INVESTMENT IN MENTAL HEALTH

Los Angeles County Sheriff’s Department
A Tradition of Service Since 1850
INVESTMENT IN MENTAL HEALTH COMMITTEE

- Formed in December 2014

- Department Members
  - Patrol Divisions
  - Special Operations Division
  - Countywide Services Division
  - Transit Policing Division
  - Custody Division
  - Training Bureau

- Stakeholders
  - Department of Mental Health
  - National Alliance on Mental Illness
  - Office of the Inspector General
## FINDINGS

<table>
<thead>
<tr>
<th>YEAR</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
<th>2014</th>
<th>2015</th>
<th>5-YEAR PERCENT CHANGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>MENTAL HEALTH CALLS</td>
<td>11,660</td>
<td>12,016</td>
<td>13,545</td>
<td>15,315</td>
<td>16,594</td>
<td>18,061</td>
<td>54.9%</td>
</tr>
<tr>
<td>ALL CALLS</td>
<td>1,051,678</td>
<td>1,010,569</td>
<td>1,034,929</td>
<td>1,032,712</td>
<td>1,054,587</td>
<td>1,116,424</td>
<td>6.2%</td>
</tr>
</tbody>
</table>
FINDINGS

- Mental Health Training
- Response Protocols and Responsibilities
- Community Outreach
- Data Collection and Tracking
- Mental Evaluation Teams
GOALS

- Interaction with Mentally Ill Persons
- Law Enforcement Services
- Use of Force Incidents
- Civil Liability
CALLS FOR SERVICE INVOLVING ALLEGED MENTALLY ILL PERSONS

PURPOSE

The purpose of this directive is to establish policy and procedures for responding to and handling calls for service involving persons who may be mentally ill, while minimizing use of force incidents.

The Lanterman-Petris-Short (LPS) Act, found in Sections 5000-5550 of the Welfare and Institutions Code (WIC), deals with involuntary treatment for mentally disordered persons. The LPS Act provides for the involuntary treatment of those persons who are mentally ill to such an extent that they pose a danger to themselves or society but have not committed a criminal offense. Since there is no underlying criminal offense, the state is functioning in the role of “Parens Patriae” (sovereign power of guardianship over persons with a disability).
MENTAL HEALTH RESOURCE GUIDE

Law enforcement agencies around the nation, including LASD, have developed training on ways to deal with individuals with mental illness. Tips from that training include:

- Speak calmly and quietly.
- Keep a reasonable distance. Remember your personal safety.
- Do not take the individual's strong language personally.
- Respond to rage with quiet reassurance. Slow down the pace.
- Be willing to repeat yourself.
- Listen carefully and do not interrupt. Be respectful.
- Do not challenge the individual. Make no sudden moves.
- Do not try to hurry the resolution.
- Be patient and take your time.

Have Time, Go Online-Visit
www.HealthyCity.org

Hours: Online, anytime
Referrals specific to your zip code

LASD Cares

Need Help with Mental Illness?

Los Angeles County
Sheriff's Department
211 West Temple Street
Los Angeles, CA 90012
www.lasd.org

Rev. 01/17

Pocket Planner
Dealing With Mental Illness
### CAD & LARCIS USE (4 NEW)

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>461</td>
<td>Person(s) Mentally Ill—5150 Hold Placed</td>
</tr>
<tr>
<td>462</td>
<td>Person(s) Mentally Ill - Escapee</td>
</tr>
<tr>
<td>463</td>
<td>Person(s) Mentally Ill — Self Admitted</td>
</tr>
<tr>
<td>464</td>
<td>Person(s) Mentally Ill — Mental Health Unit Deferral (UCC)</td>
</tr>
<tr>
<td>466</td>
<td>Person(s) Mentally Ill — Case Management (MET Use)</td>
</tr>
<tr>
<td>467</td>
<td>Person(s) with Mental Illness — Threat Assessment</td>
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</table>

### CAD USE ONLY (11 NEW)

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>788</td>
<td>Assist Department of Mental Health (Incl. PMRT &amp; PET Team Assistance)</td>
</tr>
<tr>
<td>890*</td>
<td>Contact Made: Person(s) With No Indication of Mental Illness</td>
</tr>
<tr>
<td>891*</td>
<td>Contact Made: Person(s) With Indication of Mental Illness</td>
</tr>
<tr>
<td>892*</td>
<td>Arrest: Person(s) With No Indication of Mental Illness</td>
</tr>
<tr>
<td>893*</td>
<td>Arrest: Person(s) With Indication of Mental Illness</td>
</tr>
<tr>
<td>894*</td>
<td>Unable to Locate Person(s) With Alleged Mental Illness</td>
</tr>
<tr>
<td>895</td>
<td>Consultation with Mental Evaluation Team</td>
</tr>
<tr>
<td>896</td>
<td>Notification made to Mental Evaluation Team</td>
</tr>
<tr>
<td>897</td>
<td>Mental Evaluation Team Was Unavailable</td>
</tr>
<tr>
<td>898</td>
<td>Contact Made: Indication(s) of Homelessness</td>
</tr>
<tr>
<td>899</td>
<td>Arrest: Person(s) with Indication(s) of Homelessness</td>
</tr>
</tbody>
</table>
MENTAL EVALUATION TEAMS
MENTAL HEALTH TRAINING

Lieutenant Robert Lewis
Training Bureau
2012 – 2016
Initiative to develop and implement training courses dealing with mental health and person(s) involved in crisis.

- 3 hour DVD introductory to Mental Health
- 8 hour “Mental Health Awareness Training (MHAT)
- 8 hour “Mental Health Update for Field Training Officers”
TRAINING

- 32 hour De-Escalation and Verbal Resolution Training (DeVRT) for the custodial setting

- 32 hour “LASD-CIT” Crisis Intervention Training Program for first responders

- Increased training hours for the Basic Training Academy for recruits – “Persons with Disabilities” Learning Domain
TRAINED PERSONNEL:
- 3 hour video
  - 91% of patrol trained (4,478 personnel, all ranks including supervisors)
- 8 hour Mental Health Awareness Training (MHAT)
  - 489 (2015)
  - 495 (2016)
- 8 hour Mental Health Update for Field Training Officers
  - 271 out of 292 total MFTO and FTO’s
32 hour De-Escalation and Verbal Resolution Training (DeVRT)
- 1771 Deputy Sheriff - 95 Custody Assistant - 32 Sergeants (1898)

32 hour LASD CIT Crisis Intervention Training
- 2016 - 2017
  - 221 trained year to date
  - 608 by July 1 2017
TRAINING

• Field Operations Directive:

  FOD #16-003
  CALLS FOR SERVICE INVOLVING ALLEGED MENTALLY ILL PERSONS

  • Department Implementation on August 26, 2016
  • Review, instruction and discussion is provided throughout multiple Training Courses.

• Future Goals:

  • 6 Year projected completion of CIT training class to Field Operations
  • Implement 16 Hour update course for personnel who have DeVRT training and are transitioning to Patrol.
MENTAL HEALTH RESOURCE GUIDE

- LASDCares
- Framework
- Purpose
- Access to and Distribution
1. Life Threatening Emergency - Dial 9-1-1

Call 24 hours a day in case of an extreme emergency if you, your loved one and/or the public are facing an imminent threat.

2. Urgent Questions - call the DMH ACCESS Center (800) 854-7771

Call: 24 hours a day

If you need help with a situation that seems to be getting worse, but hasn’t turned into an emergency, call the DMH Access Center. They will discuss resources and if necessary, may send a Psychiatric Mobile Response team to your location to help evaluate the situation. However, the Response Team won’t come out right away, it may take a few hours, so if the situation changes to an emergency, dial 911 immediately.

3. Start a Caregiver Plan - Dial 2-1-1

Call: 24 hours a day

211 LA County provides access to comprehensive social services and disaster support for Los Angeles County residents. They work closely with the DMH ACCESS Center on mental health resources. They can help you with questions about your loved one’s behavior such as suicidal thoughts, hallucinations, or what to do when your loved one becomes gravely disabled. After a series of telephone prompts, you will speak to a live person.

4. Who Qualifies for a ’5150’ Hold?

Under certain circumstances, officers can place your loved one on a 5150 Hold. This means a mentally ill person is held for at least 72-hours at a hospital while being evaluated. This can only be done when (1) the individual presents a danger to himself or others, or (2) a person is so disabled that he or she cannot take care of daily life activities (for example, has stopped eating for days and won’t come out of the bedroom). However, this is a very difficult standard to meet. In most cases, the LASD cannot take your loved one to a hospital against his or her will.

5. Crisis Lines:

Suicide Prevention and Survivor Hotline: (24 hours/7 days)

Calling from Los Angeles, Orange, Ventura, San Bernardino, Riverside and Imperial Counties:
- English: 877-727-4747
- Spanish: 888-628-9454

Calling from outside the above counties:
- (310) 391-1253

Substance Abuse Hotline:
(800) 554-5600

Veterans Services:
(877) 452-8387

National Alliance on Mental Illness (NAMI):
(800) 950-NAMI (6254)
www.nami.org

Los Angeles Gay and Lesbian Center:
(323) 993-7400
Lieutenant John Gannon
Mental Evaluation Team
ACTIVATING THE MET

1st Responders

2nd Responders
DIVERSION
44 Cities + Uninc.

4,751 sq. mi.

500,000+ mentally ill

150,000+ classified as “serious”

MENTAL EVALUATION TEAM

Resident Population in Los Angeles County, CA (CALOSA7POP)
Source: U.S. Department of Commerce: Census Bureau

Shaded areas indicate US recessions.
2013 research.stlouisfed.org
L.A. County supervisors vote to expand sheriff's mental health teams
# MENTAL ILLNESS “HOLDS”

## 2015 Report Data (LARCIS)

<table>
<thead>
<tr>
<th>LASD HANDLING WIC § 5150</th>
<th>% of Patrol Area Population Served by the LASD</th>
<th>2015 WIC § 5150</th>
<th>% 5150’s</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central Patrol Division</td>
<td>22%</td>
<td>537</td>
<td>14%</td>
</tr>
<tr>
<td>South Patrol Division</td>
<td>27%</td>
<td>797</td>
<td>21%</td>
</tr>
<tr>
<td>East Patrol Division</td>
<td>23%</td>
<td>708</td>
<td>18%</td>
</tr>
<tr>
<td>North Patrol Division</td>
<td>27%</td>
<td>1,832</td>
<td>47%</td>
</tr>
<tr>
<td>Antelope Valley (4)</td>
<td>13%</td>
<td>1,116</td>
<td>29%</td>
</tr>
<tr>
<td>Santa Clarita (1)</td>
<td>10%</td>
<td>528</td>
<td>14%</td>
</tr>
<tr>
<td>All Patrol Divisions</td>
<td>100%</td>
<td>3,874</td>
<td></td>
</tr>
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</table>
## CONFIRMED MENTAL ILLNESS CASES

<table>
<thead>
<tr>
<th>LASD HANDLING WIC § 5150</th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
<th>2-yr Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central Patrol Division</td>
<td>570</td>
<td>537</td>
<td>575</td>
<td>1%</td>
</tr>
<tr>
<td>South Patrol Division</td>
<td>740</td>
<td>797</td>
<td>955</td>
<td>29%</td>
</tr>
<tr>
<td>Cerritos (2)</td>
<td>44</td>
<td>81</td>
<td>74</td>
<td>68%</td>
</tr>
<tr>
<td>Norwalk</td>
<td>137</td>
<td>187</td>
<td>252</td>
<td>84%</td>
</tr>
<tr>
<td>Lakewood</td>
<td>239</td>
<td>253</td>
<td>323</td>
<td>35%</td>
</tr>
<tr>
<td>East Patrol Division</td>
<td>695</td>
<td>708</td>
<td>796</td>
<td>15%</td>
</tr>
<tr>
<td>Temple (3)</td>
<td>239</td>
<td>231</td>
<td>264</td>
<td>10%</td>
</tr>
<tr>
<td>Industry</td>
<td>175</td>
<td>196</td>
<td>185</td>
<td>6%</td>
</tr>
<tr>
<td>Walnut</td>
<td>84</td>
<td>104</td>
<td>139</td>
<td>65%</td>
</tr>
<tr>
<td>North Patrol Division</td>
<td>1,838</td>
<td>1,832</td>
<td>1,610</td>
<td>-12%</td>
</tr>
<tr>
<td>Antelope Valley (4)</td>
<td>1,111</td>
<td>1,116</td>
<td>940</td>
<td>-15%</td>
</tr>
<tr>
<td>Santa Clarita (1)</td>
<td>545</td>
<td>528</td>
<td>426</td>
<td>-22%</td>
</tr>
<tr>
<td>Lost Hills/Malibu</td>
<td>128</td>
<td>127</td>
<td>153</td>
<td>20%</td>
</tr>
<tr>
<td>West Hollywood</td>
<td>54</td>
<td>61</td>
<td>91</td>
<td>69%</td>
</tr>
<tr>
<td>All Patrol Divisions</td>
<td>3,843</td>
<td>3,874</td>
<td>3,936</td>
<td>2.4%</td>
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</table>
§ 5150 WIC Hold by Day of the Week
DEPARTMENT OF MENTAL HEALTH

Acting Deputy Director Miriam Brown
Department of Mental Health
QUESTIONS

Los Angeles County Sheriff’s Department
A Tradition of Service Since 1850
MENTAL EVALUATION TEAM
DEPARTMENT OF MENTAL HEALTH
AND LOS ANGELES SHERIFF DEPARTMENT
The LASD/DMH Mental Evaluation Team (MET) pairs a mental health clinician with a law enforcement officer on a full-time basis. The program was the first program of its kind in the nation, established for the purpose of responding to 911 calls involving a psychiatric crisis or a critical incident.

The program was developed in pilot form in October 1991. Based on the success of the pilot the Board of Supervisors approved funding in July 1992 for 4 field teams and 1 supervisory team. DMH and LASD then developed a 40-hour cross training for the clinicians and deputies to better understand the nexus between the different organizational cultures and the populations they serve.

The first night of MET service was January 31, 1993.
The purpose of the Mental Evaluation Team is to provide compassionate field intervention and appropriate placement in situations involving deputy contacts with mentally–ill citizens of Los Angeles County.
MET MISSION

- The mission of the MET is to provide a rapid and compassionate response at the time and place the crisis is occurring.
- Avoid hospitalizations and/or arrests whenever possible.
- Decompress County emergency rooms and jails by getting the person to the appropriate care as quickly as possible.
- De-escalate violent confrontations between law enforcement and persons with mental illness.
Collaboration

Los Angeles County Department of Mental Health and the Los Angeles Sheriff Department have joined forces to develop the Mental Evaluation Team (MET). MET is a co-response model to respond to 911 calls or requests from field patrol officers to assist with calls for service regarding mentally-ill persons. Each team consists of one officer and one mental health clinician.
Collaboration (Cont.)

The teams have been specially trained to identify individuals suffering from mental illness, provide crisis evaluations and when necessary, locate appropriate placement or resources. Combining these two entities in a shared mission has created a unit with expertise and valuable resources dedicated to assisting individuals dealing with mental health issues and problems.
Essential Elements

- Collaborative Planning and Implementation
- Program Design
- Specialized Training
- Call-taker and Dispatcher Protocols
- Stabilization, Observation, and Disposition
- Transportation and Custodial Transfer
- Information, Exchange, and Confidentiality
- Treatment, Support and Services
- Organizational Support
- Program Evaluation and Sustainability
GOALS

- Assist field deputies by evaluating mentally ill persons
- Responding to calls involving mentally ill persons to defuse potentially volatile situations
- Assist field units by assuming responsibility of the patient in a less confrontational way
- Reduce incarceration of mentally ill persons
- Manage risk for consumer involved in jumper, barricade, use of firearms, threat to public figure, school violence, suicide by cop, frequent 911 calls, use of force, hostage situation and difficult homeless situation.
Goals (Cont.)

- Handle the detainment, transportation and the admittance of the patient into a mental health facility if applicable

- Provide crisis intervention, referral and follow-up services to individuals who do not meet criteria of a 5150 WIC Hold

- Manage risk and difficult critical incidents mainly individual involving barricade, jumper, hostage negotiation, terrorist threat, suicide by cop, guns/weapon involved, and frequent 911 calls.
LASD Map
Law Enforcement Teams
## MET Responses

### MET Number of Calls

<table>
<thead>
<tr>
<th>Fiscal Year</th>
<th>FY 2011-12</th>
<th>FY 2012-13</th>
<th>FY 2013-14</th>
<th>FY 2014-15</th>
<th>FY 2015-16</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hospitalized</td>
<td>817</td>
<td>812</td>
<td>833</td>
<td>633</td>
<td>757</td>
</tr>
<tr>
<td>County</td>
<td>472</td>
<td>460</td>
<td>463</td>
<td>375</td>
<td>368</td>
</tr>
<tr>
<td>Private</td>
<td>345</td>
<td>352</td>
<td>370</td>
<td>258</td>
<td>260</td>
</tr>
<tr>
<td>Exodus</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>129</td>
</tr>
<tr>
<td>Not Hospitalized</td>
<td>235</td>
<td>190</td>
<td>140</td>
<td>168</td>
<td>201</td>
</tr>
<tr>
<td>Total Number of calls</td>
<td>1052</td>
<td>1002</td>
<td>973</td>
<td>801</td>
<td>958</td>
</tr>
</tbody>
</table>

### MET Arrests/Homelessness

<table>
<thead>
<tr>
<th>Fiscal Year</th>
<th>FY 2011-12</th>
<th>FY 2012-13</th>
<th>FY 2013-14</th>
<th>FY 2014-15</th>
<th>FY 2015-16</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arrested</td>
<td>10</td>
<td>0</td>
<td>17</td>
<td>18</td>
<td>35</td>
</tr>
<tr>
<td>Homeless</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>153</td>
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</table>
Thank You!