County of Los Angeles
CHIEF EXECUTIVE OFFICE
Kenneth Hahn Hall of Administration
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SACHI A. HAMAI
Interim Chief Executive Officer

Board of Supervisors
HILDA L. SOLIS
First District

MARK RIDLEY-THOMAS
Second District

SHEILA KUEHL
Third District

DON KNABE
Fourth District

MICHAEL D. ANTONOVICH
Fifth District

July 16, 2015

To: All Department Heads

From: Sachi A. Hamai
Interim Chief Executive Officer

2015 AMERICAN HEART ASSOCIATION - "HEART WALK"

On Tuesday, May 12, 2015, the Board of Supervisors, on motion by Mayor Michael D. Antonovich, announced the County 2015 American Heart Association (AHA) Heart Walk – a 5K walk that promotes physical activity and heart-healthy living in a fun, family environment. Funds raised through the Heart Walk support research and outreach to individuals at risk for cardiovascular disease.

The Board encourages County employees and Department/District Heads to voluntarily participate in the AHA 2015 Heart Walk (HW). The first component of the campaign was just initiated with the July 15, paycheck process, please encourage all employees to visit mylacounty.gov, click on "paystub viewer," and then "view announcements" for important campaign messages.

The HWs will be held as follows:

- Rose Bowl in Pasadena – September 26;
- Rainbow Lagoon in Long Beach – October 3; and
- Bridgeport Park in Santa Clarita – October 10.

Campaign material will be provided electronically for easy dissemination to County employees. A flyer, with a HW registration link, will be sent to you as well as department Public Information Officers before the end of the month. In addition, the Board proclaimed the month of September 2015 as "Los Angeles County Heart Walk Month," in support of the event, which encourages all employees to live a healthier lifestyle and reduce risk for heart attack and stroke.

Please identify a department representative to serve as Department Leader to coordinate the efforts. The Department Leader will help recruit team captains, walkers and encourage fundraising. Please send the name and email of the Department Leader to our AHA Representative – Jason Lustina at Jason.lustina@heart.org.

Thank you for your support and commitment in fighting the County's number one and number two killers – heart disease and stroke.

If you have any questions, please contact our American Heart Association Representative.

SAH:JJ:RM
MLM:TG:mr

Attachment

c: Each Supervisor
Public Information Officers

STATEMENT OF PROCEEDINGS FOR THE

REGULAR MEETING OF THE BOARD OF SUPERVISORS

OF THE COUNTY OF LOS ANGELES HELD IN ROOM 381B

OF THE KENNETH HAHN HALL OF ADMINISTRATION

500 WEST TEMPLE STREET, LOS ANGELES, CALIFORNIA 90012

Tuesday, May 12, 2015

9:30 AM

15. Recommendation as submitted by Supervisor Antonovich: Proclaim the month of September 2015 as "Los Angeles County Heart Walk Month," in support of the 2015 Los Angeles County Heart Walk 5K event, which encourages all employees to live a healthier lifestyle and reduce risk for heart attack and stroke, to be held at the Rose Bowl in Pasadena on September 26, 2015, at Rainbow Lagoon in Long Beach on October 3, 2015 and at Bridgeport Park in Santa Clarita on October 10, 2015; and take the following related actions:

Direct each County Department to support the Los Angeles County Heart Walk by registering and supporting fundraising efforts;

Direct County Department Public Information Officers to promote and distribute materials related to the Greater Los Angeles County Heart Walk;

Direct all County Department wellness coordinators to promote and encourage colleagues to participate in and support the 2015 American Heart Association Heart Walk; and

Direct the Auditor-Controller to publicize the Heart Walk events on the July 15, 2015 paycheck run and encourage active employee participation. (15-2131)

On motion of Supervisor Knabe, seconded by Supervisor Antonovich, this item was approved.

Ayes: 5 - Supervisor Solis, Supervisor Ridley-Thomas, Supervisor Kuehl, Supervisor Knabe and Supervisor Antonovich

Attachments: Motion by Supervisor Antonovich

The foregoing is a fair statement of the proceedings of the regular meeting held May 12, 2015, by the Board of Supervisors of the County of Los Angeles and ex officio the governing body of all other special assessment and taxing districts, agencies and authorities for which said Board so acts.

Patrick Ogawa, Acting Executive Officer
Executive Officer-Clerk
of the Board of Supervisors

By Patrick Ogawa