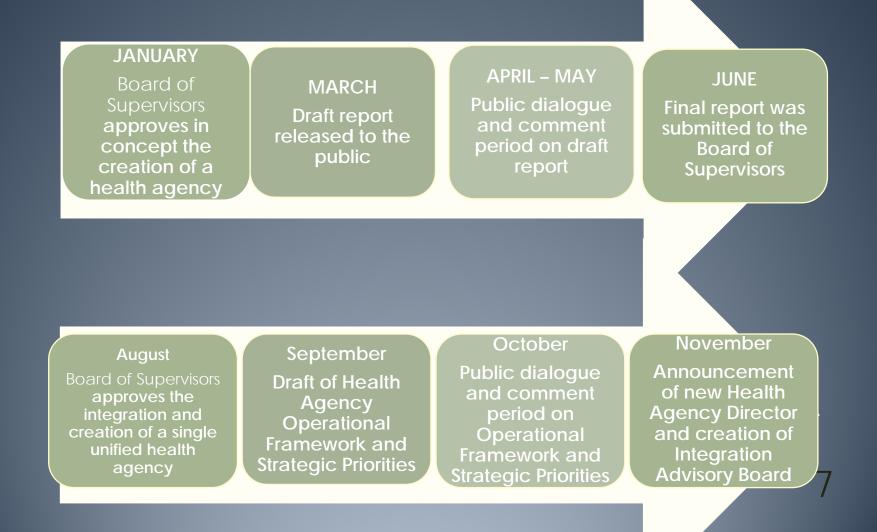
#### 2006

DPH becomes independent from DHS (Some clinics were aligned with DHS and some DPH)

#### Factors that Shaped the Decisions

- Unstable leadership
  - Experience with the different disciplines (public, physical and mental health)
- Competing program and budget
- Different Mission and population

## 2015 TIMELINE & PROCESS



### Health Agency Workgroups

Eight (8) strategic priority workgroups established:

- 1. Consumer Access and Experience
- 2. Housing and Supportive Services for Homeless Consumers
- 3. Overcrowding of Psychiatric Emergency Departments
- 4. Culturally and Linguistically Competent Programs
- 5. Diversion of Corrections-Involved Individuals to Community-Based Programs and Services
- 6. Expanded Substance Use Disorder Benefit
- 7. Vulnerable Children and Transitional Age Youth
- 8. Chronic Disease and Injury Prevention

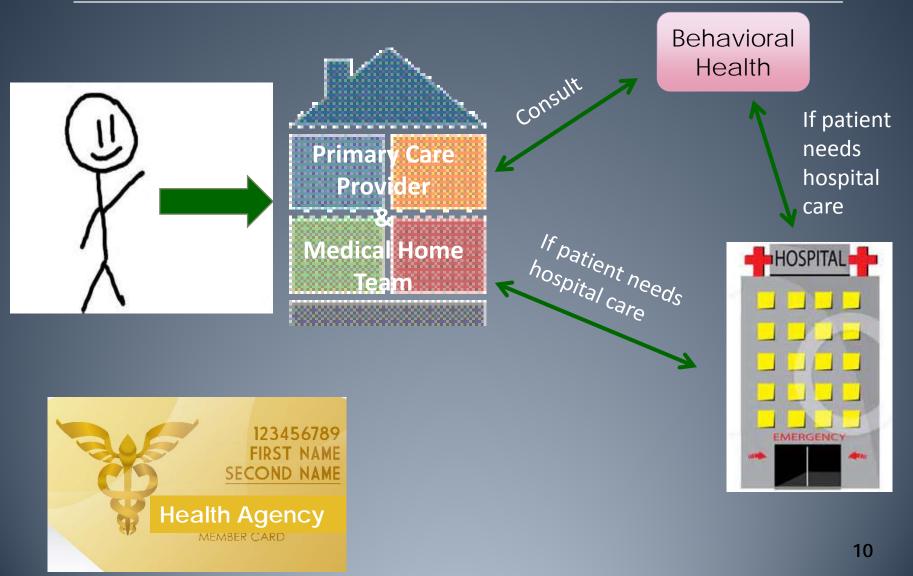
## Overall Strategy : Health Agency Quadruple Aim DHS + DMH + DPH

### More Care

Improve Patient and Population Experience

Same or Better Quality

Same or Lower Budget Health Agency Integrated Care for with Behavioral Health Problem Consumer Access and Experience



### **Consumer Access and Experience**

Roybal Comprehensive Health Center's Diabetes Group Visit Program DHS and DMH Staff Working Together



### Housing and Supportive Services for Homeless Consumers

### **Inventoried Housing Slots for the 3 Departments**

General Bed Type Description	Number*
Post Acute/High Intensity	1,262
Shorter-Term Bridge	1,535
Longer-Term Bridge	1,145
Permanent	4,809
Grand Total	8,751



**Star Apartments** 

#### \*As of January 27, 2016

### Housing and Supportive Services for Homeless Consumers



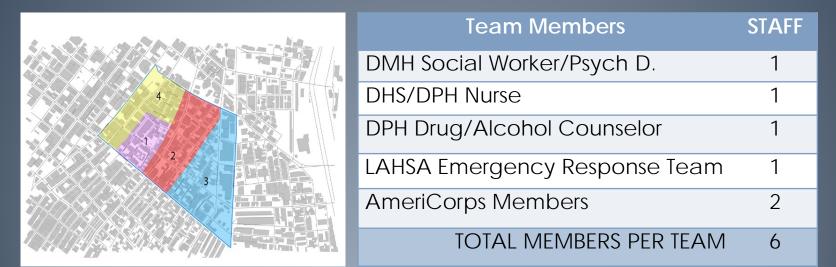
Next step is to create "one point of entry" that can identify and authorize the best available housing option

### Housing and Supportive Services for the Homeless

County+City+Community (C<sup>3</sup>) Team

- Skid Row engagement began on January 4, 2016
- The C<sup>3</sup> program has 4 teams and provides consistent streetbased engagement with homeless individuals 5 days/week

### C<sup>3</sup> Skid Row Quadrants and Team Composition



Team has assigned 35 people to permanent housing.

### Overcrowding of Psychiatric Emergency Departments

# Mental Health Urgent Care Centers reduce the need to go to psychiatric emergency rooms

- Exodus Recovery Eastside
- Exodus Foundation MLK
- DMH-DHS Olive View UCC
- Telecare Mental Health Urgent Care Center
- Exodus Recovery Westside



Westside UCC

### Access to Culturally and Linguistically Competent Services

• Created a SharePoint website to share and maintain resources

Next Steps:

- Identify program similarities and regulatory needs
- Explore possible tri-Department contracts
- Share trainings to meet common cultural and linguistic needs



### **Expanded Substance Use Disorder Benefit**

- Provide sober living programs as an optional benefit under the Drug Medi-Cal waiver
- DMH staff to train DHS on substance use screening
- DPH staff to train DHS and DMH staff on referring patients with substance abuse issues
- DPH plans to assist DMH, DHS, and community clinics to become Drug Medi-Cal certified and provide treatment services



### Vulnerable Children and Transitional Age Youth

Medical Hubs serve as a main entry point for high need youth, Transitional Age Youth (TAY), Commercially Sexually Exploited Children (CSEC), and LGBT.

- 1. LAC+USC VIP Hub
- 2. East San Gabriel Valley Hub
- 3. MLK Hub
- 4. Harbor-UCLA Hub
- 5. Olive View-UCLA Hub
- 6. High Desert Hub
- 7. Children's Hospital LA Hub

All Hubs will have mental health staff.



### **Vulnerable Children and Transitional Age Youth**

#### Next steps:

- Coordinate assessments, treatment and referrals
- Integrate substance use prevention and treatment services
- Share information through eMHub and through EHRs.



East San Gabriel Valley Hub

### **Chronic Disease and Injury Prevention**

Expand Youth Violence Programs

 DHS has shifted \$685,000 Trauma (Measure M) funding to DPH to expand the Parks after Dark Program.



**Expand Disease Prevention Programs** 

- DPH received federal funding to train DHS and Community Partner clinics on the Diabetes Prevention Program.
- DPH will train DHS and DMH providers on best practices for tobacco cessation.

### Staff Engagement Efforts

- Met with over 10 community organizations and County commissions
- March 2, 2016. First Health Agency Town Hall
- Mitch Katz (Health Agency and DHS), Robin Kay (DMH), Cindy Harding (DPH) and 5 union partners: American Federation of Sate, County and Municipal Employees (AFSME), International Brotherhood of Electrical Workers (IBEW), Service Employees International Union (SEIU), Union of American Physicians and Dentists (UAPD)
- Broadcasted to 189 sites/portals.
- Town hall was recorded and available online





# We have just started, there is tremendous support, and momentum to succeed.